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MB 210

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## The Role of Ergonomics in Occupational Health

### Resource Persons :

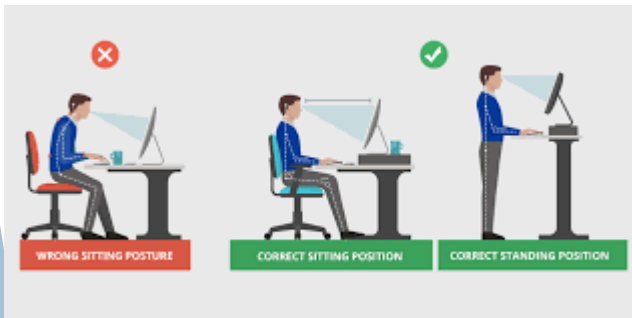
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### Discussion Points :

- ✓ Occupational health problems such as back pain, neck pain, shoulder pain and eye strain
- ✓ How the human body works
- ✓ Wrong postures leading to Occupation health problems
- ✓ Ergonomic guidelines for better postures while working on laptops
- ✓ Various tools available for improving occupational health



19 April 2023  
(Wednesday) @ 10:00AM -  
1:00PM

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