



Towards Sustainability...

THE - Impact Rankings 2022

3 GOOD HEALTH AND WELL-BEING



Ensure healthy lives and promote well-being for all at all ages

3.3.5 Mental Health Support

- The Institution has a team of Professional Counsellors who reside in the campus and their services are available to students on 24 X 7 basis.
- Services of professional psychiatrist are made available to all students.
- Periodic communications are sent to all students about this and the sample e-mail communicated is [provided](#).

S. No	Activity	Organising Body	Free / Paid	Link to Sample Proof
1.	Professional Counselling	VIT	Free	https://vit.ac.in/campus-category/Counselling-Division
2.	International Day of Happiness	Anandham	Free	335 1
3.	World Mental Health Day	Photography club, Dance club, Music club and Dramatics club	Free	335 2
4.	World Suicide Prevention Day	VIT Counselling Team	Free	335 3
5.	Mental Health Awareness Programme	Youth Red Cross Association	Free	335 4
6.	Antimicrobial Resistance Awareness Campaign	School of Bio Sciences and Technology, VIT, Vellore	Free	335 5
7.	Access to Professional Psychiatrist	VIT	Paid	335 6