



VIT Vellore

OFFICE OF STUDENTS' WELFARE

Official Newsletter



NOVEMBER'21

The month of the year where in we fetch our warm clothes and will to be in hibernation. The month of November upsizes the winter vibes of nature and the rays of sun spread its warmth through the horizon.

Various events were conducted throughout the month, to spread warm happiness and joy!

WHAT'S NEW

Thanima' 21

Quanta '21

Yantra' 21

Student Induction Program '21

Outreach Programs

Eminent talks of November

Glimpse of November Events

Talent Forage

THANIMA '21

Thanima 2021 the Onam celebration of the Malayali community at Vellore Institute of Technology was organized on November 6th with a vibrant extravaganza. This year marks the 20th year of Onam celebration in VIT. Along with Onam celebration, Kerala Piravi was also celebrated. This year due to the ranging pandemic and the floods that affected Kerala state the event was shifted to the month of November.

Thanima 2021 was inaugurated by our beloved chancellor G. Viswanathan in the presence of celebrity guest Ms. Gowry Lekshmi, the renowned singer and composer. Ms. Gowry Lekshmi is a prolific composer and performer and has contributed creatively to the Malayalam music community. The event was coordinated by Prof. CD Naiju, Faculty Advisor and Prof. Jagadeesh Kumar, Faculty coordinator. Gautham Krishna and Anagha Ek, the student organisers of Thanima 2021 welcomed everyone to the formal function and the formal meeting was concluded by the vote of thanks delivered by Sariga Reghunathan, the student coordinator. The programme was hosted on MS Teams live.



The event witnessed placid competitions and colourful cultural programs. The preparations for this impeccable event started more than three months prior to the event and a strong team of students, faculty and other staff of VIT played a crucial role in making this event a success. After the formal session, we had an entire array of cultural programs by our first, second, third and fourth-year students which mesmerized the audience. This was followed by the enchanting musical event by Sachin Warriar and crew through Facebook live. Sachin Warriar is a renowned playback singer whose songs are welcomed amazingly by the youth. 3000+ students witnessed the musical performance of Sachin Warriar through Facebook live.

The week before the event was filled with fun-filled competitions for all students of VIT, especially the Malayali community. We had a diverse array of friendly competitions including 'Pattupetti', 'Thagathimidhom', 'Celluloid', 'Mr & Ms Thanima', 'Sundari Neeyum Sundharan Njanum', 'Anthakshari'. These events ensured the active participation of VITians from all the different courses.

QUANTA' 2021

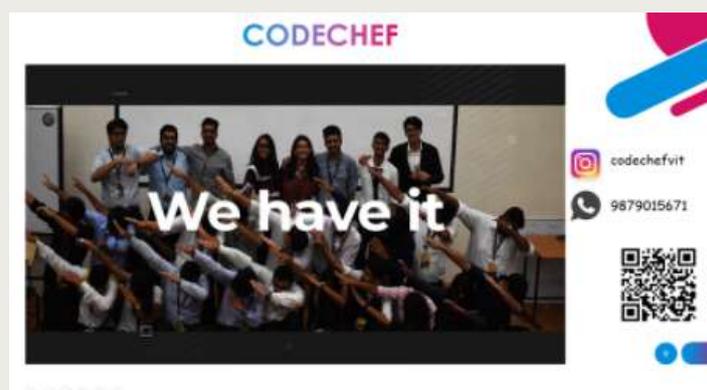
13TH - 14TH NOVEMBER '21

The opening session was soon followed by a refreshing session featuring all the Cultural and Literary Clubs of VIT Vellore. Be it dance, music, art or literature, VIT has some of India's finest societies for any and all extracurricular activities. In the second session of Quanta, the students of VIT were acquainted with the diverse Arts, Cultural and Literary roster of VIT. Our college boasts over 35 Cultural and Literary societies! Club representatives spoke of their club heritage and success in winning laurels for VIT in fests. Attendees got to view an array of spectacular videos, showcasing what the clubs represent and what makes them unique.



Day 2 of Quanta'21 started early at 10:00 AM, with one of the most important exhibitions: the world-renowned Chapters of VIT Vellore.

Accessing their academic acumen, these chapters truly uphold the spirit of scientific research, each of the chapters of VIT pitched and presented themselves. On the Day 2, VIT's technical teams, students get to work on topical projects putting classroom concepts to use and arriving at tenable results. VIT Vellore has the most electrifying set of teams ranging from space exploration and aviation to electric car and formula student racing. Freshers watched in awe, as each of these teams captivated them, displaying their rovers, aero planes, electric cars and race cars. The team representatives shared their team vision and scintillating success stories.



The final session of Quanta 21 was for none other than the 30 Technical Clubs of VIT Vellore! The Technical Clubs form the mainstay of what Vellore Institute of Technology stands for. Whether it is coding, manufacturing or development, the technical and technological clubs of VIT Vellore, bear a singular mandate, which is, "to empower through technology". The clubs showcased their adverts and spoke about what their clubs stand for to the 1000+ students attending Quanta.

YANTRA' 2021

19TH - 28TH NOVEMBER '21

The Office of Students' Welfare in association with various clubs and chapters conducted **Yantra: the annual intra-technical consortium**. The theme for this edition of Yantra was centered around the 17 Sustainable Development Goals (SDGs), proposed, and adopted by the UNDP. The 17 SDGs are integrated—they recognize that action in one area will affect outcomes in others, and that development must balance social, economic and environmental sustainability. Countries have committed to prioritize progress for those who're furthest behind. Yantra proved to be one such platform to enable students to put their creative minds to the task and come up with innovative solutions that address these problem statements.



Yantra debuted on the 19th with the commencement of exciting and competitive hackathons. During the 20th-21st weekend, a plethora of informative workshops were organised by the clubs and chapters. These workshops gave the participants hands-on experience on upcoming technologies and sciences. From the 22nd to 26th, the clubs and chapters organised world-class ideathons and symposiums allowing students to exhibit their technical knowledge and skills. On the 27th and 28th, all the clubs and chapters were gearing up for the finale of Yantra, organising final rounds, result declaration, final workshops and much more. Yantra also boasted a mammoth total of 30 renowned speakers and guests who graced their presence.

The aftermath of Yantra inspired students to develop their technical abilities and hone their knowledge. It gave students a sense of belonging and excitement. The winners received laurels and the participants received an experience of technical hackathons and ideathons. Overall, the experience was positive and well-received.

VALEDICTORY CEREMONY OF STUDENTS' INDUCTION PROGRAM' 21

Office of Students' Welfare organized Students' Induction Program in association with clubs & chapters as a part of the Orientation Program. The aim of this program was to give a warm welcome to the freshers in the University. The pandemic has been quite taxing for most of us, and it was necessary to boost morale and motivate the students to do well in upcoming years.

Various competitions in multiple genres were conducted by clubs like Dance Club, Music Club, Visual Bloggers' Club etc., wherein the students actively participated and displayed their skills. The myriad of entries in all the competitions and the brilliance in each one of them was astounding. The competitions included dance competitions in various forms, singing, instrumental, blog writing, art, best out of waste etc. Based upon the two rounds the shortlisted candidates had to perform live in front of the panel of honorary judges with over 4000 spectators watching them online.

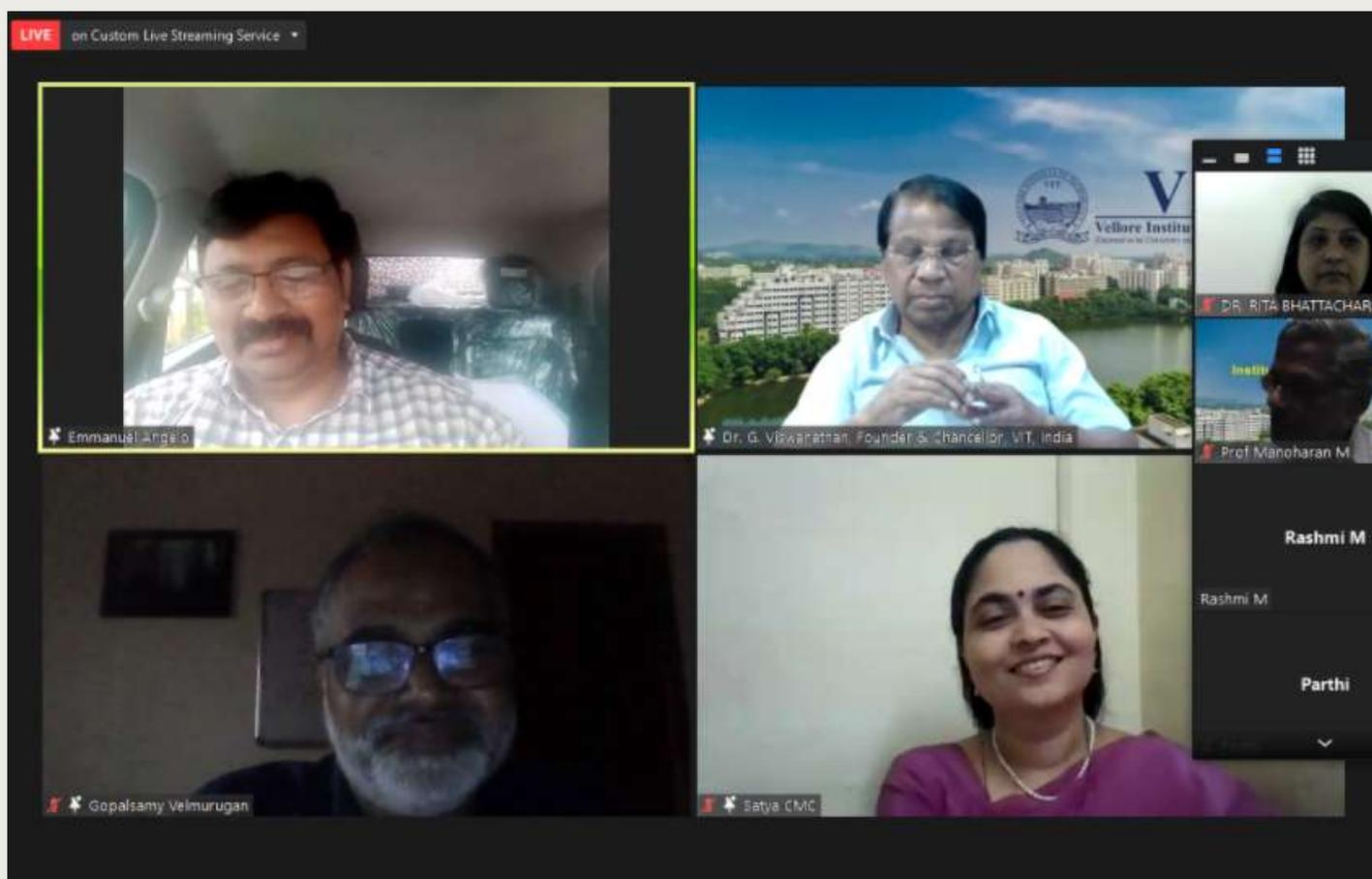
As a proud moment for the parents of all the participants, their graceful performances left the audience speechless and made it nearly impossible for the judges to decide the winners. The judges evaluated the participants meticulously and gave scores to the contestants based on their skills, and a variety of other metrics. On November 17th, the SW Team invited the top candidates of all the categories for the valedictory ceremony to announce the winners. The top 3 winners in all the categories were then announced by the hosts. As the ceremony proceeded, it was announced that the winners would be gifted Amazon Gift Vouchers and Certificates as tokens of appreciation for their mesmerizingly beautiful performances. Not only were the students delighted to win this competition, but they were also pumped up to pursue their fields of interest. This ceremony marked the end of the Students' Induction Program and opened a horizon of opportunities for the students to explore.

CATEGORIES	FIRST PRIZE		SECOND PRIZE		THIRD PRIZE	
	Name	Reg. No	Name	Reg. No.	Name	Reg. No.
Dance						
Classical	Meenakshi Mattathil	21BCM0054	Shreya Mangesh	21BCI0122	Bhavya Raitani	21BCT0092
Western	R.S. Surya	21BBT0047	Anshika Sinha	21BME0318	Viyanshi Patodia	21BBT0049
Folk	Oeindrila Bhattacharya	21BBT0066	Debanjana Chanda	21BCE0019	Shruti Bhandari	21BEC0811
Music						
Vocal with Karoke	Afrah Fathima	21BEC0383	Madhura Sen	21BCB0089	Rejona Susan. J	21BEC0052
Instrumental Music	Abhigyan Satya Das	21BCE0622	Berne Nithin B	21BME0542	Rituraj Mahato	21BCE2762
Vocal with Instrument	Mahima Chakraborty	21BBT0030	Sarim Moin Warsi	21BEE0032	Harsh Bhushan gupta	21BIT0107
Blog						
Indian Culture and heritage	Sumanyu Simhachalam	21BEC0381	Mahima Kate	21BBT0182	Karthik Mukund	21BEC0639
Board Game						
Board Gamers Club	Aditya Kamboj	21BEC0685	Anurag Bansal	21BEC0819	Tanya Dora	21BDS0028
Creativity						
Best out of waste	Vidhi Rathore	21BCE2553	Shreya Kesari	21BEC0633	Sameeksha Saraf	21BCE2566
Painting						
Watercolor competition	Aditi jagwan	21BCM0060	Kusumita Pal	21BCM0137	Akshar Patel	21BME0454
Face Painting Competition	Harsha. S	21BCE2786	Ritesh Nayak	21BCE3549	T.Saijiv	21BCI0045
Mandala Competition	Shreya Kesari	21BEC0633	Khushi Kauntia	21BCT0096	Amala Gesulan	21BIT0431

OUTREACH PROGRAMS

CONDUCTED BY VIT COUNSELLING DIVISION

- Guest lecture on 'Stress Management techniques' by Dr. Rita Bhattacharjee for BBA students in MS Teams on 15th November, 2021.
- Counsellors were involved in the Awareness Programme on "**Sexual Harassment and POCSO Act**" for the Government School Students of Brampapuram Higher Secondary School on November 25th, 2021.
- Counselling team members were requested to Judge Posters on 'Mental Health during the Pandemic' by School of Social Sciences and Languages. "**Virtual Poster Exhibition on Mental Health during the Pandemic**" was organised on 27th November 2021 between 5.00 pm and 6.00 pm.
- Dr. Rita Bhattacharjee & Dr. Sunitha V. have virtually presented a paper titled '**A Study on the Personality factors of College Students**' in the 2nd Asian Public Mental Health Congress, Bali, Indonesia, on 29th November, 2021.



EMINENT TALKS OF NOVEMBER



Anil Swarup, retired IAS officer, author and recipient of the Director's gold medal, graced us with his presence at the 21st November edition of LEO Talks held by VIT LEO Club. The event started straight away with a Q & A session with Mr. Anil. He talked about the education system and enlightened the participants about the importance of giving back to society.

Navin Gulia, Ex-Army Officer and World Record Holder in Adventure Sports, was the special guest speaker at Unbroken Unshackled 5.0 held by the 5th Pillar VIT on 19th November, 2021. "I have no regrets" - This is what Navin Gulia said when asked about his life-threatening injury. We were enlightened by his wise words. He taught us many things but most of all, he motivated attendees to do right in life.



Allan Campopiano, senior Data Scientist at DeepNote, was one of the speakers for DevJams'21, hosted by Google Developers Students Club VIT on 22nd November. Now a statistical software developer, Allan was a researcher and research analyst at Halton Catholic District School Board before he joined DeepNote. He talked about DeepNote as a product and how it simply has changed the entire equation for the Machine Learning enthusiasts in the near past.

Abhimanyu Raghav, one of the youngest qualified mental and physical wellness coaches of India, was the speaker for the 14th November edition of LEO Talks held by VIT LEO. Abhinav, from 'MTV Roadies Revolution', learned to embrace success with all his endeavours. The event attendees were left in awe at Abhimanyu's charisma as he motivated all those present in the Instagram Live session with his success story.



P Narhari, the dynamic IAS officer, was invited on 13th November at Unbroken Unshackled 4.0, organized by the 5th Pillar VIT. He uses Twitter and Facebook to interact with citizens to solve their problems. In the event, Mr. Narhari raised awareness on current political issues and he enlightened the attendees inspired the attendees, inspiring them to become leaders of tomorrow.

Sudhakar Verma, an Engineer with the Spotlight team at CrowdStrike, was invited on 22nd November at DevJams'21, organized by GDSC VIT. He has 4+ years of experience with CTFs and software development. He is currently the chapter lead for Null - The Open Security Community Pune chapter. In the event, Mr. Verma spoke on the subject "Getting into Vulnerability Research" showing young cybersecurity enthusiasts a roadmap for this niche industry.



GLIMPSE OF NOVEMBER EVENTS

WORLD VEGAN Day - 1st November

World Vegan day was created by Louise Wallis, a British animal rights activist and the chair of The Vegan Society, to raise awareness about animal rights.

Vegan for a day! SOLAI

SOLAI conducted an event to motivate people to follow a vegan lifestyle, which is beneficial for animal welfare & the environment. The participants were expected to take a picture of at least one vegan meal per day & share its nutritional benefits.

Diwali Events: 3rd - 5th November

Diwali also known as the festival of lights, Diwali symbolizes the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance".

Fireworks of Flavours The Culinary Club VIT

The speakers Mamta and Shuchita shared the recipe of rasmalai with the audience and encouraged the audience to cook with them and have an interactive doubts session regarding the recipes.

Pach Divsancha Anant Prakash Yuva Marathi

Yuva Marathi's editorial department came up with their blog composed by their members. This blog helped readers to enlighten their knowledge about Diwali.

World Tsunami Awareness Day - 5th Nov

In 2021, World Tsunami Awareness Day will promote Substantially enhance international cooperation to developing countries through adequate and sustainable support.

Plan to survive Tsunami VIT Community Radio

The club organized an awareness campaign to enlighten about the adversities caused by Tsunami, through Instagram platform.

Enna Solla Pogirai 7 Tamil Literary Association

TLA presented a quiz event, that tests the knowledge of the mitigation measures, causes, and results of tsunamis.

World Cancer Awareness Day - 7th Nov

The main objective of the day is to highlight the significance of increased awareness about cancer prevention and early detection for the general public.

Breast cancer detection using python CompBio Cell

ComBio Cell organized a workshop wherein the audience were taught Python in jupyter notebook and using scikit to detect breast cancer.

Let's Defeat Cancer Together YRC-VIT

On the occasion of National Cancer Awareness Day, in collaboration with the Indian Cancer Society a webinar with Dr. Rohan Bartake, from the Indian Cancer Society (ICS) helped us understand oral cancer and ways to promote tobacco de-addiction.

Children's Day Events: 14th November

Children's Day is celebrated across India to increase awareness of the rights, care, and education of children. It is celebrated on 14 November every year as a tribute to India's First Prime Minister, Jawaharlal Nehru.

Solvaal yeanthu! Tamil Literary Association

TLA organized a debate event, on the topic, "Is homeschooling better than traditional schooling for children during the Covid-19 Pandemic? ".

YOYO Anokha NGO & AIESEC

Anokha NGO along with AIESEC proudly present YOYO- a fun-filled event including a storytelling session and a talent show.

International Men's Day: 19th November

Unsung Heroes FEPSI

Event to convey heartfelt gratitude and respect towards those men who have been working tirelessly to uplift the communities which need attention and doing social services during pandemic times and have been left unnoticed since now by bringing them to the limelight through social media handles.

TALENT FORAGE

Constitution

The Indian Constitution: the supreme law of the land, and the founding document of the Indian republic we have built for ourselves. Over the seven decades of our independence, the constitution has proven itself to be successful in keeping a myriad of people of different languages, faiths, cultures, and regions together, and has also ensured that our country's democratic traditions remain unbroken. It has kept the country united through the greatest of tragedies, and the proudest of victories. Through its several provisions, it has ensured that right to govern India remains with the Indian people and has made possible the existence of what is today the world's largest democracy.

Our constitution is comprised of principles from those of several countries across the world, be it the parliamentary democracy from the United Kingdom, or federalism from the United States. Over the decades since, we have experimented and amended these laws and policies to best fit the social, political, and economic situations that are unique to India, and we have been successful in avoiding mass national strife and disorder because of this, while many countries in our neighborhood and afar descended into bloody civil wars.

In the Preamble, through which the Indian people presented to themselves the constitution, the notion of the unity we must display as Indian citizens, irrespective of our other identities, is made clear. Borrowing the guiding principles of the French Revolution, the constitution assures equality of all before law, liberty of all citizens from any tyrannical force which tries to impose its will on the Indian people, and fraternity among all Indians. It ensures the right to free speech, to adhere to one's faith, or to none, and the right to be able to choose our own leaders. When the constitution was drafted in the middle of the twentieth century, India was in a tumultuous state.

The centuries of exploitative colonial rule, followed by Indian participation in World War 2 which was heavy in both loss of Indian lives and wealth, and a hasty exit of the British in 1947 led to a rather pessimistic economic future, and the wounds from Partition and the communal violence that followed were still very fresh on the Indian psyche.

However, the constitution's mechanisms have aided us in overcoming those hurdles in a democratic and peaceful manner.

The massive amounts of social and economic inequality that were present in newly independent India had war declared against them by the Indian government and the Constitution, by enshrining provisions and acts for the social and economic empowerment of the underprivileged in society, by granting them better access to education, healthcare, and employment. The massive strides we have seen in breaking down the shameful walls of social discrimination in Indian society is a shining example of the constitution's success.

Today, as we stand as one of the world's most formidable economies and a regional hegemony, while uplifting millions from poverty every year, the democratic processes that have helped us achieve these noble goals are protected by that very primordial document that Dr. Ambedkar and others drafted, and our constituent assembly ratified. However, if the people of India do not utilise the provisions we have been given, the constitution remains futile. We must shed our political apathy, and participate in government, analyse and question our leaders for the actions they take, and only then will the strength of our democracy and republic remain as strong as ever, and the constitution will remain successful in the achievement of its ideals.

~VATSAVAYI KARTHIK VARMA
21BCE0990

We, the people: The Constitution, The Citizens

"We need our people and families to unite....to question with boldness without wavering and stand tall. After all, isn't that what our Founding Fathers expected "We the people" to do?"

- Barbara Post-Askin

National Constitution Day is celebrated annually on 26th November in India to honour the adoption of the Indian Constitution. On 26th January 1950, the Constitution first came into effect. The Preamble to the Constitution of India unfolds with the words "We, the people." Of course, "we, the people" describes the ultimate dominion of the citizens of India. The ultimate sovereignty. However, there's more to this than meets the eye. Power and authority are all good but hold up. "We, the people" have other chief responsibilities as well.

As the citizens of India, we are obliged to the Constitution of India and must abide by the laws that the Constitution demands us to follow. But there are other aspects that we, as Indian nationals, must do even if they are not "laws" and we are not legally bound to them. Before being citizens, we're humans. We should love and empower each other. Then why do we try to bring people down? – the people of our own country, the people of our human race. Hate, anger, jealousy, resentment, etc., are all poisons in our lives that carry the power to destroy each other.

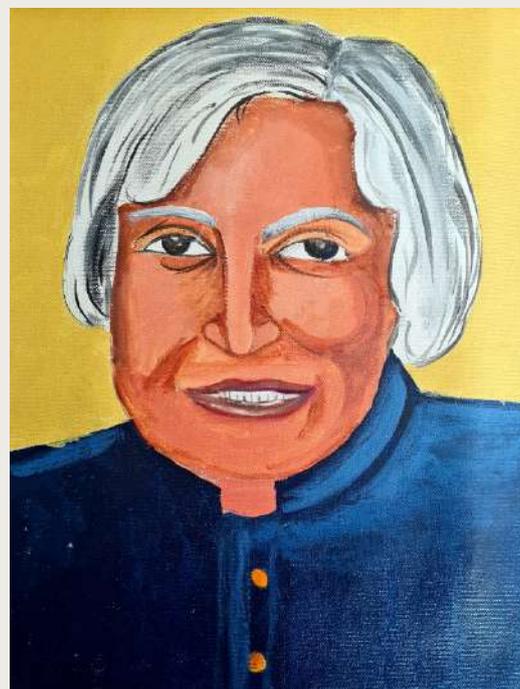
Power is a double-edged sword. Power can make a person fraudulent or prudent. While it is said - power corrupts people, it is the counter that's true. It is the people who corrupt the power. The folks in power often misuse it for their advantage. On achieving power, their perception gets swayed, making them dive into atrocious decisions. The powerful often exploit people who seem substandard to them, trying to attain a sense of satisfaction. Exploiting another human's vulnerabilities is morally wrong, and as citizens of India, we should ensure we are uplifting one another, not cash in each other.

In many institutions across the nation, power helps people climb the ladder, helps people score good marks, and whatnot. Instead, every citizen of India must keep one's nose to the grindstone without relying on power alone.

The mad over the past decades since 15th August 1947 has been rough along the edges. Multitudinous people stepped forward in developing the nation over the past years. Some paved the way for our country to advance and become high-tech, while some defend our borders interminably. India has come a long way.

Rightly said by Mahatma Gandhi that we'll get all our rights eventually once we get our values and duties straight. We, the people, are the elementary units of the nation. We're the rock – who set the foundation for the country to build on. Hence, we should be a moral compass to each other – spreading virtues like love, peace, joy, gratefulness, kindness, and forgiveness. This National Constitution Day, let's rise by uplifting others!

~JYOTICA CHRISTABEL
18BEC0599



~RIDDI MANIKTALIA
20BCE2045

Indian Constitution

Started as the ancient richness level
 Can Golden sparrow alone be able?
 Styled stone sculpture like
 seed book bound scripture to read
 Human oriented culture to find
 looking towards such mysterious mind!
 Many rulers reign, to destroy the beauty w
 hen days were tough and night seems long,
 Swinging storm sound were ragging too tough
 small sweet hopes were not strong enough
 Salute to people for freedom of land
 who paid a lot to such golden sand!
 stripes of flag as courage, purity & prosperity
 Republic understood as justice, liberty & equality
 Then heard the rhymes like ride & tide holding the
 hand, not to slip & slide
 People were blessed from deep inside
 with our constitution filled with pride
 Written as a law for freedom & rights
 Framers' secret words of mind & sight
 Hope! Everyone feeling wonderful today
 As constitutional amendments showing all the
 way!!!

~SHOBHIT JAIN
 20MAE0048

Indian Constitution Day

Proud to be the part of this nation,
 Which gave me knowledgeable education,
 Help me handle every situation,
 In spite of this huge population.
 Dr.B.R. Ambedkar chairman of drafting commission,
 Conducted this prestigious operation,
 To the formation of our constitution. T
 his great book of law consists of 395 articles,
 And which also includes 12 schedules,
 Which was returned to enjoy rights and duties.
 This celebration of the day,
 To the great heroes of that day,
 Who wrote the future for today,
 Finally, I tried to give a small tribute
 to all these heroes every day.

~PASUMARTHI AASHISH BABU
 18BME0756



~HARSHIT VIJAY KUMAR
 21BKT0142

Inside Out Examined Inside Out

It's no secret that I am a HUGE Disney fan. I am the type of person who would stay awake until 12 midnight just because Aladdin is playing on TV. The type of person who annoys her family by singing EVERY SINGLE SONG in every Disney movie. In the past, I firmly believed that the songs were the best things about the movies. Yet, the Disney movie that is dearest to my heart is Inside Out, which is a little surprising, given that it has exactly zero songs. In fact, if you had told me seven years that my favourite Disney movie had no songs, I would have laughed in your face before accusing you of being demented. But now, it feels like the most natural choice in the world, simply because of its profound message, and how much I have learnt from it. When I first watched the movie Inside Out, I had just shifted to Navi Mumbai after having spent 9 years in Bangalore. While I was actively trying to like Navi Mumbai, I missed everything about Bangalore, from the weather to the food to the friends. That was a big part of why the movie appealed to me in the beginning. The idea of a happy-go-lucky girl's entire world turned on its heels by a change of residence may sound a little far-fetched at first, but the more I watched, the more I empathised with the entire situation. Often, we think of good memories as being generated by a place or a thing, rather than as a product of our emotional response to an experience. This could lead to us making misinformed, often irrational decisions to 'regain our happiness. But being happy is never attached to a thing; it is a shifting variable which often depends solely on frame of mind. That is something I wish I understood a few years earlier, but better late than never. Another idea that resonated with me was that of paying attention to all emotions. Sometimes we choose to ignore our emotions, preferring instead to drown all other feelings under happiness.

But doing so can leave us unprepared and overwhelmed in the face of big changes. It might not be very fun, but it is important to sit quietly at some point, and familiarize ourselves with our emotions. This makes us less likely to feel guilty about emotions that are perfectly justified. After all, emotional health is the ability to feel, express and manage a range of positive and negative emotions. There's nothing wrong with feeling upset, frightened or resentful about abrupt change, so long as we can manage our feelings. It is perfectly fine to not instantly love everything about a new situation. What matters is being able to accept ourselves, keep calm, and carry on. So wherever you are, if you're experiencing an overwhelming situation, any on. Carry on with grace, with dignity, with pride. You are valid, you are healthy and you are far from broken.

**~APARAJITA BHATTACHARJEE
21BBT0387**

VEGAN

Vegan - quite a famous word among the new generation and a status symbol nowadays. Be it clothing or diet. people across the globe have become quite obsessed with veganism. People unenlightened by the history of it. tend to follow it impulsively. Some believe in strict veganism while some bend rules as per their devotion while the purpose and sentiments behind this remains the same - a sense of guilt. in the heads of one section of the society who has finally realized that they are not the master species on this planet and have started to fix the victimization of animals over plenty of decades.

The term vegan was coined around c. 973–c. 1057. But I believe that its significance has increased drastically in the past few years. What is veganism truly? Veganism is complete cut off of all the products yielded from animals and relying entirely on plants. Vegans are different from vegetarians but are referred as 'strict vegetarians'. Veganism is not confined to diets, it can include clothing, toiletries, insect products, pet food, other products and farming practices. Vegans are basically a worldwide society of people who defy any form of exploitation and cruelty to all animals. Veganism is also categorised into different categories like ethical vegan environmental veganism among the major set and dietary vegans, whole-food vegans, junk-food vegans, etc among the others. An ethical vegan is someone who entirely opposes the use of animal-based products and not just stick to refraining it from their diet while an environmental vegan is someone who opposes the use of animals for factory farming.

Worldwide, vegan day is celebrated on 1st November and the whole month is noted as vegan month by hundreds and thousands of supporters. The day marks the importance of vegan in our lives bringing in not only health but also compassion in the hearts of people towards animals.

In my opinion, veganism might be easier to follow for vegetarians than it is for non-vegetarians. Eating is a choice and everybody has the liberty to choose what they choose to eat and there might be a part of non-vegetarians that still wants to go back to their lifestyle before adopting veganism. So as a reminder, for everyone who in a good way, gave up what they once liked; this day is celebrated, to keep this section of society strong in its will and motives and further promote the cause. A day that represents a society is meant to be special. The event was established in November 1944 by Louise Wallis. Louise Wallis – the man behind choosing the date 1st November for the society because he believed that the particular date was apt and auspicious as it coincides with Halloween. the Day of the Dead which marks traditional time for celebrating!

It's important to understand the sentiments behind the creation of this society, it's a good cause and is appreciated worldwide. But let's be practical, food and farming industries are not the only ones responsible for animal cruelty. Circuses, zoos, dolphinariums and many other organisations are responsible for the exploitation of animals. Looking at the brighter side, veganism is just one step towards a rather deep-rooted issue.

~SIYA VERMA
21BEC0329



~GNANESHWAR U
21BEI0030

VEGANISM

Shouldn't I be allowed to leave in peace?
 Why should my kind, continue to cease?
 You humans are filled with greed,
 Our limbs, satisfy your wants not your needs.
 Mustn't we enjoy our life?
 Preferably, without being cut by a knife.
 Our life is always on the line,
 Will there ever be a day for us to shine?
 We aren't born to become a human's meal,
 Running from other animals, is already a lot to deal.
 Do you humans have no shame?
 What will become of the earth and your health ?
 Do you not think of the longer game?
 The food from plants, is the best for one's diet.
 Vegetarian food keeps the body in shape
 and the mind peaceful and quite
 Exquisite taste and a variety of dishes,
 Isn't that enough to fulfil your requirements,
 why must you feed on fishes?
 Vegan food is easy to digest,
 unlike the consumption of meat.
 Yet you selfish humans crave our flesh
 and pull us off the sea or the street,
 From that very moment we struggle,
 fight for our lives and scream,
 But our voices are never heard,
 we are like sitting ducks,
 going to be slaughtered,
 living is now a mere dream.
 To all of humanity, we voice our concern
 It isn't too late to learn,
 For a long healthy life ,you must eat well
 The butcher must think twice before he sells
 Veganism is the best form of living ,
 Respect animals and be kind to the plants which are
 eternally giving.
 Go green, Spread the word, help protect wildlife,
 and stop being so mean!

~SAI DYUTHI VAISHNAVI VADDIPARTHI
 20MIC0014

ANNOUNCEMENT!

Entries Invited!

We invite all our students to showcase their masterpiece with talent and skills. Submit your entries by the **January 5th** - be it *designs / articles / artworks* or *poems* - based on the Theme of ***Pollution or Human Rights***

Scan the QR given below and get a chance to be featured in the DSW Newsletter.

SCAN QR



Thank you!



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(Deemed to be University under section 3 of UGC Act, 1956)

For any queries, contact us:

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Designed By:



Pranjal Gupta



Sushant Srivastav



Abhishek S Chaudhary

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