



VIT[®]
Vellore Institute of Technology
(Deemed to be University under section 3 of UGC Act, 1956)

Ladies Hostel Annual Newsletter

» 2018-19 «

*A Home
away
from
Home*

Nov, 2019



Foreword



VIT®

Vellore Institute of Technology
(Deemed to be University under section 3 of UGC Act, 1956)

Dr. G. VISWANATHAN

Founder & Chancellor

Former Member of Parliament

Former Minister, Govt. of Tamil Nadu

President, Education Promotion Society for India, New Delhi



MESSAGE

The Ladies' Hostel Newsletter 2018-19 records the activities and achievements of the hostel during the academic year. Our hostels provide the best possible amenities to ensure the health and safety of the inmates. The conducive ambience in the hostels helps the residents excel in their academics and co-curricular activities. The VIT Ladies' Hostel provides a multi-cultural living and learning experience, which leads to holistic development of the students.

The inmates of the ladies hostel participate in social activities such as visits to old age homes and children's homes to extend their support and care for the residents. The ladies' hostel team has been doing an exemplary job of instilling a healthy value system among the students.

I extend my best wishes to the inmates and the staff of the ladies' hostel for their painstaking efforts in compiling and publishing the report of activities, which will help in the planning and execution of future events in the hostel.

Dr. G. Viswanathan
Founder & Chancellor

Vellore – 632 014
January 13, 2020



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Prologue

With the continuous support and guidance of our Honorable Founder Chancellor, Dr. G. Vishwanathan, Vice-Presidents, Vice Chancellor, Pro-Vice Chancellor and Registrar, we are glad to present one more edition of the Annual Newsletter of the Ladies Hostel (2018-19).

VIT, recognised as the Institution of Eminence (IoE) by Government of India hosts 5000 students in six blocks of Ladies Hostel viz., Indira Gandhi, Kalpana Chawla, Mother Teresa, Jhansi Rani, Ida Scudder and Suu Kyi in Vellore Campus. Ladies Hostel is governed by the Pro-Vice Chancellor through the Director, Chief Warden and Associate Chief Warden. Deputy Wardens and Manager are involved in its efficient functioning.

Cuisines catering to vegetarian and non-vegetarian variety of Indian and International food items are made available to cater the students from diverse states and countries. Wardens and supervisors are present round the clock to take care of students' concern in each block. In addition, full time female and male security guards, student counselors, Maintenance staff and hostel office staff fulfill the requirements of the hostels.

VIT ladies hostel is one of the best in the country offering facilities and services such as well-equipped air conditioned Gymnasium, indoor and outdoor sports facilities (Basket Ball, Table Tennis, Squash, Lawn Tennis etc.), Study dormitories, First Aid centre, Swimming pool, Music classes, Driving classes, Mechanized laundry, Pharmacy, Wi-Fi, General store, Food outlets, Photocopy facility and a Beauty salon within the hostel premises. Events like Self-defense workshops, visit to old-age home and Childrens home, sports and cultural fests are being conducted periodically.

A glimpse of the events organized during the academic year 2018-19 is presented to the readers through the Annual Newsletter every year.

“Blissful Reading”

Ice-breaking Sessions for Freshers

Ladies hostel team extended their hearty welcome to all the first year students and wished them a happy and healthy hostel life with a promise to stay by the caption “Home away from Home”. Entering hostel life is a significant part for students' lives where they live away from parents making new friends, expanding their horizon of activities, and learning to make their own decisions. The Hostel and the pristine environment serve as a breeding ground for students to showcase their creative talents and shape their personality.

To help students in their new endeavours, the hostel team which includes the Director, Chief Warden, Associate Chief Warden, Deputy Wardens, Manager, Wardens, Hostel Office Staff, Hostel Associates, Maintenance In-Charge, Housekeeping Staff and Student Counsellors make every effort to provide a conducive environment at hostel to ensure students do not feel home sick. They also make the students feel free to seek guidance on any hostel related issues and thereby resolve the issues making them feel at home.

Ice-breaking sessions were conducted in phases on the 4th, 6th and 9th of July, 2018 as per the students' date of arrival to the hostels to help freshers interact with one another, develop a healthy relationship among themselves and to create a better atmosphere inside the hostel. Queries related to rules and regulations of the hostel were clarified and facilities available at hostels were also informed to all the students.

STAR (Support the Advancement of Rural Students) students were given a special informative session on the 6th of July to bridge the gap between rural and urban students.

To clarify many misconceptions and myths about counselling a special interactive session was conducted for the first year students by counsellors on 10th of July 2019. Students also came to know that counsellors, who are also psychologists, are available 24x7 on campus as well as in the hostels and they are easily accessible. Students were encouraged to meet them without any hesitation whenever they feel low or require their support.

An interactive session for freshers with seniors was held on the 19th of July, 2018 between 9:00 and 10:00 p.m. to delineate juniors about the academic and hostel life at VIT. The change from attending school/junior college to University can be overwhelming for students. Seniors made a presentation on various aspects of academic requirements such as course registration, FFCS, CAL etc., and answered to all the queries raised by the newly joined juniors exclusively related to academics, club activities hostel and other factors. Freshers continued to talk to the seniors even after the program and thanked them for arranging such an informative session.

Ice Ice Baby



"The future belongs to those who believe in the beauty of their dreams."

ELEANOR ROOSEVELT



Self Defense Workshop

“The best defense is a good offense”. Learning a form of self defense has become inevitable for safe survival for any individual. On the 4th of August, 2018, 'Self defence workshop' for the sixth consecutive year was arranged for the freshers as like every year to serve as an eye opener. Krav Maga (military self-defense system developed by Israel) instructors from Chennai served as resource persons and taught the students on how to handle adverse situations and combat harassment.

Krav Maga promotes finishing a fight as quickly and aggressively as possible and encourages avoiding physical confrontation which is unsafe. Attacks are aimed at the most vulnerable parts of the body. About 678 first year Under Graduate students attentively participated and learnt the defence skills. Students welcomed the resource persons, gave a positive feedback about the session, and thanked the resource persons and organizers.



Sample Feedback

Feedback on Self Defence Workshop

Dear students, kindly submit your response on self defence workshop to carry over for the forthcoming batch of first years.

Chief Warden and Deputy Director

Email address *

prashasti.baranwal2016@vitstudent.ac.in

What does a self defence workshop for women mean to you? *

- Essential
- Optional
- Not required

Do you think this training programme will help you prepare to face an unexpected situation?*

- Yes
- No
- Maybe

Can the tips taught be practically applied in real life situation? *

- Definitely**
- Possible with practice**
- Impossible**

Define your trainer *

- Attentive and skilled**
- Skilled**
- Detached**

Will you proceed towards learning the martial art “Krav Maga” to its fullest Potential?

- Yes**
- No**
- Maybe**

Was sufficient information about the workshop disseminated?*

- Sufficient**
- Satisfactory**
- Insufficient**

Will you advice your peers to learn the defence art?*

- Yes**
- No**
- Maybe**

Will you teach the learnt defence skills to your friends and family?*

- Yes**
- No**
- Maybe**

Do you want this training to be continued for your juniors joining in the next academic year?*

- Yes optionally**
- No**
- Ofcourse mandatorily**

Were the seesions enjoyable?*

- Awesome**
- Mediocre**
- Boring**



The most expected event of the Ladies Hostel, “Freshers Day” was held on the 7th of September, 2018 to welcome the freshers. The event was inaugurated by our beloved Pro-Vice Chancellor. It was followed by a bunch of fun events, such as divine classical music, elegant bharatanatyam and odisi dance, peppy western instrumentals, perfect classical fusion by team MAYA, graceful Chinese performance, energetic Ethiopian feat, melodic Afghans recital and cinematic dances enriching the evening. Freshers were overwhelmed by the welcome given by the senior student representatives. The event was followed by scrumptious dinner.

Photo Gallery of the Gala Event



“ Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow. Only through right education can a better order of society be built up. ”

-Jawaharlal Nehru

Swachhata Hi Seva

“Swachh Bharat Mission”, the nationwide campaign is aimed at making India, our mother nation clean and healthy. VIT adopts eco-friendly and green initiatives to promote sustainable practices in its lush and verdant campus. A few remarkable efforts include energy conservation, water conservation and waste water recycling. We conducted many contests for the second consecutive year between the 25th of September and 2nd of October, 2018 to inculcate healthy habits among students and to make them realize the importance of keeping our environment clean.

Events Conducted

*Cleanest Room Contest

*Posters depicting ideas related to management of waste food in an eco-friendly manner

*Posters depicting maintenance of hygiene in wash rooms

Students registered and participated in the events with great enthusiasm. Further, best three clean rooms in each block were selected and around 40 students were appreciated for the ideas on maintenance of cleanliness.



Don't Envy Me



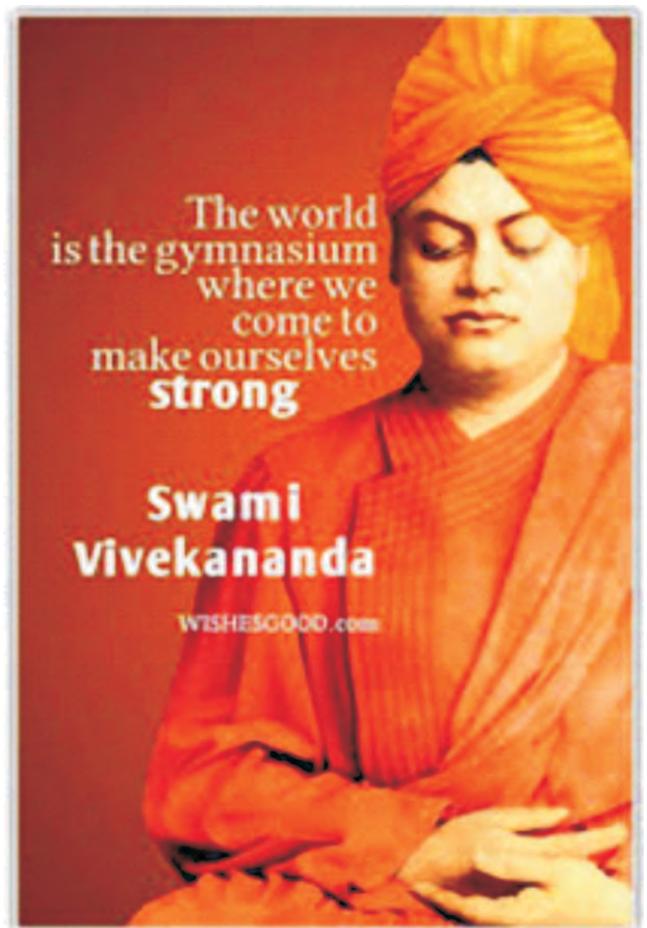
Cleanliness drive is something that
has touched every Indian.

— Narendra Modi —

AZ QUOTES

Preliminary Session On Yoga

Yoga, which has its origin in India, is practiced throughout the world to harmonize the body, mind, and environment. Yoga helps in developing an individual holistically. Ladies hostel team along with the Department of Physical Education conducted a preliminary session on “YOGA” between 2nd and 5th of October, 2018. Deputy Director, Physical Education department, Dr. Mangayarkarasi acted as the resource person and trained the participants. She requested the students to practice the exercises learnt regularly and also encouraged them in continuous learning programmes.



Power of Ahimsa

As a tribute to the father of our nation, we celebrated “Gandhi Jayanti” on the 2nd of October, 2018 at Ladies Hostel by conducting a Drawing competition on the theme “Power of Ahimsa”. Students enthusiastically participated in the art contest and depicted their heartfelt emotions on ahimsa. Best three drawings were recognized and awarded. 'Gandhi' a 1982 epic film based on the life of Mohandas Karamchand Gandhi, the father of our nation was screened in the blocks.



Let's follow
the path
of truth and
spread the
message of
the **FATHER**
of the nation.

www.gandhijayanti2017.com

Happy Gandhi Jayanti

Therapeutic Art

Children's Home Visit

The team of ladies hostel organised a visit to “Karunalaya”, a home of orphan children on the 6th of October, 2018 at Vellore. A circular was floated inviting students to participate. Around 60 interested students joined the visit and were accompanied by the hostel team through VIT transport. Team from VIT offered snacks, fruits, stationery and toiletry items to the inmates. Students joined hands to make the children feel happy by singing songs, playing music, dancing besides to conducting few games. They engaged the children for two hours. Children enjoyed all the events enthusiastically and it was a very emotional moment for both the groups. Feedback given by a student is enclosed.

Feedback on the visit to Children's Home
by Shriya Agarwal

I happened to interrupt Prof. Aarthy and Prof. Deepa on their way to boarding the VIT bus leaving for Karunalaya children's home. After answering to my queries they asked me if I'd like to join them. Barely did I know how fortunate would that incident turn out to be. Twenty minutes later, the bus full of VIT students and wardens carrying packets of food and chocolates were greeted by Karunalaya, a humble abode of 34 beautiful kids, their Amma, Appa, and caretaking Akkas. The kids consider Mr. and Mrs. Paulraj, the proprietor of the home Appa and Amma because of their unconditional and selfless love.

We were escorted by the caretaker Akka to a hall with several benches arranged neatly in rows. Kids sat themselves down keeping the seats next to them for their best friends and the akkas from VIT they already befriended. We cheered them to volunteer and showcase their talents. Excited hands shot up in the air one by one, higher and higher. Some sang, some danced, and some recited poems with actions in unison. I was amazed by the self-confidence they exhibited. I remember shying away, stealing gazes when called upon by my school-teachers in class, let alone a room full of strangers.

Thanks to Gahana Rao, who too decided to join us at the last minute, (who by the way is an International Yoga teacher at a young age of 20 and is a final year VIT student) took upon herself to make this visit an unforgettable experience for all of us. Chicken dance, fire in the mountain, Tom and Jerry to name a few, was organized with immense enthusiasm and sprightliness. The kids, students and wardens at karunalaya whole heartedly greeted the strength and staff.



were in distinguishable at that point of time. They were one with each other, a gathering of super happy faces, of shining eyes, and a big ball of euphoria. It was lovely to see the place brim with giggles and laughter all the way. She later made them meditate, a gift so thoughtful, so considerate.

We distributed the food and were spell bound at the discipline they maintained and the happiness they expressed. Karunalaya is a place as happy as it could be, catered with love and compassion. The home infused in us the true meaning of happiness. I'd like to take a moment to share an incident which stuck with me. I unthinkingly asked one of the caretakers how many kids stay in this "orphanage". With a grin, she said, "It's our home, not an orphanage, Akka". An instant sense of awe instilled upon me.

We spent about an hour at the home, and however much we wanted to stay, we had to return to attend to our duties. To sum up, I'd say the duration of acquaintance had absolutely nothing to do with the depth of bonding and togetherness we felt with those little pearls of joy. Karunalaya will welcome you any day of the week, if you want to spend time with the kids, teach them or just play with them. There's no coming back from that place without a bag full of smiles. I'm extremely grateful to the ladies hostel team who had organized this visit for us. We look forward to many such occasions in the near future.



Say Cheese

Ayudha Pooja Celebrations

Ayudha pooja is an important part of the Navratri festival, celebrated to respect all the implements we use and pray to the almighty requesting for peace and joy in our life. Pooja symbolizes the importance of becoming reverential to the most fundamental instrument one uses, the body and the mind. This year Pooja was celebrated on the 17th of October, 2018 at the F block Portico of Ladies Hostel. Management, faculty, staff and students participated in the ceremony piously. Devotional classical dance and hymns were sung by students. The pooja began with the lighting of the lamp by the Vice-President and Pro-Vice Chancellor followed by aarti. Prasad distribution was done to all the participants. Let the almighty be with us in all our endeavors.



Be kind to all creatures;
this is the true
religion

~ Buddha ~



www.StatusMind.com

Om Shanthi Shanthi

Deepavali Celebrations



Deepavali, the festival of lights is celebrated every year at the Ladies Hostel with students who are unable to travel back home during the festive holidays and we ensure that they don't miss celebrating the most important festival of India. Students on the evening of 7th of November, 2018 burst crackers in the basketball court with all the safety precautionary measures in place. Students dressed colourfully in their new dazzling clothes and wished each other a joyous, safe and colourful Deepavali. They took photographs of the event to share with their family and friends. Sparkling lights added brightness to the environment and made the occasion happy for all. We all prayed the almighty to bring in peace and harmony in the lives of all.



Sparklers



WITHIN YOU IS
THE LIGHT OF A
THOUSAND SUNS.

~ ROBERT ADAMS

A Session On Cognitive Behaviour Therapy

Cognitive behaviour therapy (CBT) helps in solving problems by changing the way one thinks and behaves. One of our senior Wardens, Ms. Jayanthi was chosen by the hostel administrators and sponsored by VIT to attend a five days training workshop on “How to counsel disordered, behavioural students and develop their condition in day to day life. Dr.Prathap, Christian Counselling Centre, Vellore was the resource person. The idea was that warden Ms.Jayanthi was the resource reason can train the remaining hostel staff in approaching students' problems in a thoughtful manner through rational thinking. On the 7th of January, 2019 an appreciable presentation on the knowledge gained through the training programme was presented to the Ladies Hostel staff by the warden. Hostel administrators, Head, (counselling), Student Counsellors, Wardens, Supervisors, in addition to Men's Hostel Manager and a Senior Block Supervisor attended the session.

Highlights of the CBT Presentation

- Influence of thinking on one's behavior.
- Anxiety, depression, disorder, stress, panic and phobia can be treated and it can help in improving the self confidence in students
- Methods: Doing Cognitive homework, disputing irrational beliefs, changing languages, role plays, motivation, skills training, desensitization and assertiveness training.



Topics Discussed:

Brain refining, how to be professional?, confidence leads to success, promise doesn't make a person better but commitments does, maturity is in understanding small things, developing positivity in us leads to success, automatic thoughts shouldn't rule us, must overcome over confidence, doing good is JOY which ultimately improves health and happiness, everything is possible, professional qualities and roles and responsibilities.

Followed by the informative and thought provoking presentation, Ms. Pallavi, Student Counsellor gave a brief presentation on “YOGA” that taught how to relax oneself.



by
Ms. Jayanthi, L.
Warden.

Feedback

Deepalakshmi, M.

CBT-session was so good. I have gather more information from this session. It was wonderful. I have enjoyed alot. It was so useful for all the staff. Jayanthi mam's explanations & step by step orders was very good. including slide shows also. This session was helpful to handle the stressful students. It was so helpful to communicate with students. Pallavi mam's relaxation techniques was very good.

7-Block
Warden.

FEED BACK

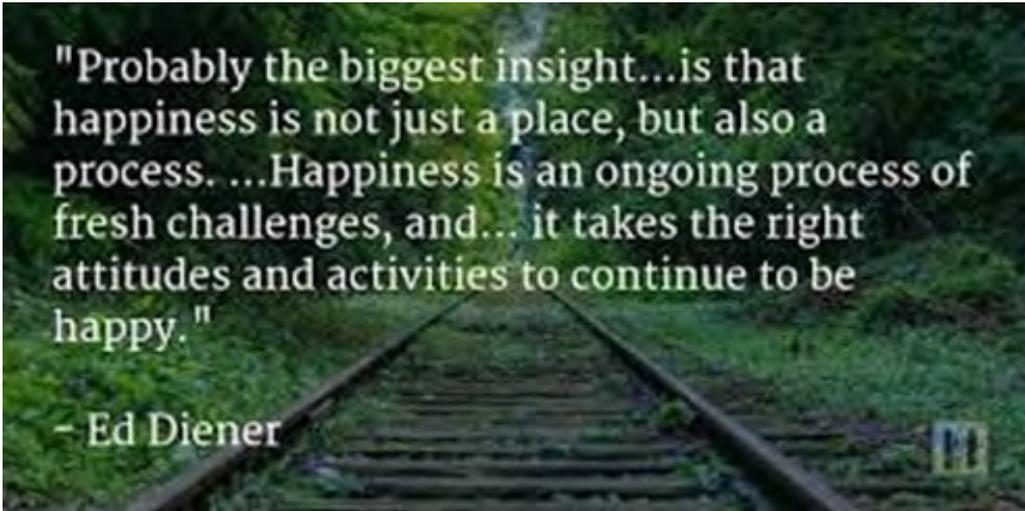
Prvijaya

The class was very nice and interesting which was conducted by Mrs. Jayathimma. The class is regarding (CBT) it was very useful to us.

- 1) how to take care of a child when a child is in depression
- 2) Even it was useful to take care of our own children at home.
- 3) Relaxing exercise which was given by Mrs. Pallavi ma'am was very very useful. & encouraged to use new techniques.

F-block.

Block Supervisor.



"Probably the biggest insight...is that happiness is not just a place, but also a process. ...Happiness is an ongoing process of fresh challenges, and... it takes the right attitudes and activities to continue to be happy."

- Ed Diener

Visit To old Age home

The team of Ladies Hostel organised a visit to St. Anne's Home for the aged, located at Gudiyatham. Students enrolled enthusiastically to visit the home to share their love and concern towards the elders. Students boarded VIT bus at 9.30 am on 23rd Feb 2019 with loads of snacks, fruits, toiletry items etc., to share with the inmates. Old age homes are sheltering abandoned men and women whose children and family have forgone to take care of them. VIT students are taken to such homes periodically to inculcate a moral sense of behaviour and to make them understand their future duties to their family and society. The students and staff were graciously welcomed by the home's manager. Manager introduced us to the inmates and gave brief information on the homes day to day activities. Students started interacting with the inmates and patiently listened to their narrations and also shared their views. Students entertained them and in turn the inmates also showcased their talents. Later, we had to bid farewell making a promise to ourselves not to create such stressful situations to our elders at home, but to take care of them with love and affection. It was a bittersweet learning experience but a priceless one to remember for life.

Valuable Experience



Phone : 04171-223737

ST. ANNE'S HOME FOR THE AGED,

R.S.ROAD, GUDIYATTAM - 632 602, Vellore Dist. Tamil Nadu. (INDIA)

Date : 23-02-2019

Greetings from Vellore Institute of
Technology, Vellore.

We 42 students along with 4 faculty members
visited St Anne's Home for old aged home,
Gudiyattam! on 23rd Feb. 2019. The sisters were
very kind and highly humble to take care
of 40 inmates. This day was eye opening
for many of us to take care of elders and
parents. God bless all the people behind
this noble cause.

Regards,

[Signature]
Dr. G. S. NIRMALA
S. Mythili



Women's Day Celebrations

Women's Day was first organized by the Socialist Party of America in the year 1909, in New York and subsequently a German revolutionary Clara Zetkin at the 1910 International Socialist Woman's Conference proposed that 8th of March can be honoured annually in memory of working women. Women are the driving force for humanity and they need to be appreciated. Though the ratio of men is slightly higher than the women, women have equally achieved on par with men in all walks of life.

VIT takes immense pleasure in celebrating the International Women's day every year in the campus and as an extension of the event, a grand dinner is arranged for the students at hostels and caterers lovingly serve the students with delicious menu. The event is aimed at lifting the self-esteem of oneself and to cherish life. Though we all come from different backgrounds, cultures and communities, Women's day unites us as one and sends a strong message that we stand for one another.



GOOD FOOD GOOD MOOD

HOLI CELEBRATIONS

Holi the festival of spring, colours, love, new beginnings and forgiveness is celebrated by Indians of all ages with utmost joy and enthusiasm. The fun-filled festival is celebrated at VIT Ladies Hostel every year with showers of colours, music, dance and delicious food. This year's Holi on the 21st of March, 2019 was an amazing day to remember. The cheerful laughter which echoed around the basketball court and the vibrant colours brought in a lot of positivity among us all. The occasion helped in unwinding, de-stressing and refreshing the minds of all. Let Holi spread the message of peace and happiness in the life of all.



Friends
are
the siblings
god never
gave us.
Mencius

INTER BLOCK TOURNAMENT

The benefits of sports for women are well known. Actively participating in sports helps individuals to keep themselves physically fit, set and achieve the goals, concentrate under stress, accept responsibility, handle failure, to be committed, respect towards others, relax and of course be gracious winners. Extensive research has showed that physical activity and sport can enhance the mental, psychological and spiritual health.

Ladies Hostel team along with the Department of Physical Education organized an inter block tournament on 24th, 26th and 31st of March, 2019. Students were invited to enrol for competing in the sports events viz.,Tennikoit,Kho-Kho,Volley Ball and Throw Ball. Team building games are a great tool for helping students learn to work together, listen carefully, communicate clearly, and think creatively. The event also gave our students a chance to get to know each other, build trust as a community and, best of all, they had fun. Winners and runners up were awarded with prizes.



LET'S SWEAT

HOUSEKEEPING STAFF EVENT

Housekeeping staffs diligently maintain the cleanliness of hostel blocks and its premises. To express our heartfelt appreciation for their meticulous work, a get together was arranged on 7th of May, 2019 for them to relax, participate and enjoy in the various fun events. The staff came well dressed and created a festive environment. Solo and group dances were performed by the staff. The occasion proved to be a true celebration for the participants. The entire hostel team had a thorough blast.



NO HUMAN
MASTERPIECE HAS
BEEN CREATED
WITHOUT GREAT
labor.

✧
ANDRE GIDE



DANCE TO THE TUNE

HOSTEL STAFF TRAINING PROGRAMS

Training and development programs to hostel staff are periodically organized in order to update their skills and also to teach them effective approaches in handling students and parents. Skill enhancement helps in achieving career advancement. A series of workshops and trainings were organized for the Wardens, Block Supervisors and Office staff of both the Ladies and Men's hostel.

In order to improve the Hindi communication skills, a training program was conducted between the 3rd and 14th of June, 2019. Prof. Jayalakshmi, from School of Social Science and Languages served as the resource person and the staff members participated and got benefited from the training program. Between 17th and 18th of June, 2019, a brain storming workshop was organized by the counseling team headed by Dr. Rita along with Dr. Vijay and Dr. Rathika, Psychiatrists associated with VIT health centre on the following topics:



- AWARENESS OF COUNSELLING
- HANDLING NEW GENERATION STUDENTS
- UNIVERSITY LIFE CYCLE
- STUDENTS' PROBLEMS IN HOSTEL
- IDENTIFICATION OF PSYCHOLOGICAL SYMPTOMS



Sixteen ladies hostel staff participated in the workshop. The workshop aimed at improving the relationship between the staff and the students at hostel. It also helped staff in identifying students who require help so that they can refer them to counselors. In order to motivate, build self-confidence and enhance the potential of staff members, an Outbound Training Program was organized on the topic “Building Team Spirit” at Ocean Spray resorts, Pondicherry on the 21st of June, 2019. Mr.Thirumavalavan, Assistant Director, HR served as the resource person and conducted several team building activities for the staff. Participants learned to work together as a team to overcome challenges. The fun filled team activity on “How to fly an egg without breaking it” was a treat to watch.

*No one can whistle a
symphony. It takes a
whole orchestra to play it*

HC Luccock

HOSTEL REVIEW AND MESS-MENU COMMITTEE MEETINGS

To facilitate a comfortable stay at hostels, hostel review committee meetings are convened once in 15 days on Wednesday evenings by the hostel administrators inviting the hostel review committee student members, residents and staff to address students' queries and requirements, update on the future events and inform on the up-gradation of services at hostels. The meeting is chaired by Pro-Vice Chancellor and coordinated by the Director, Chief Warden and Associate Chief Warden. Assistant Director Students Welfare, Head, Counseling, Deputy Wardens, Manager Maintenance In-charge, Student Counselors, Hostel Associates, Wardens, Block Supervisors, Wifi representative, hostel review committee members and the hostel students are invited to attend the meeting. Meticulous follow up activities of the meeting are ensured and the minutes of the meeting is communicated to the administrative core group members.

Multi-cuisine catering pertaining to vegetarian and non-vegetarian varieties of Indian and International food items is made available to the students coming from diverse states and countries within the hostel blocks. Hygienic kitchens, carefully following food safety standards and spotlessly maintained dining halls serve wholesome, nutritious food to their residents. Students can also choose and order from a limited list of special food items on registering at a restaurant style mess. Hostel administrators along with the student mess and menu committee representatives prepare a balanced mess menu every month. Mess and Menu Committee meetings are conducted on a monthly basis aiming at bringing in healthy changes to the mess menu based on students' requests. Complaints recorded in the suggestion notebooks, grievances related to hygiene, quality, ambience etc., are noted from students and steps to address are followed up for betterment. Minutes of the meeting are communicated to the caterers to follow up, and action taken report is recorded regularly.



FRUITFUL DISCUSSIONS

aiming at bringing in healthy changes to the mess menu based on students' requests. Complaints recorded in the suggestion notebooks, grievances related to hygiene, quality, ambience etc., are noted from students and steps to address are followed up for betterment. Minutes of the meeting are communicated to the caterers to follow up, and action taken report is recorded regularly.



The aim of argument, or of discussion, should not be victory, but progress.

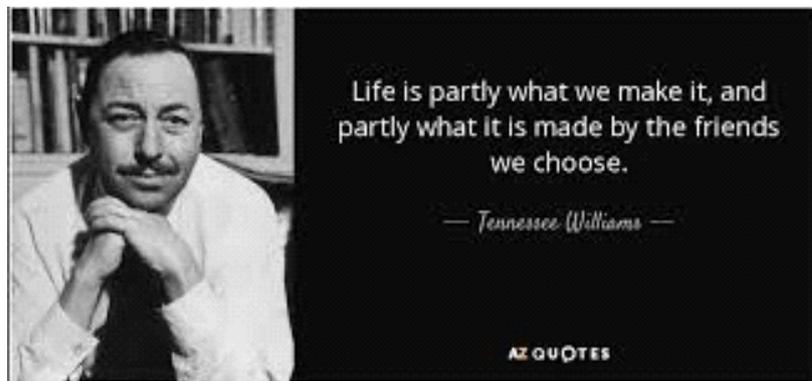
~ Joseph Joubert

AZ QUOTES

MOVIE SCREENING AND DJS

Weekends at VIT hostels are filled with delight. Every inmate looks forward for the weekend to spend time with friends and enjoy hostel life and its facilities. To unwind and relax, every weekend on Saturday nights good entertaining movies in regional languages are screened for the students in their respective blocks, so that they can enjoy along with their friends. After every continuous assessment test, a DJ event is conducted as per the requests of the students to rejuvenate. Staying away from home is challenging for the students initially, but after years of hostel life, leaving behind a place of solace, the hostel life becomes a lively experience for them.

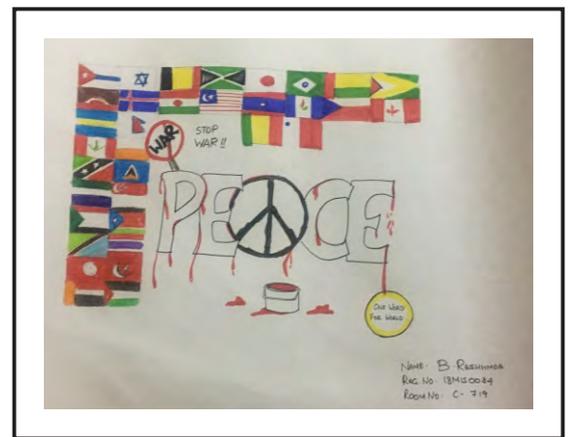
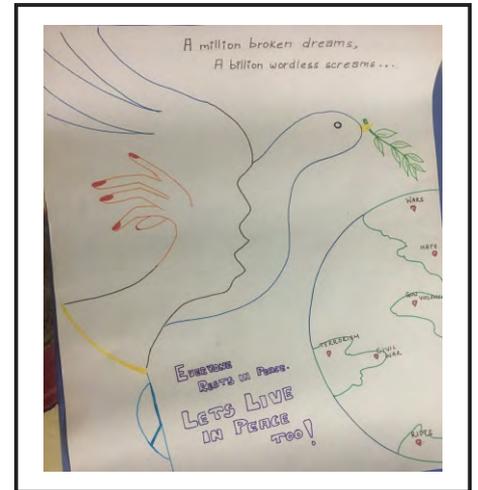
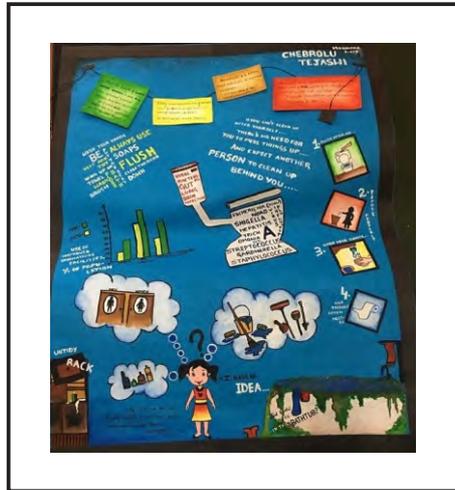




“नसीब निर्णयिता”

न अमीर न गरीब
 न पाठक न ग्राहक
 चाहे हो माँ बेटी
 चाहे हो पत्नी
 धर के हर सदस्य को हूँ
 तन्खा का इंतजार ।
 इन्में मैं भी हूँ गिनी,
 किंतु देने भगवान ने मुझे न चुनी ॥
 अपसोस : अमीर डरे चोरी से
 गरीब डरे मूर्ख से
 कहते हैं साँगो भगवान दयालु है ।
 भगवान क्या जाने, जलसे नहीं,
 धूल से नहीं, जन से मरा अब भूगोल है ॥
 इंसानियत की नहीं अब खैर है ।
 सुपत में नहीं सलाह भ्रशोरथ है ॥
 खुदगर्ज का जमाना है लानत है ।
 ए पीढ़ी, ये पीढ़ी उठ जाओ,
 सुधर जाओ, संभल जाओ ;
 वरन पैरों तले जमीन हो न फिरल जाओ ।
 हाथ पैर मार तकनीकियाँ सीख जाओ ।
 के तन्खा का न हो इंतजार ॥

जयंती, एल (Jayanthi L)
 "वार्डन" (warden)



Epilogue

The academic year, 2018-19 turned out to be a very fruitful year for the Ladies Hostel. Starting with the first day of freshers arrival, several events were conducted for all the inmates of the hostel to showcase their talents, bring in social awareness so as to relax them. The staff of the hostels were also periodically trained and entertained to serve better. The secret behind the success of all these events always lies in its team work.

Without the support and guidance of our Honourable Chancellor, Vice-Presidents, Vice-Chancellor, Pro-Vice Chancellor and Registrar, administration at Ladies Hostel would never have been possible and the hostel team would like to whole heartedly thank all the higher authorities.

We would like to place on record our thankfulness to all the hostel support divisions viz., Finance, Software Development Centre, HR, Centre for Technical Support, Physical Education, Estates, Public Relations Office, Security, Students Welfare Office, International Relations Office, Registrar's office, Pro-Vice Chancellor's office, Events Coordinator and Student Counsellors for their all-time support.

Our beautiful hostel team includes Director, Chief Warden, Associate Chief Warden, Deputy Wardens, Manager, Office Staff, Wardens, Block Supervisors, Housekeeping Staff and Supervisors, Hostel Associates and Maintenance in-charge. Everyone who has helped us in day to day tasks of hostel deserves the full credit behind the success. We pray that the team performs well in the subsequent academic years, and brings in better service and more happiness to its residents.

Conceptualized & Composed
by

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