

VIT'S

LADIES HOSTEL ANNUAL NEWSLETTER


THE WING 3.0

2024-2025



VIT[®]
Vellore Institute of Technology
(Deemed to be University under section 3 of UGC Act, 1956)

A place to learn. A chance to grow.



THE WING 3.0

Chancellor's Note



Dr. G. VISWANATHAN
Founder & Chancellor
Former Member of Parliament
Former Minister, Govt. of Tamil Nadu
President, Education Promotion Society for India, New Delhi

MESSAGE

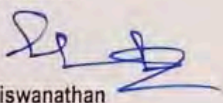
I am glad that the Ladies Hostel has brought out the annual Newsletter for the current year 2025. The VIT Ladies' Hostel has been providing facilities to address the needs of students from different social and cultural backgrounds. Hostels are indispensable in the Indian environment, to provide a safe, **secure**, healthy, and hygienic atmosphere for the students to study well. The VIT hostels are manned by responsible and caring staff and are equipped with the best possible facilities to make life comfortable for the residents.

The Newsletter portrays the activities and achievements of the ladies hostels, highlighting the contributions of the inmates towards social and economic causes and their participation in extracurricular activities. I extend my best wishes and appreciations to the students for such initiatives in spite of their rigorous academic schedules. I am sure that these experiences will have a lasting effect on the lives of the students. Hostel life is a game changer because it teaches the inmates to be responsible for themselves and to care for fellow residents. It nurtures a sense of sharing and caring.

At this juncture, I applaud the sincere efforts of the Director, the wardens and the hostel staff for providing tender loving care to the students who come from different cultural backgrounds.

I congratulate the members of the editorial board on meticulously publishing the Newsletter, which will serve as a record of activities, and as a document for future references.

With best wishes,



Dr. G. Viswanathan
Founder & Chancellor

20 August 2025

Vellore – 632 014, Tamil Nadu, India; Tel.: + 91 416 224 3100; E-mail: chancellor@vit.ac.in
Chennai Campus: Vandalur - Kelambakkam Road, Chennai - 600 127, Tamil Nadu, India; Tel.: + 91 44 3993 1555
VIT - AP University, Near AP Secretariat, Amaravati - 522 237, Andhra Pradesh, India Tel.: + 91 863 237 0555
VIT - Bhopal University, Bhopal-Indore Highway, Kothrikalan, Sehore - 466 114, Madhya Pradesh, India; Tel.: + 91 7560 254545
www.vit.ac.in

Contents

1. Prologue

2. Introduction

3. Events

3.1 Self defence Workshop

3.2 Zumba Workshop

3.3 DJ Night

3.4 Freshers' Day

3.5 Ayudha Pooja

3.6 Pongal Celebration

3.7 Fire and Safety

3.8 International Women's Day

3.9 Talent Show

3.10 Holi

3.11 Movie Night

3.12 Open Mic



Contents

3.13 Staff Outing

3.14 Clean Room Contest

3.15 Poem Composing Contest

3.16 House Keeping Cultural Event

3.17 PCOS Awareness Workshop

3.18 Infinito 3.0

4. Ladies Hostel Review Committee

5. Voice of Ladies Hostel

6. Creative Corner

7. Ladies' Hostel Student Committee

6.1 President's Note

6.2 Vice-President's note

6.3 Heads' Notes

8. Epilogue

9. Ladies Hostel Team

10. Newsletter credits

Prologue

“In the fabric of hostel life, every moment is a stitch, every smile a color, and every shared story a timeless pattern”

VIT — a renowned institution celebrated for its excellence and innovation — continues to be guided by our Founder Chancellor, Dr. G. Viswanathan, along with the Vice President, Vice Chancellor, Pro-Vice Chancellor, Registrar and Executive Director. It is with great joy that we present the 9th edition of our annual newsletter, Wing 3.0, thoughtfully prepared by the Ladies Hostel Students Committee (LHSC) and supported by our dedicated hostel administrators and staff.

This year's edition reflects a collection of memories that embody our core values of creativity, resilience, and inspiration. It is a tribute to the laughter, the challenges, the midnight conversations, and the friendships that grow stronger with time. We hope these pages remind you that even in the busiest days, there are moments that shine — moments that help us spread our wings and take flight towards new horizons.

Our editorial team has sought to capture the unfiltered essence of hostel life — the comfort of familiar faces, the thrill of shared experiences, and the magic of turning a place into a home. Through every photograph, anecdote, and reflection, you'll find threads of nostalgia woven with the promise of a bright future.

As we look back on the journey of 2024–2025, may these stories inspire you to embrace the years ahead with the same warmth, courage, and camaraderie that make hostel life unforgettable.

Happy Reading!

Introduction

VIT stands as one of the most notable institutions, true to its reputation of delivering world-class education while ensuring a high standard of living for its students. This commitment is especially evident within the Ladies' Hostel, which is far more than just a boarding facility — it is a second home. Here, residents spend some of the most formative years of their lives, embracing independence, building friendships, and filling their days with vibrant experiences and cherished traditions.

The Ladies' Hostel comprises eleven blocks — Indira Gandhi, Kalpana Chawla, Mother Teresa, Jhansi Rani, Ida Scudder, Suu Kyi, Marie Curie, Dr Muthulakshmi Reddy, Sarojini Naidu, Guest House Annex and Rajammal Govindasamy Tower — with an accommodation capacity of around 8,600 residents. Guided by the Pro-Vice-Chancellor and administered through the Director, Chief Warden, and Associate Chief Warden, the hostel's smooth functioning is made possible by the dedication of wardens, managers, and office staff.

Prioritizing both safety and comfort, the hostel operates under 24/7 supervision with the help of block supervisors, security personnel, and a strong support system of student counsellors and housekeeping staff. The hostel offers a diverse range of facilities — from multiple dining options catering to vegetarian and non-vegetarian cuisines, to modern amenities like air-conditioned gyms, sports courts, swimming pool, music and driving classes, mechanized laundry, pharmacy, Wi-Fi, and even a beauty salon within the premises.

The Ladies' Hostel continues to be a space where well-being, learning, and personal growth go hand in hand. It strives to create opportunities that inspire, nurture talent, and shape the leaders of tomorrow.

As we turn the pages of this year's edition of Wing 3.0, may you relive the moments, celebrate the spirit, and carry forward the joy and inspiration of hostel life into the years ahead.



Self-Defense Workshop

Self-defence is not only a skill but a necessity in the modern world. With increasing consciousness about safety for people, especially women, being able to defend oneself is now a significant aspect of our lives.



An empowering Self-Defense Workshop was conducted by the VIT Vellore Ladies Hostel Office in the Anna Auditorium on 9th September 2024 between 06:00 PM and 08:00 PM. The objective of the workshop was to heighten the confidence levels of the participants in actual life situations while equipping them with effective personal safety techniques.

The workshop was led by an experienced trainer and mixed interactive learning with hands-on practice, encouraging participants to be aware. The passionate participation and great attitude in the room mirrored the effectiveness of the workshop, leaving everyone feeling better prepared and powerful. The program, which reinforced self-awareness and self-protection, was a resounding success with strong participation and good feedback. Participants departed feeling motivated and excited for further similar workshops.

"Self-Defense is nature's eldest law."

-John Dryden



Zumba Workshop

Dance the rhythm, feel the freedom.

On 5th September, 2024, the Ladies' Hostel was filled with a vibrant energy as a lively Zumba workshop was conducted from 6:30 to 8:30 PM. The excellent de-stressing session was a fusion of fitness, fun, and music in an electrifying session with an experienced trainer.

The residents' joyful dancing reflected the infectious vibe in the room, turning the workout into a joyous exercise in fitness and movement.

In addition to being an awesome physical workout, the session had everyone feeling more cheerful and positive. With an amazing mix of sounds from the modern and popular tunes, it was designed to all fitness levels and inspired all to find their own rhythm and groove. It was clear from the laughing and renewed excitement at the end of the program that this Zumba Workshop was a success, and the attendees were looking forward to similar fun events in the future.



DJ Night



The Ladies' Hostel came alive on DJ Nights held on 8th September 2024, 8th November 2024 and 11th January 2025 evenings which blended electrifying music, vibrant energy and unforgettable memories. These events served to be perfect breaks from the academic demands, offering a chance for everyone to let loose and connect.

The nights began with groovy tracks that set the mood, as our residents hit the dance floor with enthusiasm. The collection of songs kept the energy high with an eclectic mix of chartbusters, classics and popular requests, ensuring no one could resist joining in.

Everyone danced with carefree joy, moving to the rhythm in their own unique ways. The spontaneity and randomness on the floor only added to the charm, making those nights extraordinarily fun. With moments of laughter, cheering and shared joy, DJ Nights aren't just events—they are experiences that leave everyone eagerly looking forward to the next one.



Freshers' Day



University life will give you much more than just a degree - get ready for all kinds of adventures!

Freshers' Day marks the true beginning of a student's college journey, and this year's much-anticipated celebration was held on Friday, 20th September, at Anna Auditorium. Organized by the Office of the Ladies Hostel and LHSC, the evening commenced with a prayer song, the lighting of the lamp, and an introduction to the Ladies Hostel office. A proud moment followed as dignitaries unveiled the Ladies Hostel Student Committee Newsletter for 2023-24.



With excitement in the air, the festivities began. The stage came alive with diverse performances, from the rhythmic beats of Nepali dances to the elegance of classical forms, captivating solo acts, and powerful vocal performances. The highlight of the evening was the inspiring speeches by LHSC President Saloni Sinha and Vice President Suhasini Tiwari, followed by a reel showcasing LHSC's vision.



The event continued with a fun icebreaking session, stunning performances, and surprises, including a lively dance by the Wardens and an electrifying flash mob by LHSC members. The night ended on a high note with an Open DJ session, transforming the auditorium into a pulsating dance floor. With freshers reveling in the energy of the evening, Freshers' Day was an unforgettable success, setting the stage for an exciting year ahead.



Ayudha Pooja

Faith in every hand, grace in every craft.

On 10th October 2024, the ladies hostel came alive with the festive spirit of Ayudha Pooja. This cherished tradition, observed as part of the Navratri celebrations, reflects the essence of gratitude and harmony in every sphere of life.

The main Pooja ceremony commenced in the evening, attended by students, wardens and staff members. Hostel entrances were decorated by colourful rangolis and flowers.

The highlight of the evening was the Prasad distribution, where everyone shared the delicious offerings prepared for the auspicious occasion. The sense of unity and togetherness among the hostel residents made the event even more special.



Pongal Celebration

The Pongal celebration at VIT Ladies Hostel was a vibrant and culturally rich event, uniting students, wardens, and staff in a joyful harvest festival.

The morning commenced with traditional rituals, including the symbolic boiling of rice in decorated clay pots, signifying prosperity and gratitude to the Sun God. Wardens and hostel staff actively participated, guiding the students through the rituals and ensuring the authenticity of the celebration. Students adorned the hostel premises with colorful kolams (rangoli) and wore traditional attire, enhancing the festive atmosphere. The preparation of the sweet Pongal dish, made with rice, jaggery, and milk, was a communal activity that



fostered unity and cultural appreciation among the diverse student body. The event also featured traditional Tamil folk dances and music, performed by students from various backgrounds, showcasing the multicultural spirit of VIT. The enthusiastic participation of everyone involved made the celebration a grand success, reflecting the inclusive and harmonious environment of the VIT Ladies Hostel.



Fire and Safety

"A spark of awareness saves a world of flames."

A Fire and Safety Workshop was conducted at the Ladies Hostel to raise awareness and educate residents about fire prevention and emergency response. The session was organized by the hostel management in collaboration with the local fire department.



The workshop began with a brief introduction on the importance of fire safety, followed by a live demonstration on the use of fire extinguishers and evacuation procedures. Participants were trained on identifying fire hazards, responding to different types of fires, and basic first aid in case of burns or smoke inhalation.

The event saw active participation from hostel residents, who also engaged in a Q&A session with the fire officers. Overall, the workshop proved to be informative and empowering, equipping the students with essential safety knowledge and practical skills to handle emergencies confidently.



International Women's Day

International Women's Day, commemorated annually on March 8th, is a day to celebrate women's accomplishments and advance gender equality worldwide. This year the Ladies' Hostel Office at VIT celebrated International Women's Day on March 8, 2025, with an evening filled with fun activities.

The festivities began at 6:00 PM in the J-Block Amphitheater, with participatory games such as the Blindfold Makeup Challenge, Personality Swap, and Dumb Charades. The Message Wall became a place where everyone could express their ideas, and a contemplative Letter Exchange invited students to write notes to friends, family, or their future selves. The evening continued with Prom Night Magic, where students confidently walked the ramp and danced the night away during an energetic DJ session. A colorful Photo Booth gave a fun and elegant touch to the festivities.

Subsequently, between 8:30 PM and 9:30 PM, a themed Costume Party took place at several hostel venues enabling students to express creativity through their outfits and accessories. A special Gala Dinner was also organized in every hostel mess. The event successfully blended fun and celebration, making Women's Day 2025 a truly memorable night for the Ladies Hostel.



Talent Show

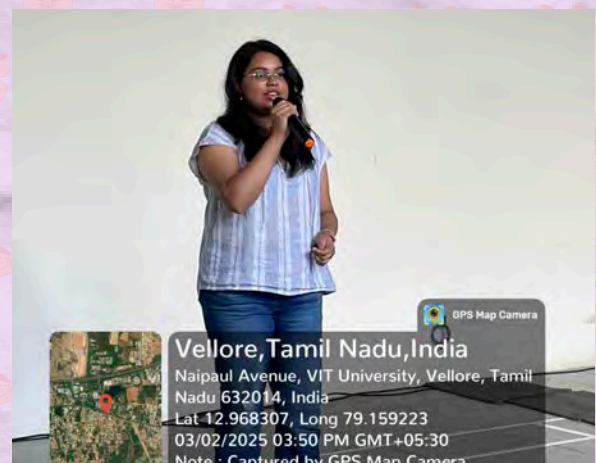
The Ladies Hostel Student Committee organized its very own Talent Show for the residents on the 2nd of March. The event was met with much enthusiasm, with a range of participants auditioning to make it to the final stage. It turned out to be a day dedicated to appreciating creativity and art in its truest form.

“Stars don’t wait for night to shine.”

From graceful dance performances and soulful singing to engaging stand-up comedy, heartfelt poetry, and mimicry, the evening was filled with energy and excitement. Each performance brought something unique to the stage, and it was clear how much effort and passion went into every act.

What made the event even more special was the support from the audience. It was lovely to see residents coming together to cheer for their friends and fellow hostel-mates. That spirit of encouragement and community really brought the event to life.

Overall, the Talent Show was more than just a stage. It was a celebration of self-expression, confidence, and the shared joy of coming together as a hostel.



Vellore, Tamil Nadu, India
Naipaul Avenue, VIT University, Vellore, Tamil Nadu 632014, India
Lat 12.968307, Long 79.159223
03/02/2025 03:50 PM GMT+05:30
Note : Captured by GPS Map Camera

Holi Celebration

“Throw colors, not worries!”

Laughter and giggles filled the air as colours were being smeared across faces on 14 March 2025, accompanied by the girls exclaiming “Bura na mano holi hai!!”. The F Block basketball court bombilated with excitement as upbeat music numbers turned the court into a make-shift dance floor. Falling exactly a week before CAT-2, it aptly turned into a stress-buster and mood-booster for the students. This event not only fostered the sense of togetherness among the girls but also as a strong reminder of our vibrant and diverse culture.



"Where colors unite us and laughter paints our memories."



Movie Night

“Escape into stories, together.”

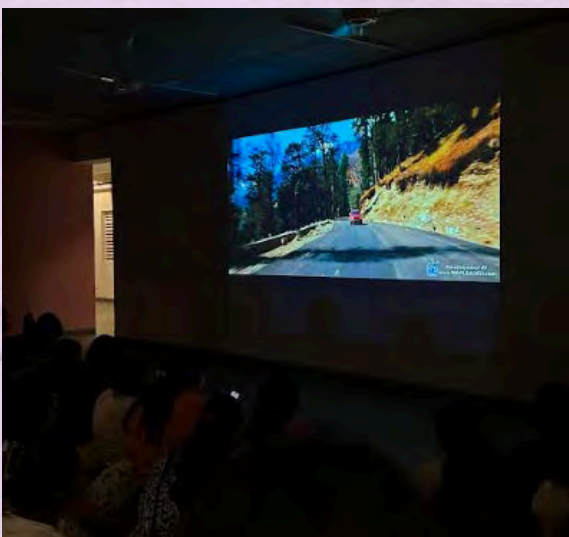
After the high-energy rush of Gravitas '24, the days that followed were a whirlwind of preparation for the upcoming CAT-2 exams. Sleepless nights, endless notes, and frantic revisions had left everyone feeling drained. In the midst of all this, the idea of hosting a movie night in the ladies' hostel was proposed—a simple yet much-needed escape from the academic grind.

Excitement spread like wildfire. Everyone pitched in, adding to the sense of anticipation and camaraderie. The film of choice? The ever-entertaining Chennai Express. As the opening scene unfolded, the space was filled with cheers, laughter, and applause, a collective escape into the world of comedy, romance, and action.

The movie proved to be the perfect pick. Each comedic moment had everyone roaring with laughter, and the larger-than-life action sequences elicited excited gasps and playful commentary. An attentive silence enveloped the group during the emotional scenes, broken only by the occasional “pass the chips” whispers. Mishaps like split drinks and dropped snacks only added to the fun, sparking playful exchanges and giggles.

When the final credits rolled, lively discussions began. Favourite dialogues, iconic scenes, and spontaneous reenactments kept the energy alive. The laughter and camaraderie in that moment felt like a refreshing reminder of the bonds that make hostel life so memorable.

The movie night was more than just entertainment; it was a celebration of friendship and unity, a reminder that even amidst deadlines and rigorous schedules, taking a moment to unwind can work wonders.

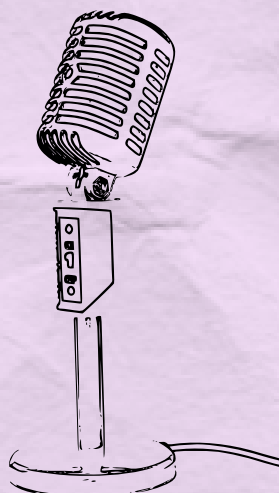


Open Mic



“One mic, endless talent.”

Open Mic Night at the hostel was one of those evenings that felt instantly special. The lounge turned into a casual little stage, where voices, laughter, and the occasional burst of applause filled the air. People sang, told stories, cracked jokes, and read poems, some polished, some wonderfully spontaneous. There were moments that had everyone laughing, and others that made the room go quiet in the best way. It wasn't about perfect performances; it was about showing up, sharing something, and enjoying it together. By the end, no one was just an audience member and we were all part of the night, and that's what made it unforgettable.





Staff Outing

Hostel staff outing is more than just a day off, it's the perfect recipe for stronger bonds, brighter smiles, and a happier team. Stepping away from the usual work routine, the staff get to laugh together, share new experiences, and discover each other beyond their everyday roles. These moments of fun and connection spark better communication, deepen trust, and create a sense of "we're in this together," making teamwork smoother than ever. By organizing these get-togethers, the Ladies Hostel not only invests in its team's joy but also builds a workplace where camaraderie thrives. This spirit came alive in full swing on the (dates) when the LH team celebrated with great enthusiasm and even greater smiles.



Clean Room Contest



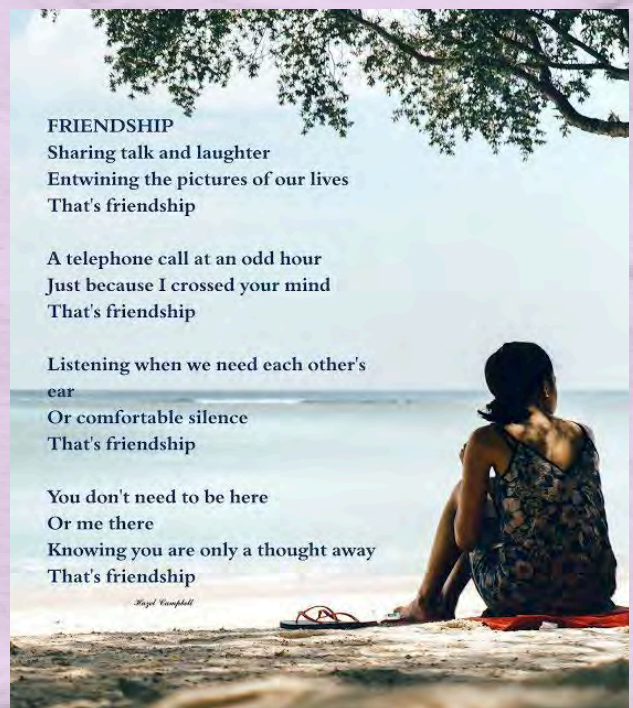
A clean space resonates with a clear headspace. A clean room contest was conducted for the same on November 5th 2023, where everyone contributed actively to clear out their workspaces and make them stand out amongst the rest.

The best one was awarded on the basis of organization and spotlessness, along with the overall aesthetic of the room.



Poem Composing Contest

Everyone has a poetic side. Adding rhyming schemes to heartfelt emotions often yields some of the most beautiful writing pieces ever! A contest for this was conducted on the 5th of November 2024, wherein all the ladies brought out their favourite pens and poured their hearts into their poems. The entries received were delightful to read, making the event a grand success!



House Keeping Cultural Event



The Ladies Hostel Student Committee of VIT Vellore recently organized a Housekeeping Cultural Evening to celebrate the incredible women who keep our hostels safe, clean, and welcoming.

Stepping away from their daily routine, the housekeeping staff lit up the stage with graceful dances, soulful songs, and cheerful skits. Their performances highlighted not only their hidden talents but also their unity and enthusiasm.

The event was a heartfelt tribute to these unsung heroines—women who are not just staff, but an integral part of our hostel family. It was an evening of gratitude, respect, and celebration.



PCOS Awareness Workshop

PCOS, or Polycystic Ovary Syndrome, often remains an unspoken concern among young women despite its widespread impact. However, a recent awareness session at the VIT girls' hostel sought to change that narrative. With an insightful talk led by the speaker, the event shed light on the many dimensions of PCOS that often go unnoticed or undiscussed.

Ms. Manisha Mishra was the resource person who gave a wonderful lecture on PCOS-related problems. The session was an eye-opener for many, as the speaker broke down the symptoms, causes, and long-term implications of PCOS in a manner that was both relatable and informative. From tackling myths around irregular periods to emphasising the importance of early diagnosis and lifestyle management, the speaker ensured that every attendee walked away with a deeper understanding of the condition.



A key focus of the session was on self-care and awareness. The speaker highlighted how diet, exercise, mental well-being, and regular check-ups can go a long way in managing PCOS. She also encouraged the residents to be more vocal about their health issues, urging them to create a supportive environment where discussions about hormonal health are normalised, not shamed.

The event resonated strongly with the audience and fostered an atmosphere of openness and empathy. Just like the earlier menstruation session, this event was a reminder that womanhood involves taking ownership of health and breaking down the taboos that surround it. The students left feeling empowered, informed, and ready to spread the word about PCOS awareness in their circles.

Infinito 3.0

"A sound body leads to a sound mind"



The Office of the Ladies' Hostel and the LHSC conducted INFINITO 3.0, the inter-hostel competition at VIT, conducted between the 22nd and 24th of March 2024. A plethora of sports events received enthusiastic participation, as all the hostel residents and staff members were in high spirits and had boundless energy to contest in events like kabaddi, badminton, cricket, athletics, chess, and basketball. This event proved effective in tapping the true potential and athletic qualities of the resident ladies and encouraged healthy competition and team spirit among them. With A, B & Guest House blocks winning the Cup of glory, the competition is a testament to the fact that a break like this from academics can be fun as well as constructive.



Hostel Review Committee

To ensure a comfortable stay for hostel residents, administrators hold hostel review committee meetings every two weeks on Wednesday evenings. These meetings bring together student committee members, residents, and staff to address student concerns and needs, share information about upcoming events, and provide updates on improvements or upgrades to hostel services. The meeting is chaired by the Vice-President and Pro-Vice Chancellor, with coordination handled by the Director, Chief Warden, and Associate Chief Warden. The meeting served as a platform for healthy interaction between the residents and the hostel administration, fostering open communication and cooperation. With active participation and constructive discussions, the HRC meeting was a success, reflecting the hostel's commitment to continually enhancing the living experience for its residents.



VOICE OF LADIES HOSTEL



The transition from the warmth of your home to that of the hostel is a life-changing experience, asking for a redefinition of what we once considered to be comfort. Life gets more challenging, enabling one to build almost everything from scratch over time. It serves as a stark contrast to what our life used to be back then, whilst also encouraging us to be more self-reliant and independent.

The student hostel committee members got into a short conversation with 3 students and to quiz them on the same. Let's sneak a peek into the candid exchange!

Questions:

- 1. As a resident of the hostel, what significant event made you realize the depth of your homesickness?**
- 2. Transitioning from the familiarity of home to a new environment must have been challenging. How did that change overtime?**
- 3. How would you sum up your overall hostel experience with respect to the crowd, wardens, and the lifestyle you have adapted over time?**
- 4. How has hostel life influenced your perspective on friendships and emotional connections? In what ways, if any, has it changed?**

5. Looking ahead ten years, what aspect of these four years do you anticipate reminiscing about the most?

6. Recount a hostel moment that truly made you feel a sense of belonging and comfort, akin to being at home.

PERSON 1:

- During my first month here, I fell sick with a bad fever. Lying in bed, I missed the way my mom would sit beside me and make me warm soup. That was when I realised how much I truly missed home.

- At first, every small thing reminded me of home and I found myself counting days till the next vacation. Over time, I learned to focus on my classes, make plans with friends and explore the campus. Slowly, it stopped feeling strange and started feeling like a second home.

- The crowd is diverse and vibrant. The wardens are strict but they genuinely care about our safety. The lifestyle has its own rhythm, with late night chats, rushed breakfasts and shared study struggles.

- Hostel life taught me that friendships here are built on shared experiences, whether it is complaining about mess food or celebrating small achievements. I have learned to trust and lean on people who were strangers just months ago.

- Ten years from now, I think I will miss the late night Maggi sessions the most. They were not about the food but about the laughter and endless conversations that came with it.

- One evening, my roommates decorated my bed with fairy lights for my birthday. We cut a small cake, played music and danced in our tiny room. It felt like family.

PERSON 2:

- The day my parents left after dropping me off, I cried quietly in my room while unpacking. That was the first real hit of homesickness I had ever felt.

- At first, I felt lost and out of place. Gradually, talking to my roommates and joining small events on campus helped me adjust. Now, I cannot imagine not being here.

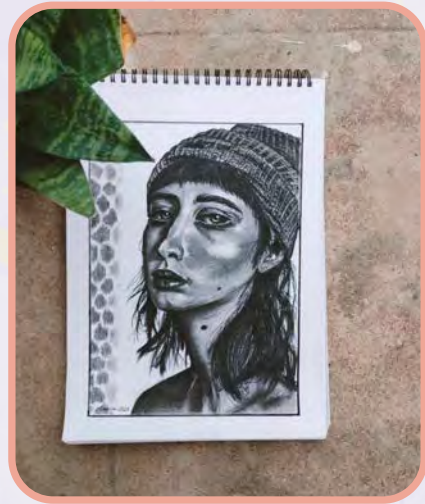
- The crowd is energetic and supportive. The wardens can be a bit strict on curfew timings, but it keeps things organised. The lifestyle is busy but you adapt to balancing academics with fun.
- I used to think friendships took years to form, but hostel life proved me wrong. Here, bonds form quickly because you live through everything together. I have become more open and empathetic.
- I will miss the small moments, like watching movies in someone's room while eating snacks we pooled in money for.
- During Diwali, all of us decorated the corridor together and shared sweets. The lights, laughter and music made me forget I was far from home.

PERSON 3:

- It was the first Sunday here, and I woke up expecting to hear my mom calling me for breakfast. Instead, I had to drag myself to the mess. That emptiness made me miss home deeply.
- Initially, I kept comparing everything to home. Over time, I realised it is better to embrace the differences rather than fight them. Now, I actually look forward to hostel routines.
- The crowd is friendly and diverse, which makes it easy to find your kind of people. The wardens are approachable if you follow the rules. Lifestyle here is a mix of discipline and sudden bursts of fun.
- Living here made me value friendships more. You see people at their best and worst and it makes the bond stronger. I have learned to appreciate the emotional support we give each other.
- I think I will always remember the late night walks around campus and the silly inside jokes we made along the way.
- One night during heavy rain, there was a power cut. All of us sat in one room with candles, singing songs and telling stories. It felt just like being in my living room with cousins.

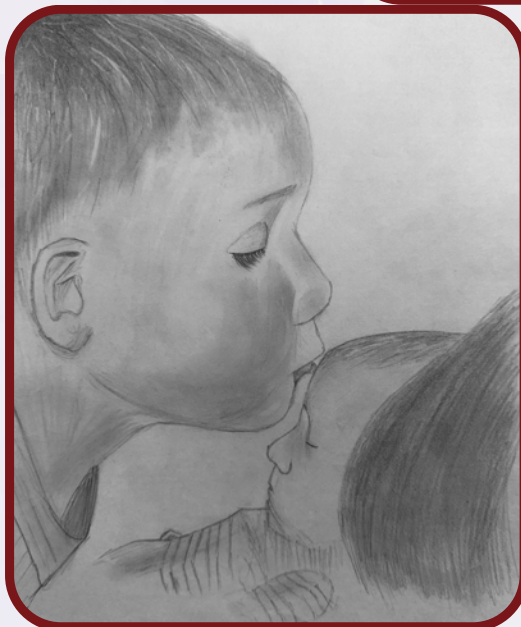
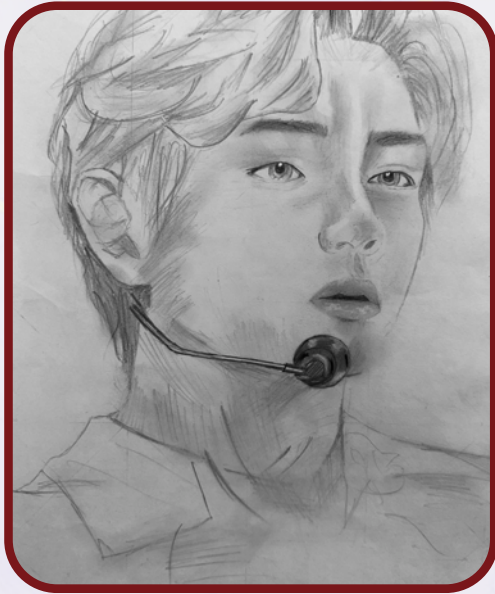
Creative Corner

ASMITA
23BCA0085



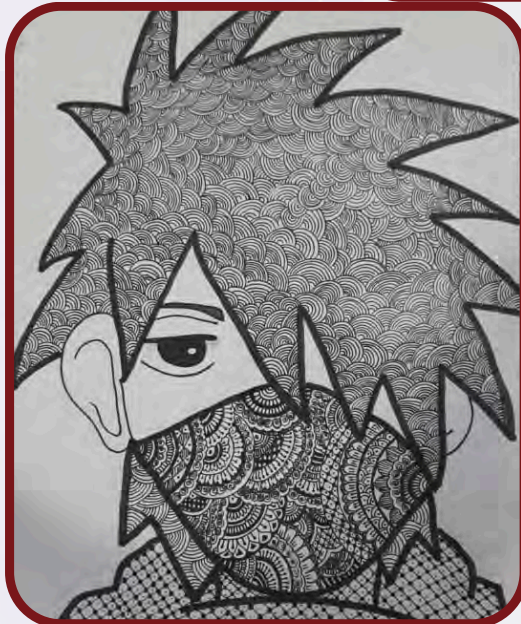
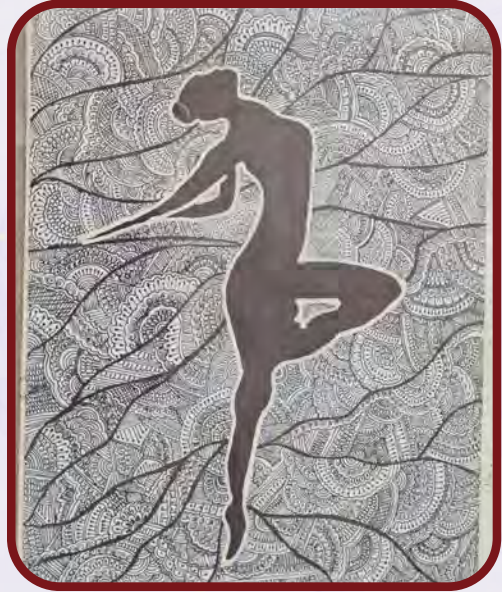
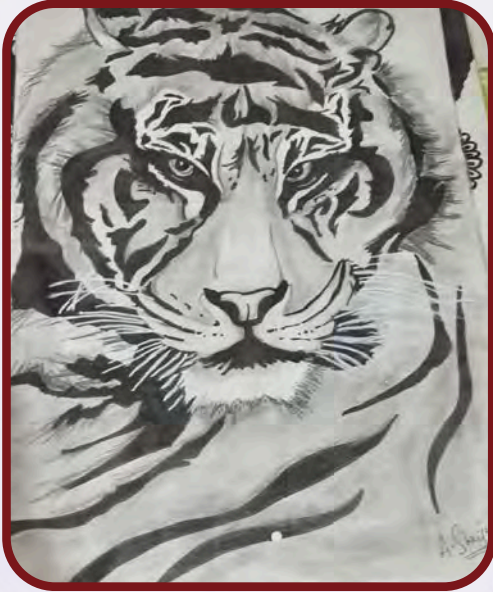
Creative Corner

NANDITA
(23MIY0021)



Creative Corner

Aditi Shrija
(23BCB0028)



SHE

*SHE has showered love and
compassion upon us.*

*SHE has also showered fire and
wrath upon us.*

*When her two hands join together,
SHE holds our life force.*

*When her two eyes come together,
SHE sees us in and out of our life.*

*SHE has given us opportunities to
prove ourselves,
Mend ourselves,
Rebuild ourselves,
And learn ourselves.*

*SHE holds theories to our existence,
SHE is our true measure,
SHE has proven good overpowers
evil,
SHE is power.*

*After all, who is SHE?
SHE – is TIME...
God's Right Hand weapon.*

UNIVERSAL CURRENCY

*All these days, some people must've thought
Money is the supreme,
There is no other thing more luxurious than
these papers.*

*But my friend, you're absolutely WRONG!
Let me tell you the truth.....*

*Time is our real currency,
The only universal currency that runs our lives.*

*Trade this currency with your loved ones,
You'll realise the value of people.
Trade this currency with books,
You'll realise the power of knowledge.
Trade this currency with dreams,
You'll realise the depth of your goals.
Trade this currency with your hobbies,
You'll realise the fun of being unique.
Trade this currency with nature,
You'll realise the value of life.*

*In the end,
You are the richest if you have time.
You are the wisest if you have used it for all of
the above!*

**JANANI K
(23MSI0054)**

LHSC

(Ladies Hostel Student Committee)



The best stories for women - written for them and about them always involve women supporting other women.. there isn't any other way but to cheer each one another that comes along .. since she paves the way for others to follow..' - we at LHSC give a realistic glimpse of such stories happening in and around VIT, for all residents of ladies hostels. Ladies, let's be the wing beneath each other's wings for it doesn't get better than that !

LHSC PRESIDENT'S NOTE

SALONI



As the President of the Ladies Hostel Student Committee, I've had the privilege of experiencing a college life enriched with valuable lessons, joyful moments, and unforgettable memories. Our hostel has evolved into a family where diversity flourishes, creativity is nurtured, and enduring relationships are forged. Leading a dedicated team has given me the opportunity to infuse life into our hostel through various social and cultural activities, festive celebrations, and events that highlight our talents and strengthen our bond as a community. I wish my juniors all the best in carrying forward this legacy.

LISC VICE PRESIDENT'S NOTE

SUHASINI



Being Vice President of the Ladies Hostel Students Committee was such a mix of responsibility and fun. It was pure chaos in the best way possible. From planning Fresher's Day to DJ nights, it felt like I was running a mini festival every other week. I got to plan events, handle last-minute chaos, and still soak up the best of hostel life. My favorite memory will always be Fresher's Day 2024; we had to rush from D Block to Anna Audi — and ended up crammed inside the mess food truck, laughing so hard our cheeks hurt. It was silly, unplanned, and absolutely perfect. I miss those little moments — the last-minute event preps and the feeling that no matter how hectic things got, we were all in it together. Now, as the new board takes over, it feels like passing on a torch full of memories, inside jokes, and lessons learned — and I can't wait to see how they make it their own.

LHSC HEADS' NOTE

ADITI IYER EVENTS HEAD

Reflecting on my tenure as the events head at LHSC fills me with gratitude and nostalgia. Together, we've woven unforgettable moments, each event a chapter in our collective journey. As I bid farewell, I carry with me cherished memories and the hope that our paths may cross again. Thank you for the smiles, the camaraderie, and the unwavering support. Here's to the countless memories we've created and the bright futures ahead.



MIRUTHULA CR DESIGN HEAD

Serving as the Design Head of the LHSC has been an incredibly rewarding experience. It gave me the chance to express creativity, collaborate with a wonderful team, and contribute to events that brought the hostel community together. This role not only sharpened my design and leadership skills but also left me with memories I'll always cherish.



SHREYA NANDAKUMAR EDITORIAL HEAD

"Anything you create isn't yours alone; it belongs to the people you meet, your experiences, and most importantly, your audience. This has always been my vision for the LHSC Newsletter. I was never alone in this vision—it belongs to my talented team of writers."



ANUJA DEPUTY EVENTS HEAD

I am always in awe of how the combined efforts of strong women bring about incredible changes and that is precisely what I witnessed in LHSC. Very grateful for the opportunity to have worked with the team and the contributions I was able to make towards it.



ANUJA TECHNICAL HEAD

Serving as the Technical Head at LHSC has been a journey filled with creativity, problem-solving, and growth. One of the most exciting parts has been working on the LHSC website, a project that continues to evolve and bring our ideas to life. This has been about building something meaningful for our LHSC family, made possible by the energy and dedication of an amazing team.



Epilogue

In the spirit of adventure, we have discovered that it is not solely about the destination, but the journey itself. Through *The Wing*, we hope to ignite a spark of inspiration in our readers, fostering a spirit of creativity, zeal, and leadership. Remember, it is the resilient women who dare to dream that conquer the seemingly insurmountable.

In the hostel of life, every moment is a lesson, every friendship a blessing, and every goodbye a reminder of the bonds that transcend distance.

So here is to the memories that will forever dance in the halls of our minds, the bonds that will withstand the test of time, and the adventures yet to unfold on the horizon of our lives. As we scatter to the winds, may we find solace in the knowledge that wherever we roam, a piece of our souls will forever remain entwined with the spirit of our beloved hostel!



LADIES HOSTEL TEAM



NEWSLETTER CREDITS

Editorial Team



Dr. Nirmala G.S
Director



Dr. Mythili S
Chief- Warden



Dr. Jagatheswari S
Assosiate Chief- Warden



SHREYA NANDAKUMAR
[23BML0098]



LAKSHMI RAMAN
23BCM0059



AKSHARA SIDDHARTHAN
23BCE0561



NANDITA SUBRAMANI
23MIY0021

NEWSLETTER CREDITS



YARA JUHANA
24BID0006



ASMITHA
23BCA0085



RISHVA REDDY
24BDE0090



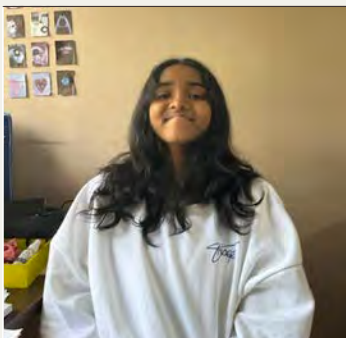
HARSHINI M
23BML0098



TANISHKA CHAKRABORTY
24BEE0262



AKANSHA DHANOWAR
23BBS0022



DHAVANITHI S V
24BVC0003