

# **Academic Year 2016-17**

## **Faculty Advisors**



**Dr V. Suneetha**

**Professor,SBST**

**YRC Zonal Coordinator**

## **Student Coordinators**



**Eshita Singh**



**Achran Jain**



**Shubham Pandey**

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**OFFICE OF STUDENTS' WELFARE**

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	BLOOD DONATION CAMP	Date	01:07:2016
Venue	CS Hall	No. of Participants	555+
Description Event			

A blood donation camp was organized by Youth Red Cross VIT on 1st August, 2016 (Monday) at C.S Hall from 10am onwards. Our **Honourable Chancellor Dr G.Viswanathan** inaugurated the camp. Doctors and their team of staff members from both **CMC** and **Government hospital** were present and involved in collecting blood from donors. Over 555 people including students and faculties participated in the event and **250 units of blood** was donated to CMC and government hospital.

YRC volunteers of VIT University actively participated and helped the doctors and donors during the Camp. The event was a grand success both in terms of participation and in the collection of blood.

Collaborating Agency/Club/Chapter/Others:

Photo





**OFFICE OF STUDENTS' WELFARE**

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	CASA-MASKED RALLY AGAINST SUBSTANCE ABUSE	Date	10:02:2017
Venue	In Front Of SMV	No. of Participants	34
Description Event			

Event focused on highlighting the harmful effects of smoking and drug abuse & to also encourage students to not indulge in smoking and to quit.

A rally was organized by YRC Volunteers from SJT.

The volunteers of YRC wore masks and carried posters which showed the harmful effects of smoking and helped in promotion of CASA.

The rally gathered a **Huge crowd** which helped the event to become a huge success.

Volunteers were spreading the message outside the campus through poster display and wearing masks.

YRC volunteers were Successful in bringing out the issue of CASA and the harmful effects of smoking and drug abuse by active participation.

Collaborating Agency/Club/Chapter/Others:

Photo



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## OFFICE OF STUDENTS' WELFARE

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	DOCTOR'S SESSION	Date	02:08:2016
Venue	SMV 209	No. of Participants	100
Description Event			

A session with doctors to spread awareness about the criteria for donor eligibility for blood donation and the measures to be taken after donation.

**Two doctors** came for the meet- one from **CMC** and the other from the **Govt. hospital**. They mentioned the precautions to be taken before and after donating blood.

The doctor's debunked myths regarding blood donation and urged more people to be a part of this noble act. Overall, the session was informative and received a good turnout.

### Photos





## OFFICE OF STUDENTS' WELFARE

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	Five Star	Date	13:04:2016
Venue	CS Hall	No. of Participants	250
Description Event			

The event was to facilitate student's well-being by checking the five most important parameters of health which are **Eye sight, Color Blindness, Body Mass Index, Hearing correctness and Blood Pressure.**

Two health care providers from the health Centre of VIT University were present to check the eyesight and blood pressure of the students. Simultaneously, the volunteers of Youth Red Cross, VIT were checking the height and weight to calculate the body mass index and hearing was been tested using a software "HEARING TEST".

Ophthalmologist recommended computer generated images were used to confirm for color blindness in any student.

Overall this event saw the participation of **250 People** including students and faculties of VIT University. The event was a grand success both in terms of participation and creating awareness amongst students with regards to their level of well being





**OFFICE OF STUDENTS' WELFARE**

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	ALL INDIA FIVE-DAY NATIONAL LEVEL TRAINING AND STUDY CAMP FOR YRC VOLUNTEERS AND PROGRAMME OFFICERS: <b>Day 1</b>	Date	25:03:2017
Venue	TT Ambedkar Auditorium	No. of Participants	100+

Description Event

Session 1:  
 HISTORY, PRINCIPLES AND STUCTURE OF RED-CROSS SOCIETY  
 Guest Speaker: **Mr. C . INDERNATH , General Secretary IRCS, Vellore**

Session 2:  
 HUMANITARIAN MOVEMENT- ROLE OF YOUTH RED CROSS  
 Guest Speaker: **Mrs. SUSEELA SURYA PRAKASH , Chairman IRCS, Vellore**

Session-3  
 GOAL SETTING AND EMOTIONAL INTELLEGENCE  
 Guest Speaker: **Sri S Krishnamurthy, Corporate trainer, Chennai**

Session-4:  
 Swacch Bharat Abhiyan- Green and Clean Technologies for the future world  
 Guest Speaker: **Dr. R.Natarajan, Director, CO2 research center, VIT University**







**OFFICE OF STUDENTS' WELFARE**

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	ALL INDIA FIVE-DAY NATIONAL LEVEL TRAINING AND STUDY CAMP FOR YRC VOLUNTEERS AND PROGRAMME OFFICERS: <b>Day 2</b>	Date	26:03:2017
Venue	TT Ambedkar Auditorium	No. of Participants	100+
Description Event			

Session-5 Yoga -Magic of Life

Guest speaker - **Dr .P.Mangayarkarasi Arun, Deputy Director,Dept Of Physical Education**

Session 6: ETHICS AND VALUES -(PROS AND CONS OF COMMUNICATION MEDIA)

Guest Speaker : **Dr . K. CHIDAMBARAM, Director, VIT Community Radio and Proctoring Scheme**

Session 7: 'EMERGENCY SITUATION AND DISASTER MANAGEMENT'

Guest speaker-**Dr. GANAPATHY G.P, Associate Professor, CDMM**

Session-8 FIRST AID TRAINING

Guest speaker-**Mr. T.S. RAVIKUMAR , Head Nursing, CMC, Vellore**

Session-9 Campaign against Substance Abuse

Guest speakers- Alcoholic anonymous Group





**OFFICE OF STUDENTS' WELFARE**

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	ALL INDIA FIVE-DAY NATIONAL LEVEL TRAINING AND STUDY CAMP FOR YRC VOLUNTEERS AND PROGRAMME OFFICERS: <b>Day 3</b>	Date	27:03:2017
Venue	TT Ambedkar Auditorium	No. of Participants	100+
Description Event			

**Session10:**

Yoga -Magic of Life

Guest speaker - **Dr .P.Mangayarkarasi Arun, Asst.Director,Department Of Physical Education**

Flag hoisting

Venue-Greenos,

Time- 9.30 am

**Golden Temple ,Sripuram Visit**

The final visit for the day was to the Golden Temple where every programme officers and YRC volunteers offered their prayers.Buses were arranged for the safe travel of all the participants from and to VIT University.





**OFFICE OF STUDENTS' WELFARE**

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	ALL INDIA FIVE-DAY NATIONAL LEVEL TRAINING AND STUDY CAMP FOR YRC VOLUNTEERS AND PROGRAMME OFFICERS: <b>Day 4</b>	Date	28:03:2017
Venue	TT Ambedkar Auditorium	No. of Participants	100+
Description Event			

**SESSION-11**

**PATHOGENIC MICROBES- EMERGING DISEASES**

Guest speaker: **Dr.SUNEETHA V, Microbiologist, Asso. Professor, VIT University, Zonal Coordinator, YRC, Vellore.**

**Session-12:**

**Life Skills Coaching and Counselling**

Guest speaker –**Mr.T,Paul Veda muthu ,Head , Counseling division**

**Session- 13**

**Service and Happiness**

Guest speaker –**Sri Kirupahara Daniel, MBKG, Kasam**

**Session- 14**

Guest speaker-**Dr. Dolly Daniel , Associate Deputy Director, Tansfusion medicine, CMC**





**OFFICE OF STUDENTS' WELFARE**

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	ALL INDIA FIVE-DAY NATIONAL LEVEL TRAINING AND STUDY CAMP FOR YRC VOLUNTEERS AND PROGRAMME OFFICERS: <b>Day 5</b>	Date	29:03:2017
Venue	TT Ambedkar Auditorium	No. of Participants	100+
Description Event			

Session-15  
 Yoga -Magic of Life

Flag hoisting  
 Venue-Greenos, Time- 9.30 am

Session-16  
 TRAUMA CARE  
 Guest speaker: **Dr Benedict, an expert in Trauma Care**

Session-17  
 Guest speaker: **Dr Rajkumar, a distinguished social activist**

**Photo**





## OFFICE OF STUDENTS' WELFARE

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	ORPHANAGE VISIT	Date	31:07:2016
Venue	Kasam Orphanage in Vellore	No. of Participants	35
Description Event			

The orphanage is home to 130 children and 80 aged women.

Youth Red Cross faculty coordinators addressed the children about the importance of education and urged them to work hard to realise their dreams. They also offered to provide them with e-books and any assistance necessary for their studies.

Volunteers **Donated Clothes, Books and Other Necessities** to the orphanage. Cake, biscuits and chocolates were distributed among the children. They were also given pencil boxes, while the women were given saris.

The children and the volunteers **Danced and Sang** together. Various games were organised and a quiz was conducted where every child who answered correctly was given a chocolate.

Volunteers also spoke about the dangers of consuming alcohol and drugs.

Towards the end of the day, the Director of the orphanage thanked the Youth Red Cross for visiting and appreciated their initiative. All in all, it was an enriching experience for the Youth Red Cross.





## OFFICE OF STUDENTS' WELFARE

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	PHASE (Personal Hygiene and Sanitation Education)	Date	21:09:2016
Venue	In Front Of SMV	No. of Participants	700
Description Event			

Mission was to make people understand that personal hygiene and keeping the surroundings clean is important for others and also oneself.

To make the girls understand the importance of keeping the washrooms clean and hygienic.

There was online publicity by sharing the poster and reaching most of the people. A skit was performed in front of SMV which emphasized on spreading awareness regarding personal hygiene and sanitation.

It was followed by a seminar which was conducted in the girls hostel, the girls were called from their rooms to a common place and the importance of throwing sanitary napkins.

This event has highlighted the importance of hygiene in front of the people which must have increased their sense of responsibility towards cleanliness and hygiene.

The girls understood the importance to keep the washrooms clean and hygienic for others and their own benefit.





**OFFICE OF STUDENTS' WELFARE**

Club Name	YOUTH RED CROSS SOCIETY		
Event Name	ROAD SAFETY CAMPAIGN	Date	24:08:2019
Venue	Hill Top	No. of Participants	16
Description Event			

To spread awareness about the importance of road safety in today's world.  
 To reduce the amount of casualties which number more than 2,50,000 p.a.  
 To do so in an unconventional manner so as to maximize the outreach of the message.

To display impactful messages as a gentle reminder to be more careful while on road.

A huge banner was printed and tied across the stones high up the hill which was visible to the drivers on the highway down below, serving as a reminder for them to drive safe.

This was done with the permission of **Vellore MP Mr. B. Senguttuvan** who graced us with his humble presence.

The **Police community** was present and enlightened us about the issues and precautions regarding road safety.

Reminders were roped on to balloons which were then released to find someone and reminding them about the importance of road safety. Placards urging everyone to practice road safety were placed throughout the trekking route.

