



List of Training Programs on Ethical Aspects of Sustainability

Sl.No	Title	Start Date	End Date	Participants
1	Springer Nature on Research Ethics	07.08.2024	07.08.2024	Faculty & Students
2	Yoga Classess	16.09.2024	21.09.2024	Faculty & Students
3	IQAC Quality Week Webinar, Converting PhD Research into a Startup	27.02.2025	27.02.2025	Faculty & Students
4	IQAC Quality Week Webinar, Translation of Academic Research into a Commercial Product	28.02.2025	28.02.2025	Faculty & Students
5	Artificial intelligence in Education and Research: Challenges to face in future	01.04.2025	01.04.2025	Faculty & Students
6	Research opportunities and Hands-on in Cryptography, Ethical Hacking essentials and Cybersecurity	02-12-2024	06-12-2024	Faculty & Students
7	Research Beyond Publications: Projects, Consultancies, and Start-up Grants	17-03-2025	21-03-2025	Faculty & Students
8	Shakthi To Mahashakthi: Women Welfare in Workplace	05-05-2025	09-05-2025	Faculty & Students
9	Innovative and Transformative Pedagogies: Integrating Augmented Reality in Teaching	08-05-2025	08-05-2025	Faculty
10	Pioneering educational techniques through Virtual Enhancement An Innovative teaching Methods using AR	09-05-2025	09-05-2025	Faculty
11	Cultivating Food Sustainability (Plant-Based Diets)	06-07-2024	06-07-2024	Students
12	Social Outreach Programme on Quality Education	23-07-2024	23-07-2024	Students
13	Technology-Based Social Responsibility Training	26-07-2024	26-07-2024	Faculty & Students
14	Sound Mind in a Sound Body	24-09-2024	22-10-2024	Faculty & Students
15	Gender Sensitisation Programme	03-10-2024	03-10-2024	Faculty & Students
16	Cyber Safety / Digital Responsibility Programs	08-10-2024	08-10-2024	Students
17	Mental Health Awareness – Build Resilience	18-10-2024	18-12-2024	Faculty & Students
18	Inside Out Screening (Mental Health Awareness)	21-10-2024	21-10-2024	Faculty & Students
19	Career Awareness for Govt School Students	23-10-2024	23-10-2024	Students
20	Plantation Drive – World Paper Free Day	06-11-2024	06-11-2024	Faculty & Students
21	Roundtable on Sustainable Food Choices	28-01-2025	28-01-2025	Faculty & Students
22	Financial Literacy Training	06-03-2025	06-03-2025	Faculty & Students
23	Quality Culture Awareness (IQAC Workshop / Panel)	10-03-2025	10-03-2025	Faculty & Students
24	Research & Publication Ethics and Impactful Research Workshop	12-03-2025	12-03-2025	Faculty & Students
25	Five-Day Programme on Reproductive Health, Justice & Ethics	17-03-2025	21-03-2025	Faculty & Students
26	Workshop on Writing Effective Research Articles	19-03-2025	20-03-2025	Students
27	One-Day Seminar on Research Ethics	25-04-2025	25-04-2025	Faculty & Students
28	Faculty Induction Programme – POSH	19-06-2025	19-06-2025	Faculty
29	Brainstorming session - Preventing Retraction	25-08-2025	25-08-2025	Faculty

Cultivating Food Sustainability through Plant-Based Diets

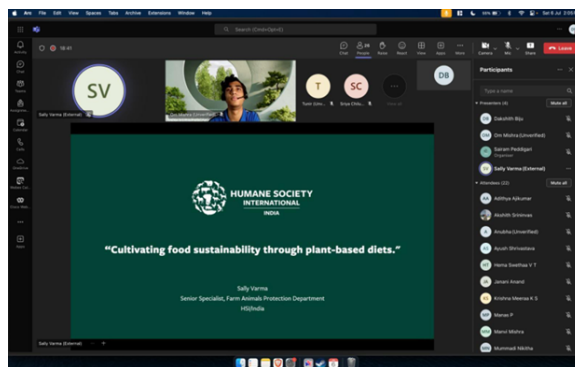
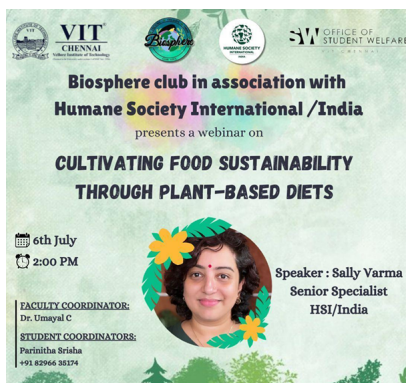
Date: 6 July 2024

Description:

Sally Verma, Senior Specialist at Humane Society International India, led the webinar "Cultivating Food Sustainability Through Plant-Based Diets," spotlighting animal agriculture's heavy toll on resources like water and land, its role in deforestation, and its major contribution to greenhouse gases such as methane and nitrous oxide, alongside pollution from waste. She contrasted this with plant-based diets' lower environmental footprint, advocating for alternatives like tofu, tempeh, legumes, and innovative meat/dairy substitutes that match taste and nutrition without the ecological harm.

Verma also highlighted health advantages, citing research linking plant-rich diets—high in fruits, vegetables, and whole grains—to reduced risks of heart disease, diabetes, and cancers, while cutting saturated fats and cholesterol. The session wrapped with calls for public education and advocacy to drive awareness and sustainable eating habits, equipping attendees with practical steps for impactful dietary shifts benefiting both health and the planet.

Event Photos:



Social Outreach Programme on Quality Education

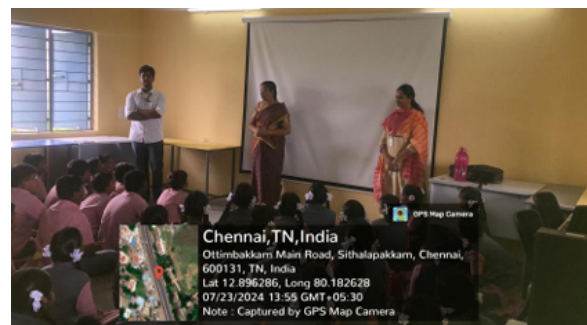
Date: 23 July 2024

Description:

A technical event titled “Introduction to Programming” was conducted at the Government High School in Chitlapakkam for 60 enthusiastic 9th standard students from both Tamil and English mediums. The session covered foundational topics including computers, hardware usage, software types, and basic software engineering steps such as problem analysis, algorithms, flowcharts, and program development, with hands-on practice in constructing and executing flowcharts using the Raptor tool.

Students actively engaged and learned new concepts with great excitement, achieving the event’s main objective of serving as an eye-opening introduction to computer science. This empowered them to make informed decisions about selecting their higher secondary group, fostering early interest in programming and technology careers.

Event Photos:



Technology Based Social Work: Digital Technologies Application and Usage

Date: 26 July 2024

Description:

Digital technologies play a transformative role in school-based social work by enhancing student learning, well-being, and support systems. Key applications include educational support through interactive tools, mental health resources for emotional wellness, streamlined communication between stakeholders, professional development for educators and social workers, safety measures like monitoring and emergency alerts, and motivation boosters via gamified learning. These technologies address diverse student needs, from academic aid to developmental growth, as demonstrated in activities at GHS Kandigai where students explored talents through engaging sessions culminating in quizzes to gauge their caliber effectively.

Organized by faculty coordinators A. Sheik Abdullah and SA Sajidha, alongside student coordinators from SCOPE school, the event highlighted practical integration of digital tools. While offering vast opportunities for equitable support, challenges such as unequal access, data privacy concerns, and the need for balanced screen time must be proactively managed to maximize benefits and ensure inclusive outcomes for all students.

Event Photos:



Mental Health Awareness: Build Resilience

Date: 18 Oct 2024

Description:

The speaker opened the session by questioning the audience on their expectations before emphasizing mental health's critical role, sharing her psychologist experiences in managing alcohol-addicted patients. Interactive games complemented her insights, effectively relaxing and engaging participants.

Followed, probing expectations then explaining exercises benefits for both body and brain, detailing its neurological impacts while offering practical time-management tips for workouts. Staff responded enthusiastically, providing positive feedback on the session's value.

Event Photos:



Career Awareness for Higher Secondary School Students

Date: 23 Oct 2024

Description:

A motivational talk for higher secondary students aims to unlock their potential by inspiring goal-setting with SMART objectives, cultivating a growth mindset, and building resilience against obstacles. Key highlights include stressing hard work, perseverance, and learning from failure through real-life success stories, while encouraging students to embrace their uniqueness, pursue passions, and take ownership of their learning journey.

The session yields boosted confidence, enhanced focus, improved planning skills, and greater enthusiasm for exploration, fostering adaptability and a strong sense of purpose. Ultimately, it equips adolescents with tools to navigate challenges, instilling lasting self-belief to achieve dreams and thrive beyond school.

Event Photos:



Plantation Drive - WORLD PAPER FREE DAY

Date: 06 Nov 2024

Description:

On World Paper Free Day, the event focused on educating students about waste reduction and natural resource conservation, encouraging a shift away from paper dependency. Participants planted saplings across campus to expand green spaces, directly tackling deforestation linked to paper production and symbolizing personal commitments to sustainability.

Students enthusiastically joined the plantation activities, deepening their understanding of Sustainable Development Goal 12 (responsible consumption and production). The initiative proved highly successful, instilling pride in contributions to campus greenery and advancing collective efforts toward environmental preservation.

Event Photos:



Writing Research Articles- Tips & Hints

Date: 7 Nov 2024 to 8 Nov 2024

Description:

The workshop commenced with a formal inauguration attended by the Pro-Vice Chancellor, distinguished professors, Dean, and Associate Dean of the Office of Academic Research. Dr. Sabumon P C, Dean of Academic Research, delivered the welcome address, followed by speeches on the workshop's purpose from Prof. Krishnaswami Srihari and Dr. S.P. Thyagarajan, Advisors to the Chancellor, with Dr. Pattabiraman, Associate Dean of Academic Research, concluding with a vote of thanks.

Technical sessions followed, where scholars actively participated and gained valuable insights from the resource person. The event wrapped up with the resource person receiving a memento, followed by feedback from participants reflecting positively on the workshop experience.

Event Photos:



Roundtable on Sustainable Food Choices

Date: 28 Jan 2025

Description:

The round table conclave, organized by the School of Advanced Sciences at VIT Chennai in collaboration with Humane Society International/India, focused on promoting sustainable food systems and raising awareness about the impact of dietary choices. Held on 28th January 2025, the event brought together academicians, public health experts, animal welfare advocates, and students to explore the importance of plant-based diets, animal welfare, and their connection to environmental sustainability and public health.

The programme featured keynote addresses, expert talks, and an interactive session covering topics such as intensive animal farming, legal perspectives on animal welfare, health benefits of plant-based diets, and shifting public perceptions. The event concluded with a call to action encouraging participants to adopt more conscious and compassionate food choices, reinforcing the collective responsibility toward a sustainable and ethical future.

Event Photos:



Financial Literacy Training

Date: 6 Mar 2025

Description:

The "Smart Investments – Securing Your Financial Future" workshop, held on March 6, 2025, from 2:00 PM to 4:00 PM at AB3 104, was organized by the Women Development Cell (WDC), Girl Up, and Sahayatha. Led by resource person Dr. Chitra Devi N., Assistant Professor from VIT Business School (VITBS), the session equipped participants with practical investment strategies, risk assessment, and portfolio management techniques to build long-term financial stability.

Participants actively engaged in discussions on real-world scenarios and investment cases, debunking common misconceptions while stressing informed decision-making. Feedback was overwhelmingly positive, praising the session's clarity, informativeness, and actionable insights, fully achieving its goal of empowering attendees with essential skills for prudent financial planning.

Event Photos:



Quality Beyond Compliance : Marching Towards Excellence

Date: 10 Mar 2025

Description:

The School of Advanced Sciences, in association with the Internal Quality Assessment Cell (IQAC), organised a Rally themed "Quality Beyond Compliance: Marching Towards Excellence." The event aimed to raise awareness among students and research scholars about the importance of quality education and a culture of excellence that goes beyond mere regulatory adherence. A total of 105 participants — comprising research scholars and students from various schools — took part in the rally, carrying 21 placards that conveyed the significance of quality-driven education.

The rally commenced at 8:00 AM from the AB1 Portico and proceeded through AB3, AB2, and the Delta Block before concluding at the Admin Block at 8:45 AM. The event was a resounding success, fostering a shared sense of purpose and commitment to academic excellence among all attendees. The School of Advanced Sciences expressed its gratitude to all participants and coordinators for their enthusiasm and support, and looks forward to organising more such initiatives to promote learning and collaboration in the future.

Event Photos:



Research & Publication Ethics and Impactful Research Workshop

Date: 12 Mar 2025

Description:

VIT Chennai's Internal Quality Assurance Cell (IQAC) marked Quality Week 2025 from March 10–13 under the theme "Quality beyond Compliance: Marching towards Excellence," featuring a two-hour workshop on "Research & Publication Ethics and Impactful Research" organized by the Office of Academic Research for scholars and faculty.

Dr. P.C. Sabumon, Dean of Academic Research, opened with a welcome address stressing Quality Week's significance, followed by an engaging lecture from resource person Dr. K. Arul Prakash of IIT Madras, who shared over 25 years of expertise on integrating research ideas into doctoral journeys and practical steps for ethical, high-impact publications. Participants actively raised queries, all clarified by the speaker, before Dr. V. Pattabiraman, Associate Dean, delivered the closing thanks.

Event Photos:



Five-Day International Faculty Development programme on Narratives of Reproductive health, Choices, Justice, and Motherhood

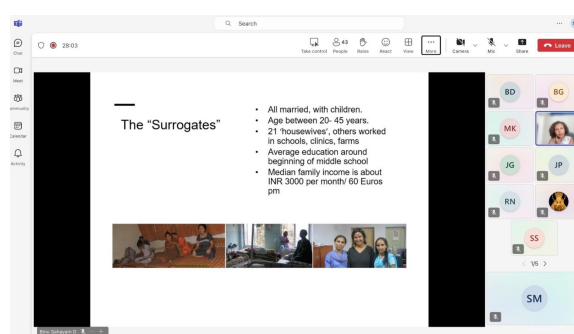
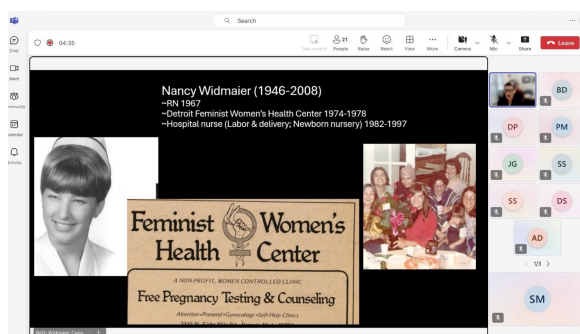
Date: 17 -21 March 2025

Description:

The Five-Day International Faculty Development Programme (FDP) titled “Narratives of Reproductive Health, Choices, Justice, and Motherhood” was successfully conducted from 17–21 March 2025 by VIT Chennai’s School of Social Sciences and Languages, in collaboration with Warblers Network and the Northern Network for Medical Humanities Research, UK. This interdisciplinary event brought together 48 global participants to critically examine reproductive rights through frameworks from medical humanities, sociology, law, literature, and gender studies. Key objectives included foregrounding lived experiences of birthing individuals, challenging cultural taboos around birth pain and assisted reproductive technologies in India, and exploring narratives of autonomy, trauma, and justice.

The programme featured distinguished speakers across five days: Dr. Laura Lazzari Vosti (Day 1) on childbirth narratives and embodied pain; Dr. Divya S (Day 2) on workplace reproductive rights policies; Prof. Amrita Pande and Prof. Beth Wedmaier Capo (Day 3) on global fertility markets and reproductive health in American fiction; Dr. Priyanka Tripathi (Day 4) on infertility trauma in literature; and Prof. Suruchi Thapar-Björkert (Day 5) on extractive economies in reproductive labor. Core themes encompassed interdependent autonomy, phenomenology of birth pain, medicalized childbirth stigma, reproductive rights as human rights, and cultural narrative reconstruction, fostering rich academic discourse on these vital issues.

Event Photos:



One-Day Seminar on 'Research Ethics and Mixed Methods Approach in Sustainability Studies

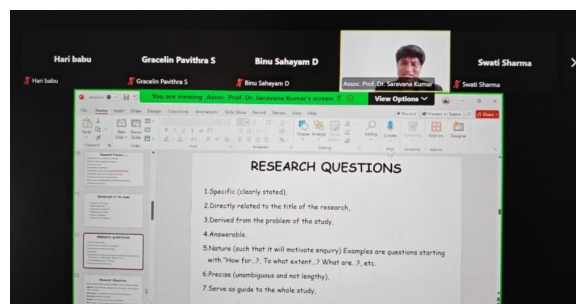
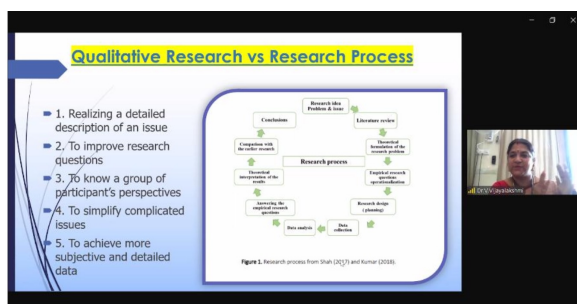
Date: 25 Apr 2025

Description:

The online webinar on research methodologies commenced with a welcome address by Dr. Binu Sahayam D, followed by three insightful sessions. Dr. Rachana Sharma from Guru Nanak Dev University presented on the "Mixed Method Approach," highlighting the integration of qualitative and quantitative methods for clearer research understanding. Associate Prof. Dr. Saravana (SK) Kumar from SEGi University then shared practical insights on producing high-quality academic papers, drawing from his extensive experience and encouraging participant interaction.

Post-lunch, Rev. Dr. Arul Mani Josephraj addressed "Ethics in Social Science (Sustainability) Research," emphasizing ethical frameworks for studies involving human participants. Dr. Vijayalakshmi V from VIT Chennai concluded with a practical session on "Focus Group Discussion (FGD)," offering actionable guidance on organizing and moderating effective discussions. The event ended with a vote of thanks by Dr. Swati Sharma, appreciating all speakers and participants for a successful academic gathering.

Event Photos:



Faculty Induction Programme 2025 - POSH

Date: 18 June 2025

Description:

POSH (Prevention of Sexual Harassment) refers to the legal and organizational framework established to prevent and address sexual harassment of women at the workplace. It is governed by the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 in India. The Act mandates every organization with 10 or more employees to form an Internal Complaints Committee (ICC) to address complaints in a fair and timely manner. POSH aims to create a safe, respectful, and inclusive work environment by spreading awareness, sensitizing employees, and ensuring zero tolerance for harassment of any kind.

Event Photos:

