

THE - Impact Rankings 2021

Towards Sustainability...



Ensure healthy lives and promote well-being for all at all ages

3.3.5 Mental Health Support

- The Institution has a team of Professional Councillors who reside in the campus and their services are available to students on 24 X 7 basis.
- Services of professional psychiatrist are made available to all students.
- Periodic communications are sent to all students about this and the sample e-mail communicated is [provided](#).

S. No	Activity	Organising Body	Link to Sample Proof
1.	Sessions on Mental Health	Uddeshya Club of VIT	335_1
2.	Yoga - Magic of Life	Youth Red Cross (YRC) VIT	335_2
3.	Awareness Campaign on ill effects of substance abuse during GRAVITAS	Youth Red Cross (YRC) VIT	335_3
4.	Drug and Narcotic Awareness Camp	National Service Scheme (NSS) of VIT	335_4
5.	Mobile Abuse Awareness Campaign	National Service Scheme (NSS) of VIT	335_5
6.	First Aid Awareness Activity	National Service Scheme (NSS) of VIT	335_6

- **Web link of the Counselling Division**

<https://vit.ac.in/campus-category/Counselling-Division>