



Office of Students' Welfare

Vellore Institute of Technology, Vellore

Newsletter March' 22



*The brown buds thicken on the trees,
Unbound, the free streams sing,
As March leads forth across the leas
The wild and windy spring.*

-Elizabeth Akers Allen (1832-1911)

*The month of spring arrived as joy and warmth
spread around. With the spring equinox
elucidating equality of day and night, we celebrate
the empowerment of women and their
accomplishments.*

**Whoever is
happy,
will make
others
happy.**

Anne Frank



Highlights

- Women's Day
- STARS Day
- Happiness Day
- NSS Inauguration
- Smart India Hackathon



Women's Day



International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity.

VIT Vellore celebrated Women's Day for over a week and various cultural events and programmes were conducted by Students' Welfare and various Clubs & Chapters. Students took part in these programmes and events to cherish the spirit of being a woman and honour all the women around.



STARS Day

VIT STARS programme aims to provide opportunities to underprivileged rural students to pursue quality higher education. An orientation programme named Life Through Education @VIT STARS was organised on Saturday (19.03.22).

Ms P.Harishankari Deputy Superintendent of Police (VIT Alumni- 2009-2013) took part as the chief guest. **Mr Gautam Premkumar** Campus Recruitment Lead, Infosys was the Guest of Honour. Our Honorable Chancellor **Dr G. Viswanathan** in his address drew emphasis on hard work and exhorted the students to focus on their education to be the first in their chosen areas. "By utilising the opportunities on campus, one can learn foreign languages like French, Spanish and German. He also encouraged the students to utilize these opportunities by active participation in clubs and chapters to make the best of their careers and live a balanced life.

Vice President **Mr Sankar Viswanathan**, Vice-Chancellor **Dr Rambabu Kodali**, Pro-Vice-Chancellor **Dr S. Narayanan**, Registrar **Dr K. Sathiyarayanan** and **Dr Najju**, Director DSW and Convenor STARS **Dr S.Meenakshi** were present on the occasion.





Happiness Day

*Students of VIT Vellore gathered at Greenos on the occasion of Happiness Day.
19th March 2022*

On the auspicious occasion of Happiness Day, students of various cultural clubs showcased their skills and talents and made the evening memorable and happy. Staff and students were present at the venue to witness this event.

The evening brimmed with fun-filled activities for the students to de-stress and





NSS Inauguration



The inauguration of NSS Special camp 2022 was held at Government Higher secondary school, Brahmapuram on 24th March 2022. Prof. Asha N, NSS programme officer welcomed the gathering, Prof.Jayakrishnan P, NSS programme officer briefed the proposed activities to be performed by the NSS volunteers during the special camp. Felicitation address given by Mr.Radhakrishnan Panchayat President, Brahmapuram and Prof. Naiju CD, Director students welfare, VIT, Vellore.



Dr.G.Viswanathan Founder, Chancellor VIT inaugurated the NSS Special camp 2022. In his presidential address, Chancellor emphasised the importance of higher education and mentioned that education is the key element eradicating the poverty. Chancellor also highlighted the function of Universal higher education trust, under which 7000 students have benefited in last 8 years out of which 66% are girl students. Chancellor, highlighted that NSS special camp will help the urban students to identify the difficulties in rural life style. Prof.Benjula Anbu Malar delivered the vote of thanks.

Smart India Hackathon 2022 (SIH 2022) is a nationwide initiative to provide students with a platform to solve some of the pressing problems we face in our daily lives, and thus inculcate a culture of product innovation and a mindset of problem-solving. We had about 105 team entries comprising of 6 members per team with two team mentors both from Industry and Academia. The college SPOC, Prof. C.D. Naiju, Director, Student's Welfare coordinated with 12 jury member team comprising of academic experts from Computer Science engineering, Electronics and communication engineering, Mechanical engineering, Biotechnology and Biomedical engineering.

In total about 210 undergraduate B.Tech students participated in the hackathon, of which 67 were girls and 143 were boys.



Smart India Hackathon



The winning teams presented ideas, working models and prototypes in varied topics such as Machine learning and AI, blockchain, agriculture, drones/robotics and biomedical technology which have the capacity to result in market viable products.

Eminent Talks



Ms. Malathy Aravindan, food technologist and experienced consultant has performed FSSC 22000 Food Audit

She was present at “Women Nutrition” event by Health Club VIT as she expressed her views on women’s nutrition and health. She touched upon many topics like gender equality and rights. All the women attending the event were truly inspired.

She was the guest lecturer in “A webinar on Geotechnical Practices” by IGS. In this interactive webinar, attendees learnt more about geotechnical practices in the other parts of the world. She shared her life story which was truly inspiring.

Mr. Akarsh Verma is the Platform Architect of Thoucentric Labs and works in Data Science and Analytics Systems.



He was the guest speaker at “Excavating Data Science” by ISTE where participants learnt about how Data Science is applied in the real world and about job opportunities present for people who are passionate about the field. The participants got insight from an expert about how it is relevant in the industry and learnt about the life cycle of a data science product.



A. Muhil, a leading psychologist from Madurai, was a guest speaker at “Dazzling Damsel” by SOLAI. In this interactive session, attendees got an insight into the

hardships faced by women and their journey to success. She explained how psychology and mental health must not be seen as a taboo and the changes we must make as a community, in order to make a difference, and aid women empowerment



Amshu Chappa is a senior Geostructural Engineer at Brierley Associates, California and an alumnus of VIT University.

Dr. Amitava Sarkar, Research Scientist at Lawrence Livermore National Laboratory and Stanford University was present at the



“Webinar on Decarbonisation of Chemical Manufacturing” by AIChE-VIT where he discussed the development of low-carbon sustainable technology and dire need for decarbonization.

Events Of The Month

4 March The World Engineering Day for Sustainable Development

Thinking Green

IIChe-VIT

Quiz on sustainability witnessed in industries.

World Engineering day for Sustainable Development

ASHRAE

A quiz to raise awareness on developing the world sustainably.

8 - 17 March International Women's Day

Femichem

IICHE-VIT

Quiz to promote awareness of the contributions of women in Chemical Engineering and science as a whole.

Dazzling damsel

Solai Club

Celebration of the accomplishments of women who broke all the stereotypes and reached many heights in every field, in the presence of guest speaker A. Muhil

Women Nutrition

Health Club

An exclusive girls-only event on women's health wherein Ms. Malathi Aravindan expressed her views on women's nutrition.

Aval

Malayalam Literary Association

A photography contest, where students could post pictures related to women's day that they have taken and write a caption to the image.

Women's Day: SheQuest

IEEE Women in Engineering

An event to emphasize women's contribution and innovation through a quiz on fresh facts and contributions of women in STEM.

Women's Day: Shakti

FEPSI

A mind-boggling debate competition

Women's Day: Inspire, Empower, Achieve

IEEE Industry Applications Society

An insightful questionnaire event on women's equality in industries

16 March National Vaccination Day

CHE-MEMES

The Catalyst Club

A chemistry-themed meme competition on vaccines.

21 March World Poetry Day

Poem Parody

Visual Blogger's Club

Participants were asked to choose any poem that they like, and come up with a parody for the same.

Surasudha Rajitha

Malayalam Literary Association

Participants were asked to write a poem on the theme chosen by them.

Poetry Portal

Anokha NGO

Participants were asked to come up with a short poem on the topic "7 days 7 lines"

Chimie Poésie

IIChe-VIT

Participants had to submit poems related to chemistry or chemical engineering.

21-23 March World Forest Day

Save the Wild Nature Lover's Club

Participants were asked to choose any one critically endangered plant or animal species, and mention the characteristics of that species and the consequences of their extinction on the ecosystem as a write-up in not more than 100 words.

Save the Wild Nature Lover's Club

To raise awareness about our nature's magical elixir, a quiz was organized to test participants' knowledge about Water and teach them a few new facts which helps solidify the importance of water in their minds

World Water Day VIT Community Radio

An event in which Radio Jockeys from VIT Community Radio spoke on the significance of water.

Talent Forage

Happiness

The fragrance of roses,
or,

The first sip of your morning tea,
or,

The pleasure of meeting your loved ones,
or,

Grooving to your favorite melody of Kapoor & Sons,
or,

Finding your ikigai,

Happiness can mean different things to different
people,

It's high time that you start finding yours!

*Garima Srivastava
(21BCE0513)*

Happiness

Hey! – called a voice from behind
I love what you do.

Thanks – said I, turning back smiling,
Never really thought that I'd get appreciation too.

Never mind the trolls, he said,
They have nothing much to live for,
Jealousy and judging others success is all they do,

And it is what they strive for.
Ever seen crabs in a bucket, he continued,
They pull the other crabs down.
Never fall in that little mess,
Be a queen wearing the crown.

You stand out for the truth you say,
However hard it might be.
Let the world take the red pill,
Cause the blue pill is only ignorance, you see.

Talent Forage

The happiness you get is a hundred percent true,
Cause you know you do nothing wrong.
Standing for the cause it should be,
People will gradually start to get along.

It's the mind changing impact that you make,
For what you are loved.
No male chauvinist can touch you ever,
Cause they know, they'll get shoved.

Tears of happiness rolling down my cheeks,
I hugged him as tightly as I can.
A little emotional I was perhaps,
Never thought I'd hear this from a man.

Inspire more people, he said,
As we said goodbye.
You have to be the person women should say -
Yes, we have her to blindly rely.

*Shreyan Basu Ray
(21MCE00130)*

Dad's letter to Daughter

Girl! you are gorgeous in your ways
Intelligence and beauty coupled
Rugged are your pathways, still
Loving and caring you are!

Lady! long is your road ahead
Attitude of yours is the power within you
Daunting is the world you live in, still
You should never ever give up!

Female, the perfect partner of a male
Enduring is your nature
Mom, a role gifted to you by GOD
Always a person to cherish
Lowly looked upon many a times, still
Encouraging you are!

Woman! Seek Wisdom in all your ways
Optimistic you need to be, because
Magnificently created you are!
Anxious is life many a time, still
Noiselessly nice and noble you are!

Dad is mindful of you darling!
Always I long for you
Unconditionally I love you
Graciously come back to me!
How happy life is with you
Treasure you are to me dear!
Exhausted you may feel at heart, still
Rekindle your love for me!

*Jetson Satya Gospel
(Student Counsellor)*

Hope: The Patronus of Life

There are dark days and night
Nights where Moon is absent,
Nights filled with nothing but darkness
The world seem to loose its happiness on those
nights
The world Is filled with those voids
That suck out all the happiness
Those nights when dementors wander free in the
world
The nights that make us all loose hope
But never loose hope
Cause every dark night is followed by a bright day
The Sun will rise again ,
Fighting against all odds,
The moon will shine again , bright as before
The moon will lighten the nights
And the dementors would be chased
By the patronus of Moon,
There will be happiness again,
There is still hope
That some day the Moon and the Sun will be happy
together,
Times a tricky thing,
Its an infinite loop
And yet I believe in it,
I believe time will make things right,
Cause I know how much I missed the moon
And I hope someday the moon would miss me back
And someday the moon would see the love sun
spreads,
I am hopeful and optimistic that the world will be
happy again,
Cause Time heals everything

Talent Forage

The sun and the moon may be together
Not today but someday
The world will be bright again
And I will smile again

*Dilith Dinesh
(20BCE0097)*

Six things that don't bring happiness

One- Being someone you're not, wearing masks all the time, pretending, to the point of not recognizing yourself in the mirror anymore;

Two- Wanting to undo the past. It's like wanting to glue a broken vase together: it can be whole again, but the cracks will always be there, no matter what you do;

Three- Discounting your pain, tiny or immense, to people who didn't cause it. It's like summarily condemning innocence for the guilt that doesn't belong to her. It's up to you to just carry your pain;

Four- Believing that happiness is achieved when you manage to do everything. But, happiness does not lie in getting things done. It is simpler than that: it resides in sensations, emotions and feelings. Full happiness depends on love, friendship and happiness;

Five- Losing the ability to forgive. Not to forgive is to poison yourself. Is pointing knives at yourself. Forgiving brings calm and peace to the heart. The opposite is a black curse;

Six- Believing in the mirage that one is forced to be happy all the time. Happiness is not a continuous line. It is made up of curves, shortcuts, intersections and interruptions. Nobody is and can be happy all the time. Believing that is too childish.

*Chandana pathapati
(17MIS0363)*

WHAT HAPPINESS IS, AND WHAT IT ISN'T

"Happiness isn't a destination; it's a journey. - Austin Carlile"

This quote reminds us that we often wrongly associate happiness with a destination. We're always pushed towards "100% happiness" in life by achieving everything according to a checklist which we prepare according to society's standards – to be a hefty person, to have perfect health, etc.

However, the definition of "happiness" is predominantly flawed. Happiness is instead a roller coaster ride, where you stumble, tumble, and learn to smile despite the tribulations. Since childhood, we have been taught to make the right choices, work harder than anyone else, and keep moving on. We had been apprised that we'd reclaim our childlike happiness once we complete school. In college, we had been told that we'd be happy once we entered our jobs. But the rasping truth is that this is a never-ending cycle of reaching euphoria and falling back into the abyss. And this is why one must not let their happiness define by the amount of success, money, health, power, etc.

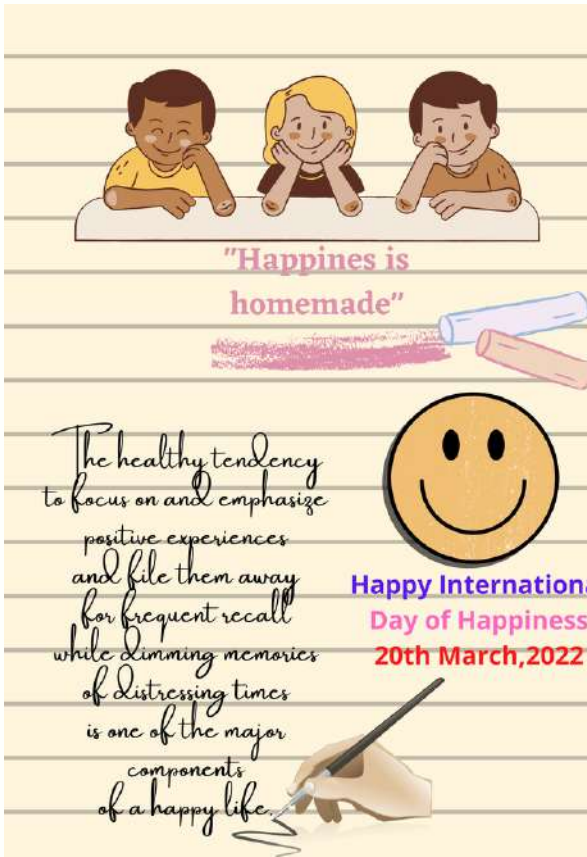
Instead of gushing over this unrealistic concept, let's accept that life is challenging. Since happiness is a momentary treasure, we must work towards being happy every day. Some days may feel like paradise, while some days, we may have to exert ourselves to be happy. That's the life most of us live. Let's also catch on to the fact that it's okay to be sad some days – so let's stop running towards "100% happiness" by following society's standards.

To "feel happy" and to "be happy" are disparate. Life may strip off our blissful feelings anytime, but to be still happy is a choice we have to make. Today, let's choose to be happy.

*Jyotica Christabel
(18BEC0599)*

Talent Forage

Happiness is
Homemade



Sidra Nasreen
(21BEC0459)



Ayush Goswami
(20BCT0341)

Student Achievements

Congratulations!!



Ms POORNA SRI Y (B.Tech CSE - Batch 2021), had represented Tamil Nadu and won the Silver Medal in the National Weight Lifting Championship held at KIIT, Bhubaneswar conducted by Indian Weightlifting Federation - IWLF.



MEENU MARIA SUNNY participated in INSPIRE Fellowship and was selected for the award of "Innovation in Science Pursuit for Inspired Research (INSPIRE)" fellowship by the Department of Science and Technology (DST), New Delhi.



BAARIU KELVIN participated in the IIT Kanpur Students Research convention 2022(SRC'22) and won the first prize at the Civil Engineering Conference.



Entries Invited!!



We invite all our students to showcase their masterpieces with talent and skills. Submit your entries by 30th April: designs / articles / photos / artworks or poems- based on the themes : "Invest In Our Planet" or "Stay Healthy"

Scan the QR given above and get a chance to be featured in the SW Newsletter.



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