

Cordially invites you to

On-Campus

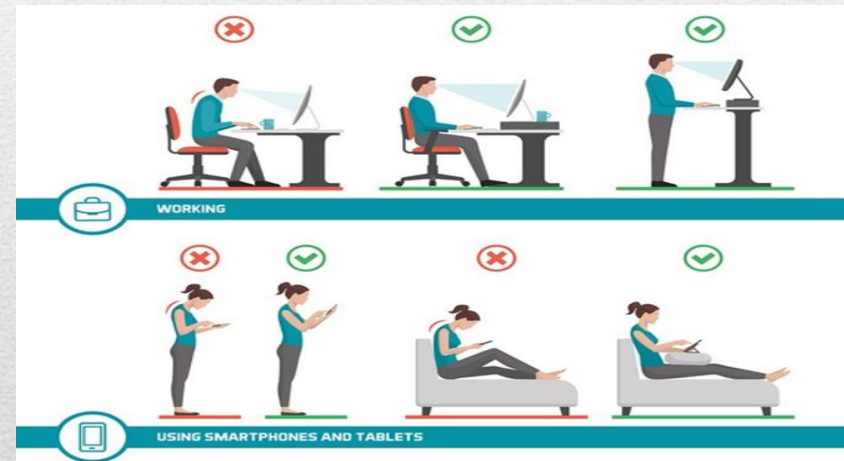
Faculty Coordinators : Prof. Ramesh Babu Vemuluri, Prof. Sridharan K, Prof. Sivaprasad Darla

Posture correction for daily activities, Ergonomic

Resource Person :



Mr S T Manigandan
Physiotherapist,
Tharun Physiotherapy clinic
Vellore



Discussion Points :

- ❖ Posture Healthy spine, Anatomy, Biomechanics of spine.
- ❖ How to use the human body, Sitting, lying, standing.
- ❖ Ergonomic exercises and classes room program for the students, teachers

24 November 2022

(Thursday)

11:00AM – 5:00PM

Kamaraj Auditorium, 7th Floor, TT