# Newsletter July'23



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### **KOKORO: Mental Health Awareness Session**

Channa Reddy Hall

04/07/2023

The Office of Students' Welfare successfully hosted a comprehensive five-day Session on Mental Health Awareness, held from July 4th to July 8th, 2023, collaborating closely with Student Counsellors. Esteemed speakers shared their expertise and insights on various crucial topics, guiding the participants towards a deeper understanding of their mental health journey.

Dr. Rita led an engaging discussion on mental well-being, highlighting the significance of nurturing a healthy mind. Mr. Felix's presentation, "Time isn't the main thing. It's the only thing," encouraged attendees to value their time and prioritize self-care. Mr. Blessing Calvin delved into the theme of self-love, stressing the importance of building a positive self-image. Other notable sessions included Mr. Parthiban's exploration of conquering procrastination, Dr. Jetson Satya Gospel's eye-opening dialogue on eating disorders, and Mr. Clinton's insightful perspective on self-identity within relationships. Dr. Dhanalakshmi guided participants on incorporating mindful practices into their daily routines, while Mr. Hariharan offered strategies for enhancing academic productivity. The ever-relevant topic of managing mental health in the digital age was expertly addressed by Mr. Muralitharan. Mrs. Reshma underscored the role of emotional maturity and self-esteem in academic achievements. Ms. Beulah delved into the subconscious mind's intricate state through "Subconscious State of Rainbow," and Ms. Lakshmi A concluded the session with a heartfelt "Letter to my Younger Self."

In its entirety, the event provided an invaluable platform for nurturing mental health awareness, promoting self-growth, and fostering a supportive community among the participants.











### **KOKORO: Mental Health Awareness Session**

 ♀ Channa Reddy Hall
 04/07/2023













### Kalakam

Channa Reddy Hall 10/07/2023

"My end shall be the beginning," the resonating dialogue from the intense drama "Kalakam," captures the essence of bravery, identity, and resistance portrayed by Indian soldiers fighting against the Britishers during the Vellore Sepoy Mutiny of 1806. This impactful drama, directed by Souparnika Satheesh, Elijah Fernandez, and assisted by Shravani Abhisheki from the Dramatics Club, brought history alive on the stage with breathtaking performances by student actors.

The Vellore Mutiny, which occurred half a century before the Indian Revolt of 1857, erupted on 10th July 1806 in present-day Tamil Nadu. Although it lasted only a day, its brutality and significance shook the foundations of the British East India Company. It became the first major mutiny by Indian sepoys within the East India Company, setting a precedent for future acts of resistance against colonial rule.

"Kalakam" not only showcased a historical event but also evoked a profound emotional response, prompting the viewers to contemplate the sacrifices made by those who fought for their identity and freedom. It left an indelible mark on the hearts of the audience, reminding them of the significance of their heritage and the importance of remembering and learning from history. Through compelling storytelling and remarkable performances, "Kalakam" instilled a sense of responsibility and empowerment among the viewers, inspiring them to stand up for what they believe in and take pride in their cultural heritage. As the curtain fell on this extraordinary performance, it was evident that "Kalakam" was more than just a play; it was a journey through time, awakening a sense of national consciousness and rekindling the flame of patriotism. The impact of this drama extended far beyond the stage, leaving the audience with a renewed sense of purpose and a commitment to shaping a brighter future, where the end of oppression and colonial rule would mark the beginning of a new era of freedom and self-determination.









### **Welcoming Freshers 2023**

Anna Auditorium 17/07/2023

The Freshers' Induction Programme at VIT, was conducted on the 17th of July for the Batch of 2023, setting the stage for an incredible academic journey ahead. The event was graced by esteemed dignitaries and academic leaders who shared their wisdom and valuable insights with the newly enrolled students from various streams, including BCA, BDes, BBA, BCom, and BSc.

Hon'ble Chancellor, Dr. G. Viswanathan said "When you come to VIT, you become a citizen of the world". He insisted to be ethical and utilize all the available resources to grow in an intellectual manner.

Mr. Sankar Viwanathan, the Vice President of VIT, delivered a stirring speech urging the students to uphold the core values of the institution by following the 3Ds - Duty, Dignity, and Discipline. He emphasized that these principles would not only shape their academic pursuits but also mold them into responsible and respectable individuals ready to contribute positively to society.

Dr. G.V. Selvam portrayed VIT as a close-knit family, and in doing so, reminded the students of the significant role their parents play in their lives. He encouraged them to cherish the moments when they make their parents proud, placing such occasions second only to their birthdays. Dr. Selvam also enlightened the freshers about the value of pursuing master's degrees, advocating continuous learning and personal growth. He shared the H-H policy - Honesty and hard work - as the key to achieving success in both their academic and professional endeavors.

The presence of distinguished members of the university administration added grandeur to the occasion. Dr. Rambabu Kodali, the Vice-Chancellor, Dr. Partha Sharathi Mallick, the Pro-Vice Chancellor, Dr. T. Jayabarathi, the Registrar, and Dr. G. Kalaichevan, the Director of UG Admissions, Deans and Directors, and fcaulty members inspired the students with their vision for the institute and their commitment to fostering an environment of excellence and innovation.









# British Petroleum Team Display of Vehicles

Anna Auditorium

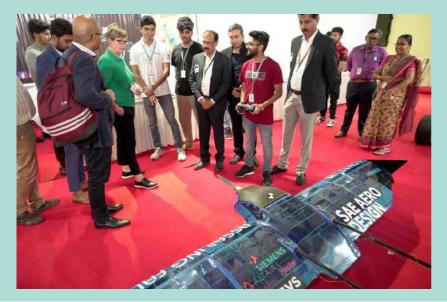
19/07/2023



A four-member delegation of British Petroleum (BP) from the United Kingdom visited to create awareness on digital trends and explorations in the energy industry. The delegation included Joanne Legge, vice president, global innovation & engineering, BP (UK), Chandan Nirvikar, principal software engineer, S. Subramanian, senior lead, early careers, India innovation & engineering, BP and Kisan Agarwal, lead, digital strategy & optimisation, BP.

Ms. Legge and her team also held an interaction with students during which Ms. Legge gave insights into digital transformations in the energy industry, and also outlined the best practices adopted by BP. The delegation then visited an exhibition in which students showcased their innovative projects and following teams interacted with the delegates.

Team Pravega, Team Kshatriya, Team Sammard, Team RevMechanics, Team Assailing Falcons, Team Jaabaz, Team RoverX, Team Celerity and Team Albatross.









### **Akhil Bhartiya Shiksha Samagam 2023**

**Channa Reddy Auditorium** 

19/07/2023

#### Webcasted from New Delhi by NIC (National Informatics Center)

Honourable Prime Minister Shri Narendra Modi inaugurated the Akhil Bharatiya Shiksha Samagam on 29th July 2023 at Bharat Mandapam, Pragati Maidan in Delhi at 10:00 AM. in commemoration of 3 years of introduction of national education policy 2020. The Office of Students' Welfare organized a webcast session and invited the students to participate in the inaugural of the event. Vice chancellor Dr. Rambabu Kodali, Director of Students' Welfare Dr. C D Naiju along with the Assistant Directors of Students' Welfare, faculty member and staff members joined to view the session with the students.

Balvatika - Following our Indian tradition children touched the feet of our honourable Prime Minister and he felt deep connection with children & was concerned about their growth. Make in India and Made in India are the great mottos of our Honourable Prime Minister Shri Narendra Modi. Welcome song was sung by the school students. The inaugural ceremony begins with the Honourable Education Minister Shri Dharmendra Pradhan welcoming the Honourable Prime Minister Shri Narendra Modi. Short video illustrating the positive transformations as a result of NEP-2020 in education sector from 2020 to till now was played. A student gifted a painting to the Honourable Prime Minister Shri Narendra Modi.

Holistic development of younger generation and education plays a crucial role in developing sound future citizens. In this regard PM SHRI school initiative was announced, it is a centrally sponsored scheme by the Government of India. First instalment for the same was released. Fourteen thousand and five hundred PM SHRI schools will be established around the country for the benefit of the Digital apps like Diksha, Swayam, Swaya Prabha enhances the reach of the education. Need of the hour is fusion of vocational education with general education. India will be leading in the software technologies, space technologies, defence technologies and start-ups. Artificial Intelligence, prompt engineering related branches are to be opened in IITs of United Arab Emirates and Tanzania. Global university of Australia to be built in GIFT City of Gujarat. Honourable Prime Minister's vision for 100 years of Indian Independence is "India should become a developed nation and every citizen should play a constructive role for it".



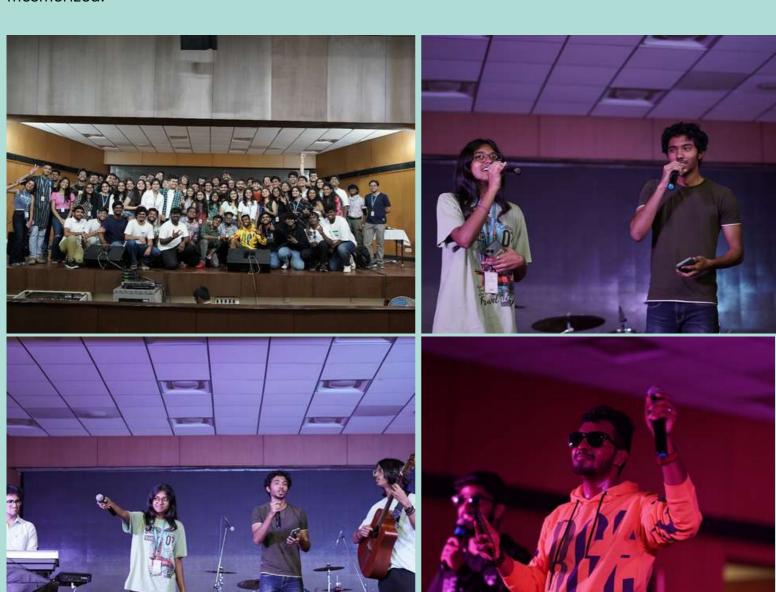


### An evening with Butter Biscuit The band

Anna Auditorium 29/07/2023

The Office of Students' Welfare in collaboration with VIT Music Club organized a special performance by the Music band, Butter Biscuit formed out of the Madras Christian College on 29th July 2023. A variety of hit songs from Tamil, Telugu, Hindi, and Malayalam were performed in the show. A few of their hit numbers are Jiya jale, Nenjukul peithidum maamalai, Kesariya, Bullaya, Mazhai vara, Pavizha mazhaiye pogudhe.

Hailing from various musical backgrounds, Butter Biscuits are a band with music that transcends genres and brings people from all walks of life together. They have performed at various universities such as the WCC College, the Chengalpattu Medical College, and PIMS Pondicherry. They have performed at the celebrated stage in Phoenix Market City Chennai, this group is sure to left us mesmerized.



### **Funk Fusion**

Anna Auditorium

30/07/2023

The Office of Students' Welfare, in collaboration with the Dance Club, organized a captivating and exhilarating workshop titled 'Funk Fusion' by the incredibly talented hip-hop dancer, Sandy Sundar, at the prestigious Anna Auditorium on 30th July.

Sandy Sundar, a renowned name in the world of dance, brought his exceptional skills and magnetic stage presence to this workshop. As a gold medalist of the esteemed IDO Asia Dance Festival and a finalist in the popular reality dance show 'Kings of Dance,' Sandy Sundar has carved a niche for himself in the dance industry. The workshop began with an air of excitement as eager participants, both seasoned dancers and beginners, filled the auditorium with anticipation. Sandy Sundar, known for his humility and passion for dance, wasted no time in making a powerful connection with the attendees. His infectious energy and genuine love for the art of dance set the tone for an unforgettable experience.

Throughout the workshop, Sandy Sundar guided the participants through a fusion of hip-hop and contemporary dance styles. He emphasized the importance of connecting with the music and using movement as a form of self-expression. From intricate footwork to fluid body isolations, the workshop covered a wide range of techniques and choreography that left everyone in awe.

The attendees were enthralled by Sandy Sundar's ability to effortlessly combine elements of funk, hip-hop, and contemporary dance into a seamless and dynamic performance. With patience and encouragement, he worked with each participant, providing valuable feedback and individual attention. The atmosphere inside the auditorium was electric as participants embraced the rhythm and vibe of the workshop.

The 'Funk Fusion' workshop by Sandy Sundar was undoubtedly a resounding success, leaving a lasting impact on all those who attended.

The event was remarkable and encouraged students to explore their talents. Through events like this, the Office of Students' Welfare and the Dance Club continues to nurture creativity, talent, and personal growth among students, making a profound impact on campus life.







### 7th Hero Men's Asian Champions Trophy

**♀** Greenos 31/07/2023

The 7th Hero Men's Asian Champions Trophy took place at Mayor Radhakrishnan Hockey Stadium, Egmore, Chennai, from August 3 through August 12, 2023. It was organised by Hockey India and the Sports Development Authority of Tamil Nadu. The top six Asian countries competed for the coveted championship. The tournament happened in Chennai after a gap of 16 years and countries like India, Pakistan, China, Malaysia, Japan, and South Korea played for the Asian Champions Trophy. Thiru. Durai Murugan, Hon'ble Minsiter for Water Resources, Tamilnadu Govt was the chief guest for the event. Hon. Chancellor Dr. G. Viswanathan, District collector Thiru. P. Kumaravel Pandian I.AS., DIG of Police, Vellore Range Dr. M.S. Muthuswamy I.P.S, Anaikattu M.L.A Thiru A.P. Nandakumar, Gudiyattam MLA Thirumathi. Amulu Vijayan, Vellore Mayor Thirumathi. Sujatha Anandakumar, district hockey secretary Thiru. D. Clement, VIT Vice-Presidents Thiru. Sankar Viswanathan, Dr. G.V. Selvam and other dignitaries unveiled the trophy amid roaring applause from the audience. As a message of saving the environment, the organizers distributed tree saplings to the participants. To honour, promote, and increase awareness of the Asian Trophy, the Hockey Unit of Tamil Nadu has scheduled a tour. The tour will travel through every District in Tamil Nadu and arrive in Vellore on 30 July. The prestigious Pass the Ball Trophy Tour of Asian Champions Trophy of Hockey 2023 trophy displayed at the Vellore Institute of Technology on July 31 from 10 to 10.30 a.m. at Greeno. VIT students took part in the event and had the privilege to host the event at a large grandeur.









### **EVENTS OF THE MONTH**

#### ComPi 5.0

#### SIAM-VIT

A coding contest to test programming skills against questions set by industry experts as SIAM-VIT teams up with Coding Ninjas for a 2 hour coding session, from topics like dsa to debugging. The winners received prizes from Coding Ninjas.

#### **Privacy and Surveillance**

#### Fifth Pillar

The Fifth Pillar hosted a quiz on Privacy and Surveillance that tested participant's understanding and knowledge of unfair society practices that are used in India in the aspect of Privacy and Surveillance.

#### **Population Puzzle**

#### **Youth Red Cross Association**

As population increases at an exponential rate and resources go down, it becomes imperative to discuss measures to address the burgeoning number of people on the planet and the planet's inability to support life in great numbers, YRC came up with an online quiz that aims to bring awareness regarding the increasing world population and its consequences.

#### The Mandela Essence

#### **FEPSI**

On the occasion to commemorate sacrifices of Nelson Mandela, FEPSI brought "The Mandela Essence"- an Instagram quiz to recollect some facts and memories associated.

#### The Seed Project 2.0

#### **Nature Lovers' Club**

A seed sowing evolutionary event, where Students could bring their diverse variety of seeds to the coordinators to help them create seed balls and scatter them across to make the world a greener place.

#### **Anchor Blitz**

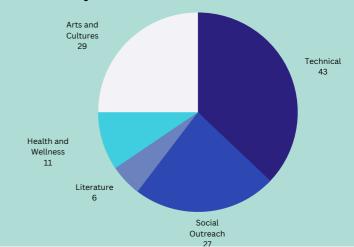
#### **Anchoring Club**

An interactive quiz designed to challenge ones understanding of the captivating world of anchoring from famous anchors to memorable moments in reality shows.

#### **Population Pulse**

#### **IEEE - Industry Applications Society(IAS)**

This event explored the intricate relationship between technology and the population involved. Through engaging keynote speeches gained valuable insight into latest advancements in technology-driven research and its diverse applications across various industries. They touched upon some technical topics such as Artificial Intelligence and Big Data Analytics and much more.



# EMINENT TALKS



**VentureVerse**, was an entrepreneurship-themed speaker event by **Biotech Research Society**, where **Mr. Adharsh G**, CEO and founder of Vifr Technologies VIT-TBI, shared information about startups, funding opportunities for creating new startups, effective brainstorming techniques, and the process of transforming project ideas into successful business models.

Mr. Sujan Kulkarni, a geotechnical engineer with over six years of experience, gave a guest lecture on deep foundation testing covering the basics of deep foundation testing, including the diverse types of tests. He also discussed the future of this field and how deep foundation testing is playing a role in it and his insights on the career opportunities available in the field in an event **Deep Foundation testing:** An experts overview by **IGS-VIT** 





**Dr. Sreeja S** is an esteemed Associate Professor at the School of Biosciences and Technology, VIT Vellore. With a specialization in bioprocess optimization, she has made significant contributions to the field of biotechnology. She has also made notable academic contributions, with the publication of 9 papers in high impact factor journals. She was invited as guest speaker in an event **Product Xcellence** by **Biotech Research Society.** 

Rotaract club of VIT conducted an insightfull event Addiction is an Abduction of the Self led by expert Dr. Nagendra Kumar, exploring the psychological and emotional aspects of addiction, recovery, and reclaiming one's true self. Dr. Kumar obtained his Ph.D in English Literature from Banaras Hindu University (BHU), Varanasi specialises in language, literature and communication and soft skills.





Mr. Sunil Kumar Yadav is General Manager at M&S, Amphenol Interconnect Pvt. Ltd., Ghaziabad and was the esteemed speaker for a seminar on "Advancements in Electronic Warfare Systems for Military and Aerospace Technology".

## **ACHIEVEMENTS**



N. Dhanasekaran, a BSc Visual Communication student at VIT, won the gold medal in the Tamil Nadu State Chess Boxing Selection Trials held in Salem on July 8, 2023, and being chosen to represent Tamil Nadu in the National Chess Boxing Championship to be held in Darjeeling, adding another laurel to VIT!





Our Mechanical Engineering student, Ankit Kumar added another feather to the crown of VIT by winning a Bronze Medal in the Junior National Classic Power lifting Championship held at Ranchi from 06.06.2023 to 11.06.2023.





Sunayana Chawla won the "Star Miss Supermodel India 2023" contest organized by Star Entertainment Production held in Jaipur from 13th July to 16th July. Sunayana won the beauty pageant amidst 18 finalists across the country, and she will now represent India at an international level for Miss Eco-Internationals which will be held in Egypt in February 2024.





Ms. T. Tharushiya (I MCA) has brought laurels to VIT by winning a Silver Medal in the Open National Indoor Archery Championship 2023 held at Erode on July 09, 2023





"Team Albatross" from VIT won second prize in the SAE ISS Drone Development Challenge 2023 (Regular Class) conducted by Rajalakshmi Engineering College and acquired a cash prize of Rs.45,000/- for their accomplishments.



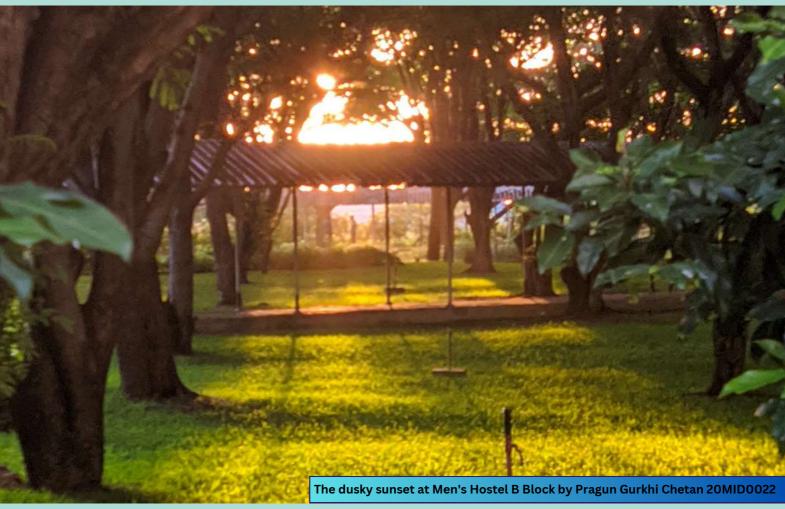
## Be A College Star. Scan the code and get a chance to be featured in the SW Newsletter. Join Us Now!!



**Talent Forage:** We invite all our students to showcase their masterpieces with talent and skills. Submit participants entries by 30th June: designs/articles /artworks or poems- based on the themes: **Friendship / Renewable Energy / Women Equality** 



**VIT Click:** Click pictures inside/of the campus and mention date, time & location of the same to get a chance to be featured in the next SW Newsletter.





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