



SCHOOL OF SOCIAL SCIENCES AND LANGUAGES



Master of Social Work (MSW)

Curriculum

(2026 - 2027)

VISION STATEMENT OF VELLORE INSTITUTE OF TECHNOLOGY

VIT will impart futuristic education in multidisciplinary areas and instill high patterns of discipline through our dedicated staff, who shall set global standards, making our students cognitively superior and ethically strong, who in turn shall improve the quality of life of the human race.

MISSION STATEMENT OF VELLORE INSTITUTE OF TECHNOLOGY

- **World class Education:** Excellence in education, grounded in ethics and critical thinking, for improvement of life.
- **Cutting edge Research:** An innovation ecosystem to extend knowledge and solve critical problems.
- **Impactful People:** Happy, accountable, caring and effective workforce and students.
- **Rewarding Co-creations:** Active collaboration with national & international industries & universities for productivity and economic development.
- **Service to Society:** Service to the region and world through knowledge and compassion.

VISION STATEMENT OF THE SCHOOL OF SOCIAL SCIENCES AND LANGUAGES

- To be a centre of academic excellence by fostering holistic growth and development in students.

MISSION STATEMENT OF THE SCHOOL OF SOCIAL SCIENCES AND LANGUAGES

- To mould students from different cross-sections of society by enhancing professional competence, self - confidence and positive attitude that would help in the economic development of the nation
- To disseminate knowledge in the academic stream relating to commerce with innovative teaching learning processes.
- To inspire and empower the students from diverse backgrounds to become innovative leaders and entrepreneurs who contribute to the betterment of society with ethical and social responsibility.

MSW Programme

MSW, Master of Social Work is a two-year postgraduate programme. The most compelling rationale for developing an MSW Programme at VIT University is to broaden its mission of serving society. The MSW programme is a postgraduate qualification for those looking to practice as qualified social workers.

Master of Social Work (MSW)

PROGRAMME EDUCATIONAL OBJECTIVES (PEOs)

1. To equip students with professional knowledge, values and skills needed for the social work profession.
2. To provide a theoretical and applied framework for engagement, assessment, intervention and evaluation with individuals, families, groups, organizations and communities.
3. To develop a practice oriented research and research oriented practice resulting in societal welfare.
4. To imbibe the principles of public health policies and practices for effective processes and intervention.
5. To ensure the research findings resulting in policy formulation and implementation.
6. To develop students to understand the human diversity in the modern society.

MSW – Master of Social Work

PROGRAMME OUTCOMES (POs)

1. Students will attain critical thinking and ethical decision-making skills in the areas of research and practice.
2. Understanding of interpersonal collaboration, human behaviour and group dynamics.
3. Developing strategies to promote human rights, social and economic justice.
4. Learning and applying research methodology and data analysis.
5. Assessing the delivery and impact of policy measures
6. Application of intervention strategies based on field assessment and research

MSW – Master of Social Work

PROGRAMME SPECIFIC OUTCOMES (PSOs)

1. Explore and analyse societal problems at the grass root level to develop interventional strategies
2. Engage and implement strategies, policies and action plans to address real world social issues in a collaborative manner with stakeholders.
3. Promote and render yeoman service to the society for attaining human and community well-being.

Master of Social Work (MSW) Programme

Credit Structure

Category	Credits
Discipline Core Courses	43
Discipline Elective Courses	15
Field Work and Internship	42
Ability Enhancement Courses	0
Skill Enhancement Courses	0
Total Credits	100

Master of Social Work (MSW)

DETAILED CURRICULUM

PROGRAMME CORE

S. No.	Course Code	Course Title	L	T	P	C
1	PSWK101L	Social Work	3	0	0	3
2	PSWK102L	Social Work Practice with Individuals	3	0	0	3
3	PSWK103L	Social Work Practice with Groups	3	0	0	3
4	PSWK104L	Social Work Practice with Community	3	0	0	3
5	PSWK105L	Psychology	3	0	0	3
6	PSWK106L	Sociology	3	0	0	3
7	PSWK107L	Social Policy and Planning	3	0	0	3
8	PSWK108L	Community Organization and Development	3	0	0	3
9	PSWK109L	Social Welfare Administration	3	0	0	3
10	PSWK110L	Principals and Practice of Counseling	3	0	0	3
11	PSWK111L	Social Legislation	3	0	0	3
12	PSWK112L	Research Methodology	2	0	4	4
13	PSWK113L	Disaster Management	3	0	0	3
14	PSWK114L	Environmental Social Work	3	0	0	3
Total					43	

Master of Social Work (MSW)

DETAILED CURRICULUM

PROGRAMME ELECTIVE

S.No	Course Code	Course Name	L	T	P	C
1.	PSWK201L	Community Health	3	0	0	3
2.	PSWK202L	Rural Community Health	3	0	0	3
3.	PSWK203L	Urban Community Health	3	0	0	3
4.	PSWK204L	Social Work with Families and Children's	3	0	0	3
5.	PSWK205L	Social Innovation and Entrepreneurship	3	0	0	3
6.	PSWK206L	Sustainable Community and Development	3	0	0	3
7.	PSWK207L	Social Responsibility	3	0	0	3
8.	PSWK208L	Medical Social Work	3	0	0	3
9.	PSWK209L	Psychiatric Social Work	3	0	0	3
10	PSWK210L	Public Health Policies and Practice	3	0	0	3
11	PSWK211L	Therapeutic Interventions	3	0	0	3
Total					15	

Field Work and Internship

S.No	Category	Credits
1	Field Work – I	6
2	Field Work – II	6
3	Field Work – III	6
4	Summer Internship (one month)	2
5	Internship (one semester)	22
	Total	42

Non-Graded Course

S.No	Course Title	L	T	P	C
1	Ability Enhancement Courses: Communicative English	2	0	0	2
2	Skill Enhancement Courses : Documentation and Report Writing	2	0	0	2

University Core

DETAILED SYLLABUS

Course code	Course Title	L	T	P	C
PSWK101L	Social Work	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To generate awareness on the role of advocacy and social change for the constructive transformation of society. 2. To study various fields of professional practices and their applications. 3. To foster the practice of social work from a professional perspective.					
Expected Course Outcomes					
Students will be able to 1. Comprehend and appreciate the history, values, philosophical foundations and relationship of social sciences with social work profession. 2. Demonstrate constructive critical and ethical decision making skills by reflecting upon the code of ethics. 3. Integrate social work methods and the emerging areas of social work intervention. 4. Understand the theories and models of social work to augment critical analysis of social problems. 5. Realize the contributions made by various social reformers of India. 6. Generate awareness on the historic and significant social movements and social welfare programmes of India.					
Module:1	Introduction to Social Work	7 hours			
Social Work: Definition – Nature – Characteristics – Functions – Values – Principles - Goals and scope. Voluntary Social Work in India. Concept of International Social Work. Religion – Philosophical foundations of social work in India. History of Social Work in the West and in India – Relationship between social work and other social sciences.					
Module:2	Social Work as a Profession	4 hours			
Ideologies, Ethics, need and purpose of ethical behavior in social work. Code of ethics for Indian Social worker towards clients, colleagues, agency and professionals. Problems in ethical decision making. Trends of Social Work profession in India – NASW.					
Module:3	Methods and Fields of Social Work	8 hours			
Introduction to the Methods of Social Work. Level of Intervention in Social Work: Micro, Mezzo and Macro level. Skills and techniques in Social Work practice. Fields of Social Work: Family and child welfare, Correctional social work, Industrial social work, Medical and Psychiatric social work, youth welfare, Community development (Rural, Urban & Tribal). Emerging areas of Social Work: Environmental Protection, Disaster management, HIV/AIDS Gerontological Social Work and Human Rights.					
Module:4	Theories and Models of Social Work	8 hours			
Meaning and Definition of Theory, Perspective, Paradigm, Practice Model and Approaches. Need and Importance of theory in Social Work. Major theories in social work: Systems Theory, Social					

Learning Theory, Social Behavioral Perspective Theories, Psychosocial Development Theory, Humanistic Perspective Theory, Psychodynamic Theory, Transpersonal Theory and Rational Choice Theory. Models and Approaches: Relief model, Welfare model, Clinical model, Integrated Social Work model, Developmental model, Welfare model, Empowerment and radical model.			
Module:5	Social Reformers in India		4 hours
Raja Ram Mohan Roy, Sarojini Naidu, EVR Periyar, Mahatma Gandhiji, Dr.Ambedkar, VinobaBhave, Narayana Guru and JyothibaPhule. AryaSamaj& Brahma Samaj. Contemporary Social reformers in India.			
Module:6	Social Movements in India		5 hours
Tribal Movement; Peasant Movement; Labour Movement; Ethnic movement, Women's Movement and Environmental Movement.			
Module:7	Social Welfare Programmes		7 hours
Development of Social Work Education in India. Fieldwork and Profession –Importance of Fieldwork and Supervision. Problems faced by the Social Work profession in India. Professional Social Work Associations in India. Development planning - Social Welfare Programmes from first to twelfth five year plans in India. NITI Aayog (National Institution for Transforming India). Social work and sustainable development – Central Social Welfare Board.			
Module:8	Contemporary Issues		2 hours
Guest Lecture			
	Total Lecture Hours		45 hours
Text Book (s)			
1.	Bhatt S, Phukan D., Social Work Education in India : A Resource Book, 2015, published by National Association of Professional Social Workers in India (NAPSWI), New Delhi.		
2	Sanjay Bhattacharya, Social Work Administration and Development, 2012, Deep & Deep Publications, New Delhi.		
Reference Books			
1.	Ira Colby and Sophia F. Dziegielewski, Introduction to Social Work, Fourth Edition: The People's Profession, June 2015, Fourth Edition, OUP USA.		
2.	Sanjay Bhattacharya, Social Work: An Integrated Approach, 2012, Deep & Deep Publications, New Delhi.		
3.	Singh. K. An introduction to Social Work, 2011, ABD Publisher, Jaipur.		
4.	Kendall, Katherine, Worldwide beginnings of Social Work Education; Indian Journal of Social Work, 2000, 61 (2) 141156.		
5.	Banks, S., Ethics and Values in Social Work, 2006, Basing stoke: Palgrave Macmillan.		
6	Payne M. (1991) Using Social Work Theory in Practice. In: Modern Social Work Theory. Palgrave, London. https://doi.org/10.1007/978-1-349-21161-6_2		
	Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.		
Recommended by Board of Studies		30-06-2021	
Approved by Academic Council		No. 62	Date 15-07-2021

Course code	Course Title	L	T	P	C
PSWK102L	Social Work Practice with Individuals	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To understand case work as a method of social work and to understand values and principles of working with individuals. 2. To enhance understanding of the basic concepts, tools and techniques in working with Individuals in problem solving and in developmental works. 3. To identify the various situations and settings where the method could be used in the context of social realities of the country.					
Expected Course Outcomes					
1. To gain insights on case works in social contexts. 2. To explain the caseworker - client relationships and effective case work processes. 3. To demonstrate the nature of case and case work approaches to specific cases. 4. To relate social case work method with other methods of social work 5. To understand problems of social functioning and to suggest intervention strategies. 6. To know the importance of case worker in handling situations based on the settings.					
Module:1	Introduction to Social Case Work	5 hours			
Social Case Work: Concepts, objectives/purpose/its importance; nature and scope, historical development; components; values and principles of Case Work practice; socio-cultural factors affecting the Case Work practice in India; relationship with other methods of social work.					
Module:2	Principles of Social Casework	8 hours			
Social Casework: Generic and Specific Principles – Social Case Worker-Client Relationship: Meaning, purpose and elements/components. Characteristics of professional relationship: empathy, transference and counter transference, resistance, sustaining the relationship, non- possessive warmth, genuineness and self-disclosure - Social Casework Components: The Person, The Problem, The Place and The Process. Principles of client-worker relationship; obstacles in client worker relationship. Importance of Interpersonal Relationship/Communication (IPR).					
Module:3	Social Case Work Process	6 hours			
Case work process: Intake: Study: Interviewing (types, purpose, skills, techniques and principles of interviewing), Home visits, Collateral contacts Assessment/Social Diagnosis: Use of genograms and eco-maps. Treatment/ Intervention, Evaluation, Termination.					
Module:4	Social Case Work Approaches	5 hours			
Approaches to Practice: Psychosocial, Problem Solving, Crisis Intervention; Behavior Modification, Functional and development of an Eclectic model for practice.					
Module:5	Social Case Work Tool & Skills	7 hours			
Recording in Case Work: Meaning, sources and types-process record- person oriented and problem oriented records and its components; summative record, etc; Principles of recording. Observation, Networking, and Referral services Case presentation as tool of professional Development.					
Module:6	Supervision in Case Work	4 hours			
Supervision – Theory, Scope, Concepts, Methods, Skills, Personal And Professional Development. Role of competent supervisor in Case work.					
Module:7	Case Work in Various Settings	8 hours			
Application of Social Case Work in different settings & Clientele groups: Medical and Psychiatric settings- mentally retarded Shelter homes; Mental Rehabilitation center, De-addiction and detoxification centers, Mental Health & Community Based Rehabilitation, Role of Social Workers in Hospital settings, Family and Child Welfare settings: Family, Child guidance clinic, Schools, Geriatric care & Aged and the terminally ill people. Case Work practice in Community settings					

including self-help groups, Industries and Correctional Institutions; Problems and Limitations and role of Case Worker in various settings.					
Module:8		Contemporary Issues		2 hours	
Guest Lecture					
		Total Lecture Hours			45 hours
Text Book(s)					
1.	Richmond, M. E. Social Diagnosis, 2017, Russell Sage Foundation, USA.				
2.	Roberta R. Greene, Nicole M. Dubus, Michael A. Wright, Taunya S. Cole, Harriet L. Cohen, Nancy A. Greene, social work practice with older adults a resilience-enhancing guide, 2021, NASW Press.				
Reference Books					
1.	Holosko, M. J., Social Work Case Management: Case Studies from the Frontlines, 2017, USA: SAGE Publications, California.				
2.	Siddiqui, H. Y., Social work & human relations, 2015, New Delhi, India: Rawat Publications.				
3.	Singh D. K., Social Work: Concepts & Methods, 2013, New Royal Book Company,				
4.	Lucknow.				
5.	Surendra Singh: Encyclopedia of Social work in India. 2012. New Royal Book Company,				
6.	Lucknow.				
7.	Sanjay Bhattacharya, Social Work an integrated Approach, 2007, Deep & Deep Publication, New Delhi.				
8.	ulman, Lawrence, Skills of helping Individuals and Groups, 1979, Peacock Publishers, Chicago.				
	bert W.Roberts& Robert H. Nee (ed) (1970), Theories of Social Casework, The University of Chicago Press, Chicago and London.				
	Perlman, H. H., Social casework: A problem-solving process, 1957, University of Chicago Press.				
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.					
Recommended by Board of Studies			30-06-2021		
Approved by Academic Council			No. 62	Date	15-07-2021

Course code	Course Title	L	T	P	C
PSWK103L	Social Work Practice with Groups	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
<div>1. To understand group work as a method of social work and values and principles of group working.</div> <div>2. To enhance understanding of the basic concepts, tools and techniques in working with groups in problem solving and developmental works.</div> <div>3. To identify the various situations and settings where the method could be used in the context of social realities of the country.</div>					
Expected Course Outcomes					
Students will be able to					
<div>1. Gain insights on group works in social contexts and understand the existence of social groups.</div> <div>2. Understand the group dynamics and group work processes involved among various social groups.</div> <div>3. Apply Group work therapy and techniques in need of physical, mental and emotional adjustments and environments.</div> <div>4. Demonstrate the nature of group work approaches in group work processes.</div> <div>5. Analyze and apply group work models in socioeconomic development of the society.</div> <div>6. Differentiate group work settings and give solutions to the problems identified.</div>					
Module:1	Introduction to Social Group Work	8 hours			
Social Group Work: Definition, Characteristics, Types of groups and characteristics of effective groups. Group Formation Phases: Forming- Storming, Norming, Performing, Adjourning. Social Group Work: Assumptions, purpose, principles, and values of group work, and historical development of group work; Group work as a method of Social work. Theoretical basis of group work.					
Module:2	Group Dynamics	7 hours			
Group Dynamics - definition, functions and basic assumptions of group dynamics. Group Process: bond, acceptance, isolation, rejection, sub-group formation, clique, and newcomers in the group. Leadership in group: definition, functions, qualities of leader, types and theories of leadership. Communication within groups. Sociometry and Sociogram.					
Module:3	Group Work Process	10 hours			
Group Work Process: i. Planning Phase: Selection of members, composing group orienting the members, preparing the environment, ii. Beginning Phase- preparing for group work, First Meetings- interviewing, Ground rules for group work meetings, goal setting, motivation, Assessment of communication and interaction iii. Middle Phase: Intervening with group members, Problem solving, Dealing with difficult members, Ending Phase: Evaluation- group work evaluation and criteria for good group work, Termination, Follow-up.					
Module:4	Group Work Models	4 hours			
Models: Social goal, remedial and reciprocal models. Treatment groups: Support, Educational, Growth, Therapy and Socialization groups.					
Module:5	Group Work Types	4 hours			
Task Groups: Teams, Committees, Social Action and Coalition groups. Group work recording: purpose, types and principles of group work recording.					
Module:6	Group Work Tools & Skills	5 hours			
Recording, Supervision, Home visits, Networking, Referral services, Evaluation, Termination. Role of Group worker: Enabler, facilitator, catalyst, supporter, guide, educator, resource person,					

therapist and supervisor.			
Module:7	Group Work in Various Settings		5 hours
Group Work Settings and Practice: Skills of a group worker, Application of group work method in different settings; community settings, medical and psychiatric settings: hospitals, de-addiction, physical and visual and mentally challenged, family and child welfare settings and the aged homes, schools, correctional institutions, industries.			
Module:8	Contemporary Issues		2 hours
Guest Lecture			
	Total Lecture Hours		45 hours
Text Book(s)			
1.	Roberta R. Greene, Nicole M. Dubus, Michael A. Wright, Taunya S. Cole, Harriet L. Cohen, Nancy A. Greene, social work practice with older adults a resilience-enhancing guide, 2021, NASW Press.		
2.	Howe, David. An Introduction to Social Work Theory, 2017, 1st edition, Routledge, UK.		
Reference Books			
1.	Deacon, L. & Macdonald. J S. Social Work Theory and Practice (Mastering Social Work Practice), 2017, Learning Matters, Karnataka.		
2.	Trevithick, P. Group work: A Handbook of Effective Skills and Interventions, 2016, McGraw-Hill Education, New York.		
3.	Sondra B. and Camille P. Roman. Group Work: Skills and Strategies for Effective Interventions: Binghamton, 2016, Haworth Press, NewYork.		
4.	Ronald W. Toseland Group Work: Theories and Practices by Siddiqui, H. Y., Social Work with Groups, 2010, 33:1, 91-92, DOI: 10.1080/01609510903339134 .		
5.	Siddiqui Y.H. Group Work Theories and Practices, 2008, Rawat Publications. Jaipur		
6.	Toseland, Ronald & Rivas, Robert, Introduction to Group Work Practice, 2001, Allyn and Bacon, London.		
7.	Zastrow, Charles, Social Work with Groups, 1985, Nelson Hall, Chicago.		
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.			
Recommended by Board of Studies		30-06-2021	
Approved by Academic Council		No. 62	Date 15-07-2021

Course code	Course Title	L	T	P	C
PSWK104L	Social Work Practice with Community	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To develop an understanding of the concepts related to working with communities, and the processes involved in it.					
2. To make learners understand the uses and practices of community organization in various fields of social work.					
3. To introduce various aspects of social action as an effective method of social work.					
Expected Course Outcomes					
Students will be able to					
1.explain the community and community organizations leading to community development.					
2. clarify the different phases and models of community organization and developing skills.					
3. provide a comprehensive understanding on approaches, methods and models of community organization					
4. understand the core aspects of social actions and the ideas of social reformers.					
5. analyze the strategies and tactics of social actions for social changes.					
6. create awareness on the significance of community interventions for community development.					
Module:1	Introduction to Community	5 hours			
Meaning, Definition, Types, Structure and Dynamics - Community as a Social System - sociological concept of community – community as a social system; Sub system in the community; types of communities – rural, urban and tribal and their characteristics.					
Module:2	Community Engagement and Leadership	5 hours			
Concept on community engagement – Definition and types of leadership in community – Community Culture - Community Thinking - Principles and Practices of community engagement - Community Network Building.					
Module:3	Community Power Structure	5 hours			
Community power structure – types of community power – political, social and economic analysis of community power.					
Module:4	Community Dynamics	7 hours			
Community dynamic – Integrative and disintegrative process, factions and subgroups, minority groups; decision making and problem solving process. Community Dynamics: Integrative and Disintegrative processes in the community, conflict and tension resolution systems in the community.					
Module:5	Community Work and Social Change	7 hours			
Theories – Human Rights Values – Social Justices – Strategies to Promote Community Development –Challenging issues – Building sustainable community groups.					
Module:6	Community Development Programme	7 hours			
Community Development Programme - Objectives - Principles – Coverage - Activities – Organization - Methods and Techniques of Community Development Programme - Evaluation of Community Development Programme - Development programmes and Panchayat Raj.					
Module:7	Social Action and Social Movements	7 hours			
Social Action : Concept, History, Social Action as a Method of Social Work, Social Movements: Origin, Nature, Types of Movements, Theories of Movement and new Social Movements - Role of community worker.					
Module:8	Contemporary Issues	2 hours			
Guest Lecture					
		Total Lecture Hours			
		45 hours			
Text Book(s)					

1.	Deacon,L. & Macdonald. J S. Social Work Theory and Practice (Mastering Social Work Practice), 2017, Learning Matters, Karnataka.		
2.	Bhatt, S. & Singh, A.P. (2015). Social work practice: The changing context. The Readers Paradise, New Delhi, ISBN: 978-93-82110-43-9 16.		
Reference Books			
1.	Nair,T. K, Social Work Profession in India: An Uncertain Future, 2015, Niruta Publication.		
2.	Bhatt, S., &Pathare, S., Social work education and practice engagement. ISBN: 9788175417571(HB), 9788175417953(PB), 2014,Shipra Publications, New Delhi. Samuel H. Taylor and Robert W. Roberts (Eds), Theory and Practice of Community Social Work, 2013, Rawat Publications, Jaipur.		
3.	Balgopal, P. R., & Bhatt, S., Social Work Response to Social Realities, 2013,Lucknow: NRBC. ISBN: 978-93-80685-78-6 16.		
4.	NAPSWI,Code of ethics, 2016, www.napswi.org.		
5.			
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.			
Recommended by Board of Studies	30-06-2021		
Approved by Academic Council	No. 62	Date	15-07-2021

Course code	Course Title	L	T	P	C
PSWK105L	Psychology	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
To give an understanding of the concepts of psychology such as sensation, perception, learning, motivation, intelligence, emotion, personality and abnormal psychology.					
2. To understand the various stages of human growth and development.					
3. To gain knowledge on the influence of psycho-social environment on human behaviour.					
Expected Course Outcomes					
The students will be able to:					
1. Understand the bases of individual (general psychology) and group behaviour (social psychology).					
2. Understand and measure the processes of sensation and perception.					
3. Acquire an in-depth knowledge of learning and motivation.					
4. Comprehend and assess the applications of emotional intelligence and personality.					
5. Develop a holistic understanding of human behaviour in the context of human growth & development across the human life-span.					
6. Comprehend the concept of abnormality and the various systems of classification and understand the developmental tasks and hazards across the lifespan in order to formulate social work intervention strategies.					
Module:1	Introduction to Psychology	6 hours			
Definition - Psychology as a science - Branches of psychology - Modern approaches: Cognitive Approach - Behavioral Approach - Psychoanalytic Approach - Humanistic Approach- Cross - Cultural Approach – Relevance of psychology in social work profession.					
Module:2	Sensation, Perception, Learning and Motivation	5 hours			
Sensing the world around us - Perceptual process – Attention - Perceptual Organization - Learning: classical Conditioning - Operant Conditioning - Cognitive learning - Maslow's hierarchy of needs – Types of motivation - Biological motivation - Social motives.					
Module:3	Intelligence, Emotion and Personality	7 hours			
Nature of intelligence - Assessing intelligence - Individual differences in intelligence - Emotion: Expression and perception of emotions - Theories of emotion - Emotional intelligence - Personality: Psychodynamic Approach - Humanistic approach - Assessing personality.					
Module:4	Human Development-Childhood years	6 hours			
Physical growth and development - Cognitive development - Piaget’s theory - Information processing perspective - Moral development - Kohlberg’s stages of moral understanding - Social and emotional development - Forming relationship with others - Development of gender identity.					
Module:5	Human Development –Adolescence, Adulthood and Aging	6 hours			
Physical Development - Cognitive Development - Social and Emotional Development- Erickson’s stages of Psychosocial Development - Generation at risk: Divorced, Parent - Absent and Blended families - Dysfunctional families - Adolescent sexuality - Adulthood and Aging: Physical change - Cognitive change - Social change - Crises of adult life - Aging and Death -Meeting death - Bereavement.					
Module:6	Social Thought and Social Behaviour	8 hours			
Thinking about other people - Attribution - Fundamental attribution error - Social Cognition – Attitudes - Cognitive dissonance - Social Behaviour - Interacting with others - Prejudice - Social Influence - Changing other’s behavior - Conformity - Compliance – Ingratiation - Complaining- Obedience - Prosocial behavior - Attraction, Love and close relationships - Effect of physical environment in social behaviour.					

Module:7	Abnormal Psychology	5 hours
Abnormality in everyday life - Basic features of Classifying Psychological disorders - The Prevalence of Psychological Disorders - The Social and Cultural Context of Psychological Disorders.		
Module:8	Contemporary Issues	2 hours
Guest Lecture		
	Total Lecture Hours	45 hours
Text Book(s)		
1.	Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J., Introduction to Psychology, 2018, 7 th edition, McGraw Hill Education.	
2.	Hurlock, E., Developmental Psychology: A Life Span Approach, 2017, 5 th edition, McGraw Hill Publication.	
Reference Books		
1.	Feldman, S. R., Understanding Psychology, 2019, 14th Edition, McGraw Hill Education.	
2.	Myers, D.G., Psychology, 2018, 12 th edition, Worth Publishers.	
3.	Hilgard, E. R., Atkinson, R. C., & Atkinson, R. L., Introduction to Psychology, 2017, 6 th edition, Oxford and IBH.	
4.	Ciccarelli, K. S., White, J. N., & Misra, G., Psychology, 2017, 5th edition, Pearson Education.	
5.	Baron, R. A., & Misra, G., Psychology, 2015, 5 th edition, Pearson India.	
Article References:		
1.	McQuaid, E. L., & Everhart, R. S., Introduction to the special issue: Clinical approaches to address health disparities in pediatric psychology, 2020, Clinical Practice in Pediatric Psychology, 8(2), 97–102.	
2.	Hopwood, C. J., Bagby, R. M., Gralnick, T., Ro, E., Ruggero, C., Mullins-Sweatt, S., Kotov, R., Bach,	
3.	B., Cicero, D. C., Krueger, R. F., Patrick, C. J., Chmielewski, M., DeYoung, C. G., Docherty, A. R.,	
4.	Eaton, N. R., Forbush, K. T., Ivanova, M. Y., Latzman, R. D., Pincus, A. L., . . . Zimmermann, J., 2019, Integrating psychotherapy with the hierarchical taxonomy of psychopathology (HiTOP), Journal of Psychotherapy Integration, Advance online publication.	
5	Gerstorf, D., Hoppmann, C. A., Löckenhoff, C. E., Infurna, F. J., Schupp, J., Wagner, G. G., & Ram, N., Terminal decline in well-being: The role of social orientation, 2016, Psychology of Aging,	
6	31(2), 149–165. Schacter, D. L., & Szpunar, K. K., Enhancing attention and memory during video-recorded lectures, 2015, Scholarship of Teaching and learning in Psychology, 1(1), 60–71.	
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.		
Recommended by Board of Studies		30-06-2021
Approved by Academic Council		No. 62 Date 15-07-2021

Course code	Course Title	L	T	P	C
PSWK106L	Sociology	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To understand sociology as a discipline and its relevance to social work.					
2. To develop the capacity for application of these concepts to the Indian situation.					
3. To develop the analytical skills related to social issues and concerns.					
Expected Course Outcomes					
Students will be able to					
1. Clarify the conceptual aspects of sociology to social work and to understand its relevance in social works.					
2. Understand the significance of culture and its importance for the context of society.					
3. Demonstrate social structure and its functioning and to clarify the different stratifications.					
4. Explain the moments leading to social changes and actions needed.					
5. Understand the social disorganization and social problems in the social work context.					
6. Analyze systematically the social issues and developmental concerns through the influence of media.					
Module:1	Sociological perspectives and importance of Sociology for Social Work Practice	6 hours			
Sociology- Definition, nature and importance; Elements of society: community, association, and institution; Relationship of Sociology with Social Work. Contribution of social thinkers: Durkheim K. Marx, Auguste Comte, Max Weber, Talcot Parson, A.R. Desai, T.K. Oomen.					
Module:2	Society and Culture	5 hours			
Society as a system of relationships; Concept of culture, traditions, customs, values and norms and ethnocentrism -Socialization - Meaning, theories, process and agents. Social process: Cooperation, competition, conflict, accommodation, assimilation and acculturation.					
Module:3	Social Structure and Functioning	7 hours			
Social institutions: marriage, family, religion, kinship, economy, polity, education and legal system. Social control: Concept of social control, conformity and deviance; formal and informal social control and agents of social control. Social Structure: systems of social stratification, caste, class, occupation, culture, tribe, and gender; Issues related to social stratification.					
Module:4	Social Mobility	7 hours			
Social mobility: Nature and characteristics of social mobility, types of social mobility and factors contributing and restricting social mobility.					
Module:5	Social Disorganization and Social Problems	5 hours			
Social Disorganization: Meaning, nature and factors responsible for social disorganisaition; Classification of social disorganization - individual, family community and societal disorganization.					
Module:6	Structural Analysis of Social Problems	7 hours			
Meaning, causes and consequences; General social problems- terrorism, health, environmental degradation, population, unemployment, poverty, illiteracy; Problems faced by women, children and weaker sections, marginalized and elderly.					
Module:7	Developmental Issues	6 hours			
Developmental issues arising out of liberalization, globalization and privatization; Industrialization, Corporation, Modernization, Westernization, Sankritisation and Secularization - Analysis of them in the Indian society.					
Module:8	Contemporary Issues	2 hours			
Guest Lecture					
	Total Lecture Hours	45 hours			

Text Book(s)			
1.	Jo Cunningham, Steve Cunningham and Alice O'Sullivan, Sociology and Social Work, 2020, Third Edition, Sage Publishing.		
2.	VidyaBhushan and D R Sachdeva, Fundamentals of Sociology, 2016, Pearson Publications.		
Reference Books			
1.	Ram Ahuja, Social Problems in India, 2020, Rawat Publications New Delhi.		
2.	Atal, Yogesh, Sociology-A study of the Social Sphere,2012, Dorling Kindersley (India) Pvt. Ltd., New Delhi, Licensees of Pearson Education in South Asia.		
3.	Shankar Rao. C. N., Sociology: Principles of Sociology with an Introduction to Social Thought, 2010, Chand & Company Limited, New Delhi.		
4	Madan.G.R, Indian Social Problems, 2010, Volume I & II, Seventh Edition, Mumbai: Allied Publishers.		
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.			
Recommended by Board of Studies		30-06-2021	
Approved by Academic Council		No. 62	Date 15-07-2021

Course code	Course Title	L	T	P	C
PSWK107L	Social Policy and Planning	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To provide a basic understanding on policies within the historical and political context and to describe current patterns of social welfare services.					
2. To understand the working concept of Social Policy, policy analysis, policy practice, planning and advocacy at the micro, mezzo, and macro levels of social work practice.					
3. To study the relationship of Social Policy and Planning with social work values and ethics.					
Expected Course Outcomes					
1. Students will recognize and understand the historical, cultural, economic, organizational, environmental, and global influences that affect social policy.					
2. Students will understand that human rights and social justice, as well as social welfare needs and services, are influenced by public policy at local and state level.					
3. Students will understand the impact of policy and the influence of practice in policy development.					
4. Understanding the role of social work in policy development.					
5. Students will become knowledgeable about policy formulation, analysis, implementation, and evaluation.					
6. Apply critical thinking to analyze, formulate, and advocate for policies that advance human rights, and social, economic, and environmental justice.					
Module:1	Introduction to Social Policy & Planning				9 hours
Social Policy: Concept – Scope – Objectives – Principles - Functions – Models - Relationship between social policy and social development - Role of Ideology and values in social policy. Social Planning : Concept – Scope – Principles – Indian planning in a historical perspective - planning process - Planning Commission - Limitations of planning – Role of Stakeholders in Planning. Interrelation between social policy, economic policy and social planning.					
Module:2	Social legislations and Social Justice				7 hours
Social legislations: Concept - Need and importance of Social Legislation - Process of enactment of law - Social legislation as an instrument of social change. Social Justice: Concept – Definition – Historical background – Dimension – Manifestations – Social Justice as a core value of Social Work Profession.					
Module:3	Models of Policy				5 hours
Models of Social Policy - Rational Model - Group Theory Model - Elite Theory Model - Institutional Model - Game Theory Model - Systems Model.					
Module:4	Policy Formulation				6 hours
Policy Formulation – Introduction – Objectives - Definitions – Techniques involved in policy formulation – Agencies involved in policy formulation - Policy Formulation and Development Process in India - Challenges in Formulating Gender-sensitive policies - Gender Discourses in Policy.					
Module:5	Economic and Social Development				6 hours
Role of Economy in achieving social development- Micro and macro enterprises-Social Entrepreneur. Gross domestic product (GDP) Per Capita Income (PCI) Physical Quality Life Index (PQLI) and Human Development Index (HDI) Unemployment-Establishment of minimum wages - Growth and development-Development of improved labor relations and organization.					
Module:6	Major policies and Programmes				4 hours
Evolution of social policy in India in a historical perspective - Social and welfare policies and programmes – Welfare policies and programmes of Women, Children, backward classes, Elderly, Differently abled persons, migrants, SCs and STs.					

Module:7	Policy Implementation and Stakeholders			6 hours
The role of Governmental agencies - Non-governmental organizations and people's participation- Problems in Implementation of policy-Analysis of different policies of the Central and State Governments. Liberalism, Globalization and changing nature of social policy in India. Role of Mass Media and Social Media. Role of Social Workers as Policy makers and Planners.				
Module:8	Contemporary Issues			2 hours
Guest Lecture				
	Total Lecture Hours			45 hours
Text Book(s)				
1.	Hugh Bochel, Guy Daly, Social Policy, 2020, Taylor and Francis.			
2.	George P, Sidhva D and Chakrabarti M, Social Work in a Global Context, Issues and Challenges, 2016, RoutledgeOxan and New York.			
Reference Books				
1.	Joseph and Sheeba, Community Organization and Development: An Indian Perspective, 2016, Discovery Publishing House Pvt. Ltd, New Delhi.			
2.	Sankar Pathak, Social Policy, Social Welfare and Social Development, 2013, Niruta Publications.			
3.				
4.	Sanjay Bhattacharya, Social Work: An Integrated Approach, 2012, Deep & Deep Publications, New Delhi.			
5.	Krishna Kant Singh & Ram Shankar Singh, Social Work and Community Development, 2011, ABD Publishers, Jaipur.			
6.	Sapru, R K., Public Policy: Art and Craft of Policy Analysis, 2010, PHI Learning Private Limited, New Delhi			
7.	James Midgley and Michelle Livermore (eds), The Handbook of Social Policy, 2009, Sage Publication.			
	Harihar Bhattacharya, ParthaSarkar and AngshumanKar (eds), The Politics of Social Exclusion in India: Democracy at the Crossroads, 2009, Routledge.			
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.				
Recommended by Board of Studies		30-06-2021		
Approved by Academic Council		No. 62	Date	15-07-2021

Course code	Course Title	L	T	P	C
PSWK108L	Community Organization and Development	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
<div>1. To have basic understanding on different concepts related to community organization and development.</div> <div>2. To understand the needs, problems and available resources, motivational level, values and culture followed by the community.</div> <div>3. To realize the importance of power structure to achieve the goals of community organization and development.</div>					
Expected Course Outcomes					
<div>1. Enrich the students with a deeper insight and better perspective into the concepts and on the process of community development.</div> <div>2. Knowledge on different models and approaches of community organization result in better understanding of sustainable development of society in bringing social change.</div> <div>3. Better understanding on the community power structure to practice community organization method towards empowering people for their development.</div> <div>4. Working in a community helps the students to focuses on the need and strategies of resolving it.</div> <div>5. Students will be equipped in tapping community resources to solve the community problems with the support of community participation and contribution.</div> <div>6. Student act as a catalyst to bring about positive change in society using enterprise and an in-depth understanding of communities and their environment within a framework of social work values.</div>					
Module:1	Historical perspective of Community Organization	5 hours			
History - Charity organization period (1870-1917) - Rise of Federation (1917-1935) - Expansion and professional development (1935-1955) - Community organization and social change (1955 onwards) - Basic concepts and trends in community organization - History of community development in India.					
Module:2	Community Organization & Community Development	6 hours			
Community – Definition – Importance – Types of Community. Community Organization- Need – Functions – Principles – Stages – Activities - Scope and Importance – Basic assumptions – Functions. Community Development - Definition – Need – objectives – Characteristics – Elements – Indicators – Social goals in Community Development. Community Living Models: Kibbutzim, Commune, Indian Community Living.					
Module:3	Models & Approaches of Community Organization Practice	7 hours			
Models: Locality Development Model – Social Planning Model – Social Action Model Approaches – Saul Alinsky’s Approach in Community Organization Approach: Gandhian approach - Community Development Approach - Minimum Need Approach - Integrated approach - Participatory Development approach - The Social Work approach – The Political Activists approach.					
Module:4	Community Process & Participatory Rural Appraisal	8 hours			
The Process of Community Organization: Study, analysis, assessment, Discussion, Organization, Action, Evaluation, Modification and Continuation. Concept of Rapid Rural Appraisal (RRA) & Participatory Rural Appraisal (PRA) – Pillars of PRA – Need for PRA — Comparison of RRA &					

PRA – Implementation of PRA – Types of PRA – Application of PRA – Principles for participatory learning and analysis – PRA Methods & Approaches.			
Module:5	Community Mobilization		7 hours
Community Mobilization - Need & Benefits (Long-Term Benefits - Short Term Benefits - Immediate Benefits) - Challenges - Techniques - Community Participation - Community Contribution - Community Meetings – Conflict Management – Power structure - Leadership – Communication.			
Module:6	Social Action		7 hours
Social Action - Five Cs (Cause, change agency, change targets, challenges and change strategy) – Elitist Social Action Model – Popular Action Model – Origin of Social Action in India – Relationship of Social Action with Social Problems, Social Movement, Social Reform, Social Development, Social Justice and Distributive Justice, Social Legislation and Social Conflict. Approaches of Paulo Friere - Gandhi - Martin Luther King and Mandela - Case Studies of Independence Movement, South Africa, Civil Rights Movement of USA, OTPOR of Serbia, JP Movement, Chipko Movement, Boodhan, Narmada BachaoAndolan (NBA) and other contemporary movements.			
Module:7	Skills & Role of Community Worker		3 hours
Skills - Communication Skills, Problem-Solving Skills, Skills in Resource Mobilization, Networking, Team building, Planning and Implementation, Monitoring and Evaluation, Documentation.			
Module:8	Contemporary Issues		2 hours
Guest Lecture			
	Total Lecture Hours		45 hours
Text Book(s)			
1.	Somerville, P. Understanding community: Politics, policy and practice, 2016, 2nd edition, Polity Press and Social Policy Association.		
2.	Popple, K. Analysing community work: Theory and practice, 2015, Open University Press.		
Reference Books			
1.	ManoharPawar, Social and Community Development Practice, 2014, SAGE India.		
2.	M. L. Raju, Community Organization and Social Action: Social Work Methods and Practices, 2012, Regal Publications, Delhi.		
3.	Patil A. R. Community Organization and Development: An Indian Perspective, 2012, PHI		
4.	learning Private Limited, Delhi.		
5.	Murray G. Ross, Community Organisation, 1955, Harper and Row Publishers, New York.		
	Cox. M. Fred and Erlich L. John, Strategies of Community Organisation, 1987, F.E. Peacock Publishers, Inc. Illinois.		
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.			
Recommended by Board of Studies		30-06-2021	
Approved by Academic Council		No. 62	Date 15-07-2021

Course code	Course Title	L	T	P	C
PSWK109L	Social Welfare Administration	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
<div>1. To understand the working concept of social problems, social services, social legislation, social welfare, social policy, social work, social security.</div> <div>2. To identify the causes of social problems and plan preventive programs through public participation and effective implementation of social legislation.</div> <div>3. To analyze the role and partnership of Government and non-governmental organizations for the effective implementation of various social welfare programs.</div>					
Expected Course Outcomes					
<div>1. Students will get familiarized with the welfare needs of society.</div> <div>2. Diagnosing social problems and their causes, solving the social problems with the implementation of social welfare programs.</div> <div>3. In-depth understanding of the formulated social policies and welfare programs by the Government in enhancing, restoring, or modifying the social functioning of individuals, families, and community.</div> <div>4. Understanding the role of Government, voluntary organization, Ministry departments, International social welfare agencies, financial administration in supporting and promoting social welfare programs in the upliftment of those in need.</div> <div>5. Provide an opportunity for students to understand the policies and programs from global perspectives.</div> <div>6. Assist students with an understanding of working towards social development and social welfare services.</div>					
Module:1	Social Policy and Social Change	5 hours			
Social policy: Concept and Scope, Distinction between Social and Economic Policies, Social Welfare policy, Welfare State – Indian Constitution: Fundamental rights and Directive principles of State Policy – Social Policy and Planned social change.					
Module:2	Social Welfare Programmes in India	6 hours			
Social Policies in India – Education, Health, Housing, Environment, Social Security, Food Security, Employment and Labour. Social Welfare Programmes in India – Family, Children, Orphaned and Adopted, Women, Elderly, Persons with Disabilities and Labour in the unorganized sector.					
Module:3	Human Service Organizations	5 hours			
Human Service Organizations – Features - Non-Government, Non-Profit making and Self- governing – Types of HSO – By Orientation, Levels of operation and Focus – National Policy on Voluntary sector (2007) – Organizational structure and characteristics of Human Service organizations.					
Module:4	Administrative Structure	9 hours			
Procedures in registering an organization – Societies Registration Act, 1860, Indian Trust Act, 1882, The Companies Act, 1956. Administrative Structure – Memorandum of Association, Bye laws, Constitution, Deed, Functions and responsibilities of governing board, committees and office bearers. Administrative structure of social welfare at the Central, State and Local level – Programmes of Central Social Welfare Board and State Social Welfare Boards					

Module:5	Administrative Process	7 hours
Administrative Process: Planning, Organizing, Staffing, Directing, Coordinating, Reporting and Budgeting (POSDCORB) – Mobilization of financial resources - Grants in Aid – Foreign Contribution Regulation Act, 1976 – Exemption from Income tax – Administrative skills – Writing reports, letters and minutes of meetings – Project formulation, implementation, monitoring and evaluation.		
Module:6	Organizations Structure	6 hours
Organizational structure and characteristics of Human Service Organizations. Approaches to Organizational Management – Bureaucratic model, Human Relations model and System Theory.		
Module:7	Elements of Administration	5 hours
Elements of Directing – Supervision, Motivation, Leadership, Communication, Monitoring and Evaluation. Elements of Democratic Administration – Delegation, Decentralization and Participation.		
Module:8	Contemporary Issues	2 hours
Guest Lecture		
	Total Lecture Hours	45 hours
Text Book(s)		
1.	Dr. Shradha Chandra, Social Welfare Administration in India, 2017, Lulu Press, Inc. Morrisville, North Carolina, United States.	
2.	Kaushik, A., Welfare and Development Administration in India, 2013, Global Vision Publishing House, New Delhi.	
Reference Books		
1.	Kettner, P. M., Moroney, R. M., & Martin, L. L., Designing and managing programs: an effectiveness based approach,2017, 5th Edition, Sage Publication.	
2.	Sanjay Roy, Social Welfare Administration: Development & Prospects, 2016, Discovery Publishing House Pvt, New Delhi.	
3.	Chakraborty, Bidyut and Prakash Chand, Public Policy: Concept, Theory andPractice, 2016,	
4.	Sage Publications India Private Limited, New Delhi.	
5.	D.R.Sachdeva, Social Welfare Administration in India, 1 January, 2015, Generic.	
6.		
7.	Hudson, J. Structural functional theory, social work practice and education. The journal of Sociology and Social Welfare, 2014, 5. 2-18.	
	Palekar, S. A., Development administration, 2012, Phi Publications.	
	Sanjay Bhattacharya, Social Work Administration and Development, 2009, Rawat Publication, Jaipur.	
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.		
Recommended by Board of Studies		30-06-2021
Approved by Academic Council		No. 62 Date 15-07-2021

Course code	Course Title	L	T	P	C
PSWK110L	Principles and Practice of Counselling	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To develop a basic understanding of theory and skills in counselling 2. To learn the different approaches and to develop an eclectic approach to counselling 3. To integrate counselling skills in Social work practice					
Expected Course Outcomes					
The students will be able to 1. Acquire a holistic understanding of counselling as a process and tool for interventions 2. Development of self-awareness as well as skills to handle clients 3. Understand the process and the phases the client is taken thorough 4. Acquire skills necessary and understand the principles to be abided by, while counselling individuals 5. Appreciate various approaches to the practice of counselling and therapy and develop proficiency in at least one approach 6. Recognize and imbibe attitudes and values necessary to be a professional counselor familiarize the various contexts for counselling.					
Module:1	Foundations of Counselling	4 hours			
Definition - Related fields - Counselling as a helping relationship - Purpose and effectiveness of counselling - Characteristics of effective helpers - Expectations of different individuals - Counselling goals - Overview of stages and skills of counselling - Importance of counselling skills in social work practice.					
Module:2	Rapport and Relationship Skills	7 hours			
Characteristics and functions of therapeutic relationship - Skills associated with the relationship conditions: Empathy - Paraphrasing and reflecting client messages - Pacing the client mode of experiencing - Skills for conveying genuineness: Nonverbal behaviours associated with genuineness - Congruence - Skill for conveying positive regard: Nonverbal behaviours associated with positive regard - Enhancing responses - Advanced Empathy - Openness and self- disclosure - Information sharing and providing alternate perspectives - Confrontation - Immediacy.					
Module:3	Assessing client problems and developing counselling goals	6 hours			
Purposes and components of assessment - Skills associated with assessment: Clarifying questions - Open-ended and closed questions - Intake interview - Treatment planning - Parameters of goal setting: Elements of good outcome goals - Obstacles in developing specific goals - Skills associated with goal-setting: Ability-potential response - Client participation in goal-setting.					
Module:4	Counselling Intervention Strategies	8 hours			
Affective Intervention: Goals of affective interventions - Helping clients express affect - Helping clients short out feeling - Focusing techniques: Alter ego - Empty chat - Dream work - Cognitive intervention: Goals - A-B-C-D-E analysis - Thought suppression techniques - Postponement strategies - Thought-stopping strategies - Cognitive restructuring - Behavioral intervention: Goals - Social modeling - Role-play and rehearsal - Self management intervention: Self-monitoring - Self-reward - Self-contracting.					
Module:5	Termination and follow-up	6 hours			
Determination of Termination - When clients terminates - When counsellor terminates - Premature termination - Termination report - Planning for follow-up - Referral process - Coordinating the transfer - Blocks of termination: Client resistance and counsellor resistance.					
Module:6	Professional Preparation	6 hours			
Counselling clients from different cultures - Dealing with strong emotions and defensive reactions - Managing resistance - Counsellor burn-out and self-renewal - Ethical standards -					

Legal considerations - Laws related to Allied Health Professionals Act 2021- Rehabilitation Council of India (RCI).			
Module:7	Counselling in different settings		6 hours
Group counselling - Guidance and counselling in educational setting - Counselling families - Counselling children and adolescent group setting - Premarital counselling - Counselling weaker sections - Gerontological counselling - de-addiction counselling and disaster counselling - Counselling for Social Change.			
Module:8	Contemporary Issues:		2 hours
Guest Lecture			
	Total Lecture Hours		45 hours
Text Book(s)			
1.	Bernard, J. & Hackney.H ., The Professional Counsellor: A process guide to helping, 2016, 8 th edition.		
2.	Dash, D.K., Counselling: A Dynamic Approach, 2020, 1 st edition, Notion Press.		
Reference Books			
1	Rao, S.N. & Sahajpal, P., Counselling and Guidance, 2017, 3 rd edition, McGraw Hill Education.		
2.	Prasantham, B.J., Indian case studies in Therapeutics Counselling, 2021, 7 th edition, ELS, CMC Vellore.		
3.	Haris, D.L., Winokuer, H.R., Principles and Practice of Grief Counselling, 2015, 2 nd edition, Springer Publishing Co Inc.		
4.	Reeves, A., An Introduction to Counselling and Psychotherapy: From Theory to Practice, 2019, 1 st edition, Sage Publications India Pvt Ltd.		
5.	Gibson, R.L., & Mitchell, M.H., Introduction to Counselling & Guidance, 2015, 7 th edition, Pearson Education India.		
6.	Douglas, B., Woolfe, R., Strawbridge, S., Kasket, E., & Galbraith, V., The Handbook of Counselling Psychology, 2016, 4 th edition, Sage Publications Ltd.		
Article References:			
1.	Kabir, S.M.S., Introduction to Counselling, 2017, Research Gate.		
2.	Yaumas, N.E., Syafril, S., Nour,N.M., Mahumd, Z., Umar, J., Wekke, I.S., & Rahaya, T., The Importance of Counselling Basic skills for the Counsellors, 2018, International Journal of Pure and Applied Mathematics, 119 (18), 1195-1207.		
3.	Silva, J.A.M., Siegmund, G., & Bredeineicr, J., Crisis Interventions in Online Psychological Counselling, 2015, Trends in Psychiatry and Psychotherapy, 37 (4), 171-182.		
4.	Moe, J.M., Owens, R.L., & Conoley, C.W., Positive Psychological Interventions inn Counselling, 2015, The Counselling Psychologist, 43, 508-557.		
5.	Singh, A.A., Appling, B., & Trepal, H., Using the Multicultural and Social Justice Counselling Competencies to Decolonize Counselling practice: The Important Roles of Theory, Power and Action, 2020, Journal of Counselling and Development, 98, 261-271.		
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.			
Recommended by Board of Studies		30-06-2021	
Approved by Academic Council		No. 62	Date 15-07-2021

Course code	Course Title	L	T	P	C
PSWK111L	Social Legislation	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To enable students to understand the judicial system and the legal mechanisms for seeking justice. 2. To impart knowledge about the various legislations available to deal with social problems. 3. To expose them to law enforcement institutions and bridge the gap between the Criminal Justice System and victims.					
Expected Course Outcomes					
Students will be able to 1. Demonstrate an understanding of how historical and contemporary social and legal contexts have shaped the various components of the criminal justice system. 2. Apply criminological theories to explain deviant behaviors and the criminalization of non-conformity. 3. Explain the construction of social structures and categories (e.g., race, class, gender) and their influence on laws and law enforcement, including the confluence of resultant criminogenic factors. 4. Develop strategies to address issues of social change within the context of the criminal justice system. 5. Demonstrate an in-depth understanding of one aspect of criminology, criminal justice, or law and its relationship to larger social issues. 6. Communicate criminological concepts and/or research in a manner that is appropriate for the intended audience (e.g., race, class, gender, sexuality).					
Module:1	Introduction to Social Legislation	8 hours			
Concepts of social legislation Constitutional base of social justice, positive and protective discrimination Social legislations in India as a welfare state. The Constitution of India: Preamble and Fundamental Rights. Judicial system in India: Supreme Court, High Court, District Court and Session Court, Special Courts/Tribunals. Role of Social Workers in promotion of social Justice, Human Rights through Social Legislation.					
Module:2	Laws related to Citizens	7 hours			
Lok-Adalat- Purpose and legal Provisions - Legal Aid: Concept & history of legal-aid, persons needing legal-aid, legal-aid schemes - Judicial activism and Public Interest Litigation: Meaning, Concept, Process and Problems - Provisions and implementation - Right to Information Act 2005 Consumer Protection Act - Project Affected persons- Role of Social Worker: Social Work intervention, need, methods and problems.					
Module:3	Marriage and Law	5 hours			
Hindu Marriage Act 1955, Hindu Adoption and Maintenance Act 1956,Christian Marriage Act 1955, Laws pertaining to Marriage, Divorce, Adoption under Mohammedan Laws, Special Marriage Act 1954, Family Court Act 1984.					
Module:4	Women and Law	6 hours			
Dowry Prohibition Act 1961(1986), Prevention of Immoral Traffic Act 1956 TN Prohibition ofEve Teasing Act 1988, TN Prohibition of Ragging Act 1997, Indecent representation of women Act 1986, Domestic Violence Act 2005, Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, Maternity Benefit Act 1961(2017).					
Module:5	Children and Law	5 hours			
Child Marriage Restraint Act 1929, Juvenile Justice Act 2000, Child Labour Abolition and Regulation Act 1986, Central Adoption Resource Agency Guidelines 1991, Protection of Children					

from Sexual Offences Act (POCSO) 2012, Guardians and Wards Act, 1890.			
Module:6	Social Problems and Law		7 hours
Transplant of Human Organs Act- 1994, Cyber Crime and Information Technology Act, 2000, Maintenance and Welfare of Parents and Senior Citizens Act- 2007, Bonded Labour (System) Abolition Act. 1976. The Scheduled Castes and Scheduled Tribes (Prevention of Atrocities) Act- 1989, Protection of Civil Rights (PCR) Act 1955, The Tamil Nadu Prevention of Begging Act 1945, Tamil Nadu Interests of Depositors Act 1997 - Crime and Criminality.			
Module:7	Laws Related to Workers & Differently Abled Groups		5 hours
Laws Related to Workers: Social Security Acts- ESI, PF, etc. Informal sector. Laws Related to disabled groups: Mental health, Persons with disability - Prohibition of Employment as Manual Scavengers and Rehabilitation, - Bonded Labour and Migrant workers, Beggars, LGBT.			
Module:8	Contemporary Issues		2 hours
Guest Lecture			
	Total Lecture Hours		45 hours
Text Book(s)			
1.	Namita Gupta (ed.), Social Justice and Human Rights in India, 2021, Rawat Publciation,		
2.	Jaipur. K .D. Gaur, A Textbook on the Indian Penal Code, 2020, Universal Law Publications.		
Reference Books			
1.	Geeta Chopra, Child Rights in India: Challenges and Social Action, 2021, Rawat Publciation, Jaipur.		
2.	Anand Teltumbde, Dalit: Past, Present & Future, 2017, Routledge.		
3.	Helen Carr and David Goosey, Law for Social Workers, 2017, Oxford University Press.		
4.	IshwarModi, Gender, Identity & Multiple Marginalities, 2015, Rawat Publication, Jaipur & New Delhi.		
5.	Pauline Kolenda, Caste, Marriage & Inequality: Essays on North & South India, 2015, Rawat Publication, Jaipur & New Delhi.		
6.	Sukhadeo Thorat & Nidhi Sadana Sabharwal (edi), Bridging the Social Gap; Perspectives on Dalit Empowerment, 2014, Sage Publication.		
7.	Sumit Sarkar & Tanika Sarkar (edi), Caste in Modern India, Permanent Black, Vol-I & II, 2014, Sage Publication.		
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.			
Recommended by Board of Studies		30-06-2021	
Approved by Academic Council		No. 62	Date 15-07-2021

Course code	Course Title	L	T	P	C
PSWK112E	Research Methodology	2	0	4	4
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To develop skills in the selection and formulation of research problems with an understanding of the rationale and the different steps involved in the process.					
2. To familiarize with understanding of the various research Designs and their elements, as well as design requirements					
3. To inculcate skills for processing, analysis, interpretation, documentation, presentation and report Writing.					
Expected Course Outcomes					
Students will be able to					
1. Demonstrate knowledge of the scientific method of inquiry for the study of social phenomena.					
2. Develop an understanding of the research process and basic research skills.					
3. Demonstrate knowledge of scales, notation, frequency distributions, measures of central tendency, measures of dispersion, and the normal distribution.					
4. Read and analyze basic charts and graphs, contingency tables, and computer results.					
5. Explain, calculate, and interpret inferential statistics including probability, and hypothesis tests.					
6. Comprehend mixed method used in social research.					
Module:1	The Concepts and Research Project				4 hours
Social Work Research: Concept, definition and objectives: differentiate social research and social work research - Scientific enquiry: scope and nature, basic elements of scientific method - Research paradigms: quantitative and qualitative- philosophical dimensions of research - Epistemological and Ontological considerations. Planning a Research Project: Identification and formulation of research problem, Framing objectives, defining concepts, Conceptual and Operational definitions; Use of theorization in review of literature.					
Module:2	Methods of Social Research				4 hours
Historical, Action research, Participatory research – RRA, PRA, PLA & AI, Field research, Evaluatory research, Census study, Survey Research, Monitoring and research. Methods of data collection: Systematic observation, life histories, in-depth/unstructured interviews, group interviews and focus group discussions, case studies, narrative research, phenomenology, ethnography and participant observation – advantages and disadvantages - Grounded theory, Content Analysis, Narrative, SWOT analysis.					
Module:3	Quantitative and Qualitative Research Methods in Social Work				4 hours
Research Problem Formulation: Concepts, theoretical and operational definition of concepts - role of theory in research - variables: types - Hypothesis- definition, types, sources and significance - Formulation of research proposal- steps of research proposal - pilot study - ethical considerations in research. Approaches in qualitative research- Planning and preparing proposals for qualitative studies- The Process of Qualitative Research - Conceptualizing qualitative studies: identifying the focus of the study, the areas of study and lines of inquiry - Designing qualitative studies: developing a research strategy, theoretical sampling, specifying the role of the researched and the researcher, and insider/outsider perspectives.					
Module:4	Research Design				4 hours
Research Design: - Meaning, purposes and types: cross sectional; longitudinal; experimental. Quasi-experimental design. Single subject designs in social work, group design. Mixed methods design: Concept of triangulation and iteration; Types - Sequential explanatory, Sequential transformative, Concurrent triangulation, Concurrent nested and Concurrent transformative.					

Module:5	Population and Sampling	3 hours
Sampling definition, sampling theory, purpose and types - probability and non-probability sampling – Merits and demerits. Sources and types of data: primary and secondary, objective and subjective, quantitative and qualitative data. Objective of the questionnaire – Types of questionnaire – Steps in preparation of questionnaire – Do’s and Don’ts of the questionnaire – Layout of questionnaire model.		
Module:6	Data Collection and Measurement	5 hours
Data Collection: Methods of data collection – Quantitative Tools: Questionnaire, interview schedule, Online survey, Structured Observation. Qualitative Tools: Key informant, FGDs, Case study Participatory and Rapid appraisal techniques and process, Interview Guide, Documents & Audio-visual materials.		
Measurement -Levels of measurement: Nominal, Ordinal, Interval and Ratio. Pre-test, Problems of scaling - Reliability, Internal and external validity.		
Central Tendency: meaning, relevance, uses, merits and demerits Measures of dispersion (Range, Quartile deviation, Mean deviation, Standard Deviation): meaning, relevance, uses, merits and demerits Measures of Correlation (Karl Pearson’s Coefficient of correlation and Spearman’s Rank correlation) : meaning, relevance, uses, merits and demerits.		
Module:7	Data Analysis and Writing Research Report	4 hours
Steps involved in hypothesis testing; Type I and Type II error, Tests of significance, Levels of confidence, degrees of freedom. Chi square test, t test, One way and two way Anova. Correlation – Simple Regression – Multiple Regression - Factor Analysis - Cluster Analysis. Preparation of research report – Structure and contents-requisites of good report-referencing, bibliography.		
Module:8	Contemporary Issues	2 hours
Guest Lecture – Statistical Methods		
	Total Lecture Hours	30 hours
Text Book(s)		
1.	ArunangshuGiri, DebasishBiswas, Research Methodology for Social Sciences, 2019, SAGE Publications.	
2.	Chawla Deepak &NeenaSodhi, Research Methodology: Concepts and Cases, 2015, 2nd Edition, Vikas Publishing House.	
Reference Books		
1.	Lynette Joubert, Martin Webber, The Routledge Handbook of Social Work Practice Research, 1st Edition. 2020, Routledge, London.	
2.	C.R. Kothari &GauravGarg, Research Methodology: Methods and Techniques, 2019, 4th Edition,	
3.	New Age International Publishers, Chennai.	
4.	Bandalos, D. L., Measurement Theory and Applications for the Social Sciences, 2018, The Guilford Press, New York.	
5.	Leavy, P. Research Design: Quantitative, Qualitative, Mixed Methods, Arts Based, and Community-Based Participatory Research Approaches, 2017, Guilford Press, New York.	
6.	Hardwick, L., Smith, R., &Worsley, A., Innovations in Social Work Research: Using Methods Creatively, 2016, Jessica Kingsley, London.	
7.	Crano, W. D., Brewer, M. B., & Lac, A., Principles and Methods of Social Research, 2015, 3rd ed. Routledge, New Delhi.	
	Ranjit Kumar, Research Methodology: A step by step guide for beginners, 2014, Sage Publications, New Delhi.	
Indicative Experiments		
1.	Basic Framework - Preparation of Data Files - Data Screening and Transformation	
2.	Coding, Data entry, Editing, Classification and tabulation of data; Data analysis, interpretation and drawing inferences.	

3.	Diagrammatic presentation of data- Bar chart, Pie chart, Histogram, Frequency curve and O-give.	
4.	Problems of scaling - Reliability, Internal and external validity	
5	Analyzing ANOVA, correlation, Regression and Factor Analysis	
Total Laboratory Hours		30 hours
Mode of Evaluation: CAT / Digital assignments / Quiz / FAT.		
Recommended by Board of Studies		30-06-2021
Approved by Academic Council	No. 62	Date 15-07-2021

Course code	Course Title	L	T	P	C
PSWKxxxx	Disaster Management	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To provide conceptual understanding of the social nature of natural hazards and disasters. 2. To educate students on the different forms of disasters that occurred globally, international and national policies, institutional mechanisms in disaster mitigation, preparedness, response, and recovery 3. To make the learners aware on the role of social workers in disaster recovery plans at various level of interventions.					
Expected Course Outcomes					
1. Students will acquire knowledge about different types of disasters and approaches of disaster management 2. Understand the natural environment and its relationships with human activities. 3. Analyse human impacts on the environment and the consequent results. 4. Integrate facts, concepts, and methods from multiple disciplines and apply it to environmental problems. 5. Evaluate and manage the different public health aspects of disaster events at local and global levels. 6. Examine and communicate information on risks, relief needs and lessons learned from earlier disaster management Lessons to formulate strategies for mitigation for future endeavours.					
Module:1	Introduction to Disaster	4 hours			
Disaster: Meaning, Concepts and related issues, Definitions of Disaster management, Risk, Hazard.					
Module:2	Natural Disaster and Causes	6 hours			
Natural Disaster: Meteorological: Storm, Cyclone. Topological: Avalanche. Telluric: Earthquake. Manmade disasters. Effects: Physical, Social, Economic, Psychological, Spatial.					
Module:3	Theories and Models of Disaster	6 hours			
Theories – Vulnerability theory, Resilience theory, Community theory, Ecology theory, Models of Disaster - Crunch Model and Release Model. Types and Effects of Disaster.					
Module: 4	Disaster Management and Phases	7 hours			
Disaster Management and Phases: Pre-disaster: Prevention, Preparation, Education Vulnerability and Preparedness, Actual Disaster: Contingency, Short Term and Long Term Plans, Search, Relief, Rescue, Recovery and Restoration, Evacuation Management.					
Module: 5	Assessment and Disaster Preparedness	6 hours			
Participatory Assessment of Disaster Risk Steps - Preparation, Hazard Assessment, Vulnerability Assessment, Community Asset mapping, Capacity Assessment, Key Informant Interviews and Action Planning. Disaster planning and preparedness, Role of Social workers in disaster work.					
Module: 6	Post Disaster and Disaster Management	7 hours			
Post disaster: Rehabilitation and Commemorations, Role of Social Workers and Voluntary Agencies, Role of Social Work Professionals at Different Levels: Resources Mobilization, Working with Other Professionals, Working with Government and Voluntary Organizations, Voluntary Agencies Working on Disaster Management, International Intervention and Collaboration for disaster recovery.					
Module:7	Science and Technology for Disaster Management	7 hours			
Definition, Concepts, Scope of science and technology for Disaster management, Sustainable Development Goals for Technology and Environment, Disaster risk reduction and management, Hyogo and Sendai Frameworks and Disasters. Challenges and limits of adapting and adopting					

technologies, Prevention of Disasters, Relationship between sustainable development and disasters.			
Module:8	Contemporary Issues		2 hours
Guest Lecture			
	Total Lecture Hours		45 hours
Text Book(s)			
1. Mondal D, Disaster Management Concepts and Approaches, 2020, CBS Publishers and Distributors, Chennai.			
2. Rajendra Kumar Pandey,Disaster Management in India, 2020, Sage Publications.			
Reference Books			
1.	Margaret Alston, Tricia Hazeleger, Desley Hargreaves, Social Work and Disasters: A Handbook for Practice, 2019, Routledge, UK.		
2.	Vikas Mishra, Disaster Management and Social Work, 2016, Delve Publishing, USA.		
3.	George P, Sidhva D, Chakrabarti M,2016, Social Work in a Global Context, Issues and Challenges : RoutledgeOxan and NewYork.		
4.	Bhatt S, Phukan D, Social Work Education in India : A Resource Book, 2015, published by National Association of Professional Social Workers in India (NAPSWI), New Delhi.		
5.	Thakur ShailendraNath, Handbook of Environmental Disaster and Management, 2012, Manas Publications, Jaipur.		
6.	Thakur ShailendraNath, Global Environment, 2011, Manas Publications, Jaipur.		
7.	David Gillespie and Kofi Danso, Disaster concepts and issues: a guide for social work education and practice, 2010, Council on Social Work Education, Inc, USA.		
Mode of Evaluation: CAT /Quiz / Digital Assignments / FAT.			
Recommended by Board of Studies		30.06.2021	
Approved by Academic Council		No. xx	Date DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWKxxxx	Environmental Social Work	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To understand the inter-relation between society on natural systems. 2. To analyse multi-dimensional problems of environment and synthesize alternative sustainable solutions. 3. To create consciousness in creating a just and sustainable environment.					
Expected Course Outcomes					
1. Learn about the economic, social, and environmental aspects of sustainability and some frameworks for defining and measuring progress toward a sustainable society. 2. Explore the major impacts that human beings have on the environment. 3. Engage learners in experiential learning activities through modern approach. 4. Equipping learners to take feasible actions in protecting environment 5. Articulating methodologies in solving long term problems affecting human being and environment 6. Organizing regular events on recycling programs in creating consciousness on social responsibility.					
Module:1	Introduction to Environment	4 hours			
Introduction to Environment and Environmental Studies: Definition and Components of Environment, Relationship between the different components of Environment, Relationship between Man and Environment, Impact of technology on Environment, Environmental Degradation, and Multidisciplinary nature of the Environment studies- its scope and importance in the present day Education System.					
Module:2	Natural Resources	6 hours			
Natural Resources: Renewable and non-renewable resources, Natural resources and associated problems, Forest resources, Water resources, Mineral resources, Food resources, Energy resources, Land resources, Role of an individual in conservation of natural resources, Equitable use of resources for sustainable lifestyles.					
Module:3	Introduction to Biodiversity	5 hours			
Definition: genetic, species and ecosystem diversity, Bio geographical classification of India, Value of biodiversity, Biodiversity at global, national and local levels, Threats to biodiversity, Conservation of biodiversity.					
Module:4	Conservation of Biodiversity	7 hours			
Social Issues and the Environment from unsustainable to sustainable development, Urban problems related to energy, Water conservation, rain water harvesting, watershed management, Resettlement and rehabilitation of people; its problems and concerns, Case studies, Climate change, Global warming, Environmental Protection Act, Public awareness, Population growth, Role of Information Technology in Environment and Human Health, Role of Social workers in Environmental Protection.					
Module:5	Environmental Sustainability	7 hours			
Concepts, Scope and theories of Ecological and environmental sustainability – methods and approaches of environmental sustainability. Impact of environmental sustainability on society. Influence of industrial ecology and impact of pollution prevention, Climate change, Three pillars of sustainability – economic viability, environmental protection and social equity.					
Module:6	Environmental Justice	7 hours			
Concept on environmental quality and social justice. Hazardous and non-hazardous pollution. Natural resources and environmental threats impacting social, political and economic processes on					

health and livelihood. Environmental Justice and Globalization, Conservation and Sustainability, Environmental justice issues in urban and rural settings, Environmental Justice Movement, Climate justice, Nature conservation as social exclusion movement.			
Module:7	Global Consciousness and Best Practices		7 hours
Concepts, meanings, features, scope of global consciousness. International Perspectives of global environment – Challenges and approaches – sustainability consciousness and role of students, Best practices adopted in other countries in protecting the environment, Role of Environmental agencies in protecting the environment, Natural ecosystems and biodiversity.			
Module:8	Contemporary Issues		2 hours
Guest Lecture			
	Total Lecture Hours		45 hours
Text Book(s)			
1.	Sunil D.Santha, Climate change and Adaptive Innovatio: A Model for Social Work Practice, 2020, Routledge, UK.		
2.	George P, Sidhva D, Chakrabarti M. Social Work in a Global Context, Issues and Challenges, 2016, RoutledgeOxan and New York.		
Reference Books			
1.	Sylvia Ramsay, Jennifer Boddy, Environmental Social Work: A Concept Analysis, The British Journal of Social Work, Volume 47, Issue 1, January 2017, pages 68 - 86, https://doi.org/10.1093/bjsw/bcw078 .		
2.	Mel Gray, John Coates and TianiHetheingtton (eds), Environmental Social Work, 2013, published by Routledge, London.		
3.	Mel Gray, John Coates and Thani Hetherington, Environmental Social Work, 2012, Routledge, UK.		
4.	Sanjay Bhattacharya, Social Work: An Integrated Approach, 2012, Deep & Deep Publications, New Delhi.		
5.	Schmitz, C.L., Matyok, T., Sloan, L., & James, C.D., The Relationship between Social Work and Environmental Sustainability: Implications for Interdisciplinary Practice, International Journal of Social Welfare, 21(3), 278 – 286. OI: 10.1111/j.1468-2397.2011.00855.x.		
Mode of Evaluation: CAT / Quiz / Digital Assignments / FAT.			
Recommended by Board of Studies		30.06.2021	
Approved by Academic Council		No. xx	Date DD-MM-YYYY

Discipline Elective Courses

Course code	Course Title	L	T	P	C
PSWK201L	Community Health	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To generate awareness on health requirements of the vulnerable sections of the community.					
2. To motivate students to integrate health issues in their field work practices.					
3. To help students develop their knowledge in social work interventions in the area of community health.					
Expected Course Outcomes					
Students will be able to:					
1. Understand the essential concepts of community health.					
2. Gain awareness on the causes, preventive measures and treatment of various diseases.					
3. Realize the issues related to maternal and child care health.					
4. Comprehend the importance of food, nutrition and immunization in community health care.					
5. Understand the relevance of SDGs, MDGs and NGOs in ensuring community health.					
6. Acquire knowledge on national level policies and legal support meant for community health.					
Module:1	Concepts of Community Health	6 hours			
Definition of Health and Wellbeing - Determinants and Indicators of Health - Social Determinants of health: Health, Hygiene and Sanitation - Definition of disease - Definition of Community Health - Definition of Public Health - Changing concepts in Public Health - Health Perspective - Human Development Index.					
Module:2	Communicable and Non – Communicable Diseases	7 hours			
Communicable diseases: Causes, Prevention and Treatment - Mode of transmission: Vector borne, Air borne and Water borne diseases - Swine Flu - HIV/AIDS, T.B, Hansen's disease - Non-Communicable diseases: Diabetes, Cardiac diseases, Hepatitis and Cancer, Addiction and health: Alcoholism and Drug addiction - Definition, characteristics and stages - Impact of addiction: Individual, family, social, economic, employment and moral issues.					
Module:3	Maternal and Child Health	6 hours			
Maternal and Child Health - Issues and problems - Gender and Health - IMR & MMR: Definition and importance - Antenatal - Intranatal - Post natal care - Breast feeding and its importance - Reproductive Health - Importance of Reproductive health - Family planning & its methods - Sex and Sexuality in terms of HIV/AIDS, LGBT community - Sexual Reproductive health right.					
Module:4	Food, Nutrition, Immunization & Health	4 hours			
Food, Nutrition & Health - Concept of balanced diet - Malnutrition - Vitamin and Protein deficiency disorders - Poverty, Health and Human rights - Immunization and health.					
Module:5	Health Care in India	6 hours			
Health care systems in India - Administrative structure and functions of Primary Health Care centres - Levels of Health Care - Primary, Secondary and Tertiary levels - NRHM, AYUSH - Practice of Health Education: Definition, Approaches, Models, Contents, Principles, Preventive, Curative and Social medicine.					
Module:6	SDGs and NGOs on Health	7 hours			
Millennium Development Goals & Sustainable Development Goals - Influence of Market focus on Community Health - Role, Functions and Problems - National and International organization working in the field of community health: UNISEF, WHO, FAO, SAID, REDCROSS, CARE, FORD FOUNDATION.					
Module:7	National Policies on Health	7 hours			
National Health Policy 2002 - National AIDS prevention and control policy 2002 - National					

Policy for old persons 1999 - Legislations related to health: Indian Council for Medical Research Act 1956 and regulations 2002, The Epidemic Disease Act 1897, Mental Health Act 1987, Drugs Control Acts 1948, The Red Cross Society Act 1936.				
Module:8		Contemporary Issues		2 hours
Guest Lecture				
		Total Lecture Hours		45 hours
Text Book(s)				
1.	Park, J.E., Social Medicine, 2017, Bhanot Publishers, New Delhi.			
2.	J E. Park., Park’s Textbook of Preventive and Social Medicine, 2017, 23rd Edition, Bhanot Publishers, New Delhi.			
Reference Books				
1.	Abusaif, A., Community Medicine: Communicable & Non-Communicable diseases, 2021, Benha University.			
2.	Sombulingam, K. & Sombulingam, P., Essentials of Medical Physiology, 2019, 8th Edition, Jaypee Brothers Medical Publishers.			
3.	Sharma, A., Principles of Therapeutic Nutrition and Dietetics, 2017, 1st edition, CBS.			
4.	Lundgren, C. & Molander, C., Teamwork in Medical Rehabilitation, 2017, 1 st edition, Routledge.			
5.	Carranza, C. M. G., Social Work in the Hospital Setting, 2015, Canada: Trafford.			
7.	Park, K., Essentials of Community Health Nursing, 2015, Bhanot Publishers, New Delhi. Karen M. Allen & William J. Spitzer, Social Work Practice in Healthcare Advanced Approaches and Emerging Trends, 2015, SAGE Publications.			
Mode of Evaluation: CAT / Quiz /Digital Assignments / FAT.				
Recommended by Board of Studies			30.06.2021	
Approved by Academic Council			No. xx	Date DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK202K	Rural Community Development	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To gain awareness on rural communities and their problems. 2. To comprehend the theories and approaches of community development and analyse the experiments done for progress of the rural population. 3. To understand the policies and programmes of the government for the rural and tribal community development.					
Expected Course Outcomes					
Students will be able to 1. Understand rural society and the dynamics within rural community. 2. Analyse various approaches and methods of community development and the application of social work methods in rural development. 3. Gain awareness on rural development interventions in post-independent India. 4. Understand the contemporary issues of rural society and rural livelihoods. 5. Identify central and state level mechanism for rural development. 6. Develop strategies for rural community including tribal community, their problems and the welfare programmes for the tribal area.					
Module:1	Introduction to Rural Community	3 hours			
Rural Community: Definition and Characteristics - Dynamics of rural society: Caste, Class, Gender relations, Power, Agrarian relations.					
Module:2	Community Development and Early Experiments	7 hours			
Community Development initiatives Definition, Objectives and Principles - Theories of Community Development: System theory, Micro-Macro community development theory - Methods and Approaches of community development - Application of social work methods in Rural Development - Rural Development Approach: Multipurpose Approach, Integrated Development Approach, Area Development Approach, Multilevel District planning Approach, Target group Approach - Early experiments of Rural Development- Sriniketan, Marthandam, Gurgaon, Firka movement, Nilokheri and Etawah pilot projects.					
Module:3	Rural Development Programmes in Post-Independent India	10 hours			
Post independent Rural Development Programmes and Schemes: Community Development Programme, Integrated Rural Development Programme, PradhanMantri Gram SadakYojana, Swarna Jayanti Gram Swarozgar Yojana, Sampoorna Grameen RozgarYojana, National Food for Work Programme, Minimum Needs Programme, Rural Water Supply Programme, Rural Sanitation Programme, Indira Awas Yojana, Pradhan Mantri Kaushal VikasYojana, Watershed Development Programme, Accelerated Rural Electrification Programme, Integrated Rural Energy Programme, Pradhan Mantri Gramodaya Yojana, MGNREGA Scheme - PURA - Five Year plans - Role of CAPART, NABARD, TAHDCO, NIRD, SIRD.					
Module:4	Rural Livelihoods, Poverty and Contemporary Concerns	5 hours			
Rural Livelihoods: Diversity, Trends, Strategies and Challenges - Entitlements of Rural Poor: Land, Food, Energy, Justice and Security - Rural Poverty and Indebtedness: Causes, Dimensions and Measurement issues - Rural Employment Status and Challenges.					
Module:5	Rural community Development - Administrative Structure and Functions	5 hours			
Central and State level agencies supporting Rural Development - Planning Commission - Rural Local bodies and Power structure - Panchayati raj system: Local, Block and District level - Functions of Panchayatiraj.					
Module:6	Tribal Community - Characteristics and Problems	6 hours			

Tribal Community: Definition and Characteristics – Types of Tribal Community - Regional distribution of Tribes - Problems of Tribes: Child Marriage, Poverty, Health, Illiteracy, Exploitation and Atrocities on Tribes - Migration and related problems; Displacement and Rehabilitation of Tribes - Tribal Movements in India.						
Module:7		Tribal Development Administration and Programmes		7 hours		
Tribal Development Administration: Need, structure and initiatives at the Central, State and District levels - Constitutional provisions for the Tribal Community - Role of NGOs in Tribal Development - Tribal Development Programmes and Policies: Tribal Area Development Programme, Hill Area Development Programmes - Application of Social Work methods in Tribal Development - Problems in implementation of Tribal Development Programmes in India.						
Module:8		Contemporary Issues			2 hours	
Guest Lecture						
		Total Lecture Hours			45 hours	
Text Book(s)						
1.	Desai, A. R., Rural Sociology in India, 2019,5 th Edition, SAGE Publications, India.					
2.	Nagwanshee, Rajkumar, (Ed.) Tribal Development in India: Challenges and Opportunities 2019, Writers Choice, India.					
Reference Books						
1.	Mahi Pal. Rural Local Governance and Development, 2020, SAGE, India.					
2.	Laveena D Mello, Community Development: Rural, Urban and A Tribal Perspective, 2018, FSP Media Publications, India.					
3.	Maddick, H, Panchayati raj: A study of rural local Government in India. 2018, Jaipur: Rawat.					
4.	Jana, A. K. (Ed.). Decentralizing rural governance and development: Perspectives, ideas and experiences. 2015, Rawat, Jaipur.					
5.	Joshi, V., & Upadhyaya, C. (eds). Tribal situation in India: Issues and development, 2017, Second Revised Edition, Rawat, Jaipur.					
6.	Sharma, B.D.,Administration for tribal development, 1977, Indian Journal of Public Administration, 23(3), pp.515-539.					
Mode of Evaluation: CAT / Digital Assignments / Quiz / FAT.						
Recommended by Board of Studies				30.06.2021		
Approved by Academic Council				No. xx	Date	DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK203L	Urban Community Development	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To understand urban communities, urban planning and development. 2. To generate awareness regarding the rights of the impoverished sections of urban communities. 3. To develop essential skills for social work interventions in urban areas.					
Expected Course Outcomes					
Students will be able to: 1. Gain insights on the urban communities and develop theoretical perspectives on urbanization. 2. Comprehend the issues faced by the impoverished sections of urban communities. 3. Acquire comprehensive understanding on urban policies and programmes in India. 4. Identify the need for participation, social action, advocacy and community mobilization for urban community development. 5. Obtain knowledge on urban administration and functions of various urban local bodies. 6. Develop skills and competencies to work with urban communities.					
Module:1	Urban Communities and Urbanization	7 hours			
Urban Communities: Meaning, Characteristics, Types and Features - City: Meaning – Classification: Urban Agglomeration, Suburbs, Satellite towns, Hinterlands, New towns, Metropolis, Megalopolis, Rural Urban linkages – Urbanization: Concept, Characteristics, Process, Theories - Causes and Consequences of urbanization.					
Module:2	Urban Poor	6 hours			
Urban poor: Identity - Challenges: Right to food security, Housing and livelihood - Urban basic services for the poor and its impact: Sanitation, Health and Water condition – Urban Poverty: Issues of Social exclusion and inclusion.					
Module:3	Urban Community Development Policies and Programmes	8 hours			
Urban Community Development : Definition, Objectives - Urban development policies and programmes of India: Initiatives by the Ministry of Urban affairs, Five year plans, Housing and Urban Development Corporation (HUDCO) and JNNURM, Urban Basic Services Programmes (UBSP), Metro Rail Projects - Urban Planning: Town and Country Planning Act 1971, Importance of Community planning and Community participation in Urban Development - Application of Social work methods in Urban Development.					
Module:4	Emerging Urban Problems and Concerns	8 hours			
Slum: Definition, causes and characteristics, Types - Impact of privatization, Industrialization and Globalization on Slum - Drug addiction - Sex workers - Juvenile Delinquency - Urban Poverty - Urban unemployment – Issues of Urban settlement and housing - Urban pollution - Pavement dwelling and street vendors - Waste management - Urban transport - Emerging Concerns: Urban reforms and impacts on the poor, need for National Urban Policy.					
Module:5	Participation, Action and Advocacy	5 hours			
People’s participation: Concept, importance, scope - Social action and advocacy in urban development - Public distribution systems - Right to information and accountability - Civil society initiatives for urban community development - Case studies of best practices.					
Module:6	Urban Community Development Administration	5 hours			
Urban Community Development Administration: Need, Structure and Initiatives at the Central, State and Local levels - Salient features of the 74 th Constitutional Amendment Act - Slum Clearance Board - Housing Board - Initiatives of UN.					
Module:7	Community Mobilization for Urban Community Development	4 hours			

Community Mobilization: Definition and facilitating techniques - Community Mobilization in slums - and Community Mobilization for disaster preparedness management.			
Module:8		Contemporary Issues	
		2 hours	
Guest Lecture			
		Total Lecture Hours	
		45 hours	
Text Book(s)			
1.	Pattanaik, B. K., Introduction to Urban Development and Planning, 2020, SAGE Publications, India		
2.	Goetschius, George W, Working with Community Groups: Using Community Development as a Method of Social Work ILS 198, 2015, 8 th Edition, Taylor & Francis, United Kingdom.		
Reference Books			
1.	Mukherjee, J., Sustainable urbanization in India: challenges and opportunities, 2018, Springer, Singapore.		
2.	Jayaram, N., Social dynamics of the urban: studies from india, 2017, Springer, New Delhi.		
3.	Rajeev, M., &Vani, B., Financial access of the urban poor in India: a story of Exclusion, 2017, Springer, New Delhi.		
4.	Chakravarty, S., Negi, R., &Chakravarty, S., Space, planning and everyday contestations in Delhi, 2016, Springer India, New Delhi.		
5.	Kala, S. S., & Wan, G., Urbanization in Asia: governance, infrastructure and the Environment, 2016, Springer, New Delhi.		
6.	Lemanski, C., & Marx, C., The city in urban poverty, 2015, Palgrave Macmillan, New York.		
Mode of Evaluation: CAT / Quiz / Digital Assignments / FAT.			
Recommended by Board of Studies		30.06.2021	
Approved by Academic Council		No. xx	Date DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK204L	Social work with Families and Children	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives:					
1. To understand families as social systems and factors affecting family functioning					
2. To comprehend the significance of child development and rights of children					
3. To acquaint with policies, programmes and services related to family and children					
Expected Course Outcomes:					
By the end of the course, students will be able to:					
1. Understand the changing structural and functional dynamics of family systems					
2. Learn assessment of family relations and design suitable interventions for ensuring family well-being					
3. Examine state of children in India, their vulnerabilities and efficacy of policies and programmes for the children					
4. Comprehend the social work response in family setting and learn skills in working with couples, families and children course					
5. Develop skills of working with family systems and children					
6. Able to create a rational frame work about child rights & child issues					
Module:1	Family as an Institution	7 hours			
Family as an Institution its function and importance; Impact of urbanization on family; Changing functions of family; problems related to family; objectives of family welfare; Historical development of services for the family, women and children.					
Module:2	Family Assessment	5 hours			
Marriage: concept, relevance, structures and functions - Family life cycle: roles and challenges in various stages. Theoretical models of family assessment (Circumplex, Ecological approach, McMaster).					
Module:3	Family Problems	6 hours			
Family problems & social work response - Intra-family problems: types, causes and consequences - Families in vulnerable situations (poverty, disaster, communal violence) - Family counseling and family therapy - Skills and techniques of working with families - Family enrichment programmes.					
Module:4	Family Welfare Programmes	6 hours			
Family welfare programmes in the areas of health education housing and employment. Development services to strengthen the family, socio-economic programmes; family welfare agencies, counselling and guidance institutional services. Demographic problems and population control Family Planning Programmes and role of social worker in relation to family planning.					
Module:5	Child Development	6 hours			
Child Development: Issues and Challenges - Child development: concept, philosophy and historical context - Demographic state of children in India: health, education, protection -Early childhood care and development, Child rearing practices and implications.					
Module:6	Children and Policies	7 hours			
Vulnerable children: policy and social work response - Children in difficult circumstances: caste, disability, poverty, migration, orphaned, trafficked, in prostitution, abuse - Legislative measures and programmes for child protection - Social work role and response to children in need of care and protection - Child centric counselling, therapy, skills and techniques in working with children - Child Rights, Constitutional provisions, Policies and legislations for child well-being.					
Module:7	Role of Social Worker in Child Care Settings	6 hours			
Foster Care – Residential Care – School Social Work – Adoption – Juveniles home – Children with disabilities.					

Module:8	Contemporary Issues	2 hours
Guest Lecture: Childhood Disorders: Autism & infantile schizophrenia, attention deficit and hyperactivity disorder, behaviour and habit disorder, disorders associated with eating, speech and sleep, scholastic backwardness, identity crisis.		
	Total Lecture Hours	45 hours
Text Book(s)		
1.	Nancy Boyd Webb and Luis H. Zayas, Social Work Practice with Children (Clinical Practice with Children, Adolescents, and Families), 2019, Guilford Press, New York.	
2.	Nancy Boyd Webb, Social Work Practice with Children, 2018, Guilford Press, New York.	
Reference Books		
1.	Bajpai, A. Child rights in India: Law, Policy & Practice, (2017), Oxford University Press.	
2.	Patricia, M., & Hook, V. Social work Practice with Families: A Resiliency based Approach, UK: (2016), Oxford University Press.	
3.	Chopra, G. (2015). Child rights in India: Challenges and Social Action, India: Springer.	
4.	Williams, L., Edward, T. M., Patterson, J., & Chamow, L. Essential Assessment Skills for	
5.	Couple & Family Therapists, (2014), Guilford Press.	
6.	Davies, M. Social Work with Children and Families, (2012), Palgrave Macmillan.	
	Unwin, P., & Hogg, R. Effective social work with Children and Families: A Skills Handbook (2012), Sage.	
Mode of Evaluation: CAT / Quiz / Digital assignments / FAT.		
Recommended by Board of Studies		30.06.2021
Approved by Academic Council		No. xx
	Date	DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK205L	Social Innovation and Entrepreneurship	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To gain insights into social innovations and entrepreneurship 2. To generate awareness and strengthen skills for sustainable entrepreneurship 3. To develop capable social entrepreneurs aiming positive impact on society					
Expected Course Outcomes					
Students will be able to 1. Develop a basic understanding of social innovation and social entrepreneurship 2. Gain insights of the various strategies to be adopted for entrepreneurship development 3. Build skills on organizational behaviour and marketing principles for social enterprises 4. Identify and manage risks pertaining to the development of social enterprises 5. Gain a comprehensive understanding of legal frameworks for social enterprises 6. Translate a social problem into an opportunity by employing social innovation and sustainability development models					
Module:1	Introduction to Social Innovation	4 hours			
Innovation: Definition - Need and Components of Innovation - Social Innovation: Definition – Enabling environment for Social innovation - Strategic approaches to Social Innovation.					
Module:2	Introduction to Social Entrepreneurship	4 hours			
Social Entrepreneurship: Definition, Types, importance, characteristics and opportunities - Similarities and differences between Entrepreneurship for profits and non-profits - Social Enterprise - Social Economy - Social Intrepreneurship - Social Agripreneurship.					
Module:3	Entrepreneurship Development and Strategies	9 hours			
Innovation and Entrepreneurial Motivation - Business plan - Strategies for fund raising - Leadership - Developing Competency - Social innovation and entrepreneurship in various sectors: Finance, Market, R&D and Technology - Policies and programmes related to Social innovation and Entrepreneurship Development - Quality enhancement - Entrepreneurial strategy - Pricing Strategy - Cooperative Strategy - Financial strategy - Market Strategy - Successful Social Entrepreneurship Initiatives: Grameen Bank, Aravind Eye Care System, LEDeG, TERI, Pasumai Payanam, Siruthuli, SEWA, Amul, OASiS, SELCO, Annapurna, Goonj.					
Module:4	Organizational Behaviour and Marketing for Social Enterprises	7 hours			
Introduction to organization - Definition and Approaches of Organizational behavior - Models of Organization Behavior - Organizational Culture & Structure - Organizational Communication - Organizational Change and Development - Application of marketing principles in welfare and development field - Social marketing and profitability.					
Module:5	Risk Management in Social Enterprises	7 hours			
Understanding risk and uncertainty - Risk Management Process - Role of stakeholders - Risk Identification - Risk Measurement - Risk Control - Properties and limitations of common risk measures: Value at Risk (VaR), Tail Value at Risk (TVaR), Probability of ruin - Expected shortfall - Modeling.					
Module:6	Legal Framework of Social Enterprises	5 hours			
Indian Trust Act (1882) - Societies Act (1860) - Companies Act (1956) - Foreign Contribution and Regulation Act (2010), Income Tax Act (1961) - Employee State Insurance Act 1948 - Right to Information Act (2005).					
Module:7	Social Innovation and Sustainability	7 hours			
Sustainable Development: Definition - Limits of Growth - Silent Spring - Kyoto Protocol - Dimensions of sustainable development – Rationale for MDGs – SDGs and MDGs - Approaches					

and methods of sustainability - Need and importance of sustainability in social innovation - Emerging trends in sustainability and its applicability in social innovation - Case studies from national and international efforts in the area of social innovation and its sustainability.			
Module:8		Contemporary Issues	
		2 hours	
Guest Lecture			
		Total Lecture Hours	
		45 hours	
Text Book(s)			
1.	Portales, Luis. Social Innovation and Social Entrepreneurship: Fundamentals, Concepts, and Tools, 2019, Springer International Publishing, Germany.		
2.	Swati Banerjee, Lars Hulgård, Stephen CarneyPeople, Centered Social Innovation: Global Perspectives on an Emerging Paradigm, 2019, Taylor & Francis, United States.		
Reference Books			
1.	Ian Fillis, Nick Telford (Eds), Handbook of Entrepreneurship and Marketing, 2020, Edward Elgar Publishing, Germany.		
2.	Shukla, Madhukar. Social Entrepreneurship in India: Quarter Idealism and a Pound of Pragmatism, 2020, SAGE Publications, India.		
3.	Mulgan, Geoff, Social Innovation: How Societies Find the Power to Change, 2019, Policy Press, United Kingdom.		
4.	Evers, A. and Ewert, B., Social innovation for social cohesion. In New frontiers in social innovation research, 2015, Palgrave Macmillan, London. (pp. 107-127).		
5.	Nandan, M., London, M. and Bent-Goodley, T., 2015. Social workers as social change agents: Social innovation, social intrapreneurship, and social entrepreneurship. Human Service Organizations: Management, Leadership & Governance, 39(1), pp.38-56.		
6.	Panigrahi, C.M.A., 2012. Risk Management in Micro, Small and Medium Enterprises (MSMEs) in India: A Critical Appraisal. Asia Pacific Journal of Marketing & Management Review, 1(4).		
Mode of Evaluation: CAT / Quiz / Digital Assignments / FAT.			
Recommended by Board of Studies		30.06.2021	
Approved by Academic Council		No. xx	Date DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK206L	Sustainable Community Development	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
<div>1.To understand the working concept of sustainable community development at the micro, mezzo, and macro levels</div> <div>2.To prepare to play an active participatory role in community sustainable planning and development</div> <div>3.To study the interconnectedness of Sustainable Community Development</div>					
Expected Course Outcomes					
<div>1. The learners will have interdisciplinary knowledge on various concepts such as community development, Sustainable Development, SDGs</div> <div>2. Learners will have an understanding of how communities can adapt in the movement towards sustainability at a local and regional level</div> <div>3. Create a sense of responsibility in addressing sustainable goals in developing a better society.</div> <div>4. Understand the relationships among the concepts of environmental, economic, social inequality andsocial Sustainable Development</div> <div>5. Explore the values and principles shaping current thought in the field of community change and development</div> <div>6. Identity the dynamic forces shaping communities; describing the role government, the private sector and non-governmental organizations play in the community sustainability process</div>					
Module:1	Introduction to Sustainable Community Development	7 hours			
Urban and Rural Sustainability - UN Millennium Development Goals - SDGs in Development – Human rights and social justice (please think about this, can be made in separate module).					
Module:2	Community Engagement Development	7 hours			
Concept and definition of Community Engagement - Role and need of community participation – Community strength – community meeting - Community partners - Community Empowerment - partnerships with municipalities - Community coherence.					
Module:3	Economic and Social Concern	5 hours			
Economic issues - Community Economic Development - the new Economy - technological innovation - disruptive technologies (this part can be in tech. sustainable dev.). Social issues – poverty – Education - health - inequality – gender gap - planning - development in urban and rural environments - community resilience - cultural competence - social responsibility.					
Module:4	Environmental Concern	7 hours			
Ecosystem - Biodiversity - Climate change – Renewable energy and non- renewable energy - Environmental degradation – Concept of Biofuel – Agriculture and Food Supply - environmental protection - Preserving natural resources for future generation.					
Module:5	Role of Stakeholders	5 hours			
Role of Government - private sector – role of public-private partnership - non-governmental organizations: Policy makers – Social Activist – Community planner in urban and rural.					
Module:6	Contribution of Technology	5 hours			
Contribution to social development - learning new skills – building community links - creating low crime environment – raising standard of income - improving quality of life. Contribution to Economic development - employability - sustainable local green economy. Contribution to Environmental development - nurturing biodiversity - Promoting native vegetation - preserving ecological network.					
Module:7	Best Practices	7 hours			
Best practices in Waste Reduction - Water Treatment, waterside management, rainwater					

harvesting- Pollution Control - Energy Conservation – Agriculture, Irrigation and Food supply - Green Space - Crop Rotation.			
Module:8		Contemporary Issues	
		2 hours	
Guest Lecture			
		Total Lecture Hours	
		45 hours	
Text Book (s)			
1.	United Nations, The Sustainable Development Goals, 2017, United Nations Publications.		
2.	Bhatt S, Phukan D., Social Work Education in India: A Resource Book, 2015, New Delhi: published by National Association of Professional Social Workers in India (NAPSWI).		
Reference Books			
1.	Giuliano Luongo and Madhavi Venkatesan, SDG8 - Sustainable Economic Growth and Decent Work for All, 2019, Emerald Publishing Limited.		
2.	Vargas-Hernández, J., Pallagst, K.M., & Zdunek-Wielgołaska, J. Urban Green Spaces for Sustainable Community Development: A Strategic Management Approach. 2019. Available at URL< https://www.igi-global.com/chapter/urban-green-spaces-for-sustainable-community-development/209660 >		
3.	George P, Sidhva D, Chakrabarti M. Social Work in a Global Context, Issues and Challenges, 2016, RoutledgeOxan and NewYork.		
4.	Flint, R W. Practice of Sustainable Community Development: A Participatory Framework for Change , 2012, Springer		
5.	Sanjay Bhattacharya, Social Work: An Integrated Approach, 2012 Deep & Deep Publications, New Delhi.		
Mode of Evaluation: CAT / Quiz / Digital Assignments / FAT.			
Recommended by Board of Studies		30.06.2021	
Approved by Academic Council		No. xx	Date DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK207L	Social Responsibility	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To understand the concepts and theories of Social Responsibility 2. To familiarize with standards/frameworks for Social Responsibility implementation 3. To identify the roles and skills of Social Worker in Social Responsibility conceptualization and execution in Indian context					
Expected Course Outcomes					
The students will be able to 1. Examine the scope and complexity of social responsibility 2. Demonstrate a multi-stakeholder perspective in viewing Social Responsibility issue 3. Understand the functions and activities of Social Audit 4. Familiarizing with standards/frameworks for Social Responsibility 5. Analyse the complex issues faced by the society and develop Social Responsibility programs 6. Analyse the impact of Social Responsibility implementation on societal culture and issues					
Module:1	Introduction to Social Responsibility	7 hours			
Social Responsibility – Meaning, Definition and Concepts –Corporate Social Responsibility - Historical evolution of Social Responsibility at Global and Indian Contexts - Arguments for and against Social Responsibility - Scope for Social Responsibility in India.					
Module:2	Stakeholder Perspective and Multilevel Governance	7 hours			
Stakeholders and perspectives - interest Groups Related to SR – Tools of SR – Business Benefits of SR –Level of Governance — Industrialist – Trade Unions – Investors – Bankers–Inter-Governmental Organisation - Consultant Experts –Advisory agents – Certification agencies – Educationalist – Non Governmental Organisations - Policy Analyst.					
Module:3	Ethics and Social Responsibility	5 hours			
Idea of Ethics – Meaning – Ethical issues and Dilemma –Ethical Values - Ethical Behaviour - Honesty - Integrity - Conflicts of Interest - Conflicts of Loyalty - Bribery – Gifts.					
Module:4	Social Accountability	7 hours			
Definition – Objectives – components – Importance – tools of social accountability – Principles of social accountability – Right to Information - Public Service Delivery Act.					
Module:5	Social Audit	5 hours			
Definition – Objectives – components – Importance- Types of social audit – Principles of social audit -Uses and Functions of Social Audit - Institutional level of Social Audit – Social audit committees – Steps in Social audit.					
Module:6	Phases and Process of Social Audit	5 hours			
Social audit phases: Selection, Planning, Execution, Reporting, and Follow-up - Social audit process: Project participants – accountability – transparency – gap analysis – components of the social audit: identification, measurement, monitoring, and evaluation.					
Module:7	Case Studies	7 hours			
Case Studies in Social, Economic, and Environmental Social Responsibility Issues.					
Module:8	Contemporary Issues	2 hours			
Guest Lecture					
	Total Lecture Hours				45 hours
Text Book (s)					
1.	David Crowther and Linne Lauesen, Accountability and Social Responsibility: International Perspectives Vol: 9, 2016, Emerald Group Publishing Limited.				
2.	Mia Mahmudur Rahim and Samuel O. Idowu, Social Audit Regulation: Development, Challenges and Opportunities (CSR, Sustainability, Ethics & Governance), 2016, Kindle				

	Edition, Springer.		
Reference Books			
1.	The Publication Directorate on behalf of the Institute of Chartered Accountants of India, Handbook on Audit of CSR Activities, 2020, Sahitya Bhawan Publications, Hospital Road, Agra.		
2.	Matsuura M., Shiroyama H., Stakeholder Perspective and Multilevel Governance. In: Takeuchi K., Shiroyama H., Saito O., Matsuura M. (eds) Biofuels and Sustainability. Science for Sustainable Societies, 2018, Springer, Tokyo. https://doi.org/10.1007/978-4-431-54895-9_3		
3.	Mitra, Nayan&Schmidpeter, Rene.(edited) Corporate social responsibility in India: cases and developments after the legal mandate, 2016, Springer, Switzerland.		
4.	Akhileshwar Pathak, Legal Aspects of Business, 2014, Sixth Edition, Mcgraw Hill Publications, New Delhi.		
5.	Blowfield, M., & Murray, A., Corporate Responsibility, 2014, Oxford University Press.		
6.	Sharma, J. P., &Khanna, S., Corporate social responsibility, corporate governance and sustainability: Synergies and inter-relationships 2014 Indian Journal of Corporate Governance, 7(1), 14-38.		
Mode of Evaluation: CAT / Quiz / Digital Assignments / FAT.			
Recommended by Board of Studies		30.06.2021	
Approved by Academic Council		No. xx	Date DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK208L	Medical Social Work	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To understand the changing concepts of health, its indicators and various models					
2. To acquire a basic understanding about diseases – communicable and non-communicable					
3. To facilitate the effective understanding of the psychosocial aspects of various diseases and devise appropriate strategies for effective interventions					
Expected Course Outcomes					
The students will be able to					
1. Gain insights into the basic conceptual knowledge about human physiological systems					
2. Comprehend the impact of malnutrition and preventive measures					
3. Acquire an in-depth knowledge of Communicable and Non communicable diseases and factors involved in assessments					
4. Understand the issues and challenges of medical social work					
5. Develop awareness of role of medical social worker in medical setting					
6. Gain insights about team work and rehabilitation in medical setting					
Module:1	Human Physiology	5 hours			
Elementary understanding of human physiological systems and its functions - diagnostics and related parameters as indicative of health (BP, Pulse, Counts - Hemoglobin, LDL/HDL, Creatinine, Urea, etc.)					
Module:2	Nutrition	5 hours			
Essential food stuffs - Classification of food stuffs - Balanced diet – Deficiency disease - Nutritional requirements of children & women - Pregnant and lactating mothers – Social aspects of nutrition - Problems of malnutrition in India - Preventive and management measures - National nutritional programmes.					
Module:3	Communicable and Non-communicable Diseases	7 hours			
Communicable diseases - Types - AIDS, STD, T.B., Leprosy, Polio, Typhoid, Dysentery, Diarrhoea, Jaundice, cholera, Malaria, Zoonotic diseases-Non-communicable/Lifestyle Diseases - Types - Cancer, Coronary Artery Diseases, Obesity, Diabetes, Trauma & Injuries – Incidence – Prevalence – etiology- symptoms - treatment - prevention.					
Module:4	Patient as a Person/Assessment factors involved in Disease	7 hours			
Patient as a person: concept - social - life style and emotional factors involved in disease - Hospitalization and its implication for the patient and family - Stigma - Death and dying: grief & bereavement - Reaction to terminal illness: Denial, Anger, Bargaining, Depression and Acceptance (DABDA) - pain and palliation.					
Module:5	Medical Social Work	7 hours			
Definition - Medical sociology and its relevance in social work practice - Systems approach to assessment - Importance of medical social work - Historical development of medical social work in western countries and in India - Medical social work care plan - Planning from intake until discharge - Problems and prospects of medical social work in India - Case Recording - Medical ethics - Issues and challenges (patient rights, confidentiality, informed consent) - Online Medicine/Tele social work practices.					
Module:6	Application of Social Work Methods in Medical Setting	7 hours			
Role of medical social worker in different settings – Primordial – Primary - Secondary -Tertiary - Different Departments in the hospitals (Burns, Organ Donation, Emergency etc.) - Fertility Clinics - Diabetic Clinics - Leprosy hospital - TB Hospitals - S.T.I. Clinics - Blood Bank - Cancer Hospitals - HIV Clinics (VCTCs & ARTCs) - Persons with neurological and degenerative disorders - Hospice and Palliative Care.					
Module:7	Team Work and Rehabilitation in Medical Setting	5 hours			

Concept of team work - Role of different professionals in team work - Modalities of team work - Factors essential for team work - Physical Medicine and Rehabilitation - Physiotherapeutic approaches to rehabilitation - Role of care givers - community based rehabilitation.			
Module:8		Contemporary Issues	
Guest Lecture		2 hours	
		Total Lecture Hours	
		45 hours	
Text Book (s)			
1.	Park, J.E., Social Medicine, 2017, Bhanot Publishers, New Delhi.		
2.	E. Park., Park’s Textbook of Preventive and Social Medicine, 2017, 23rd Edition, Bhanot Publishers, New Delhi.		
Reference Books			
1.	Abusaif, A., Community Medicine: Communicable & Non-Communicable diseases, 2021, Benha University.		
2.	Sombulingam, K. &Sombulingam, P., Essentials of Medical Physiology, 2019, 8th Edition, Jaypee Brothers Medical Publishers.		
3.	Sharma, A., Principles of Therapeutic Nutrition and Dietetics, 2017, 1st edition, CBS.		
4.	Lundgren, C. & Molander, C., Teamwork in Medical Rehabilitation, 2017, 1 st edition, Routledge.		
5.	Carranza, C. M. G., Social Work in the Hospital Setting, 2015, Canada: Trafford.		
6.	Park, K., Essentials of Community Health Nursing, 2015, Bhanot Publishers, New Delhi.		
Article References			
1.	Mohan, P., Mohan, S.B., &Dutta, M., “Communicable or non-communicable diseases?” Building strong Primary Health Care systems to address double burden of diseases in India, 2019, “Journal of Family Medicine and Primary Care”, 8 (2), 326-329.		
2.	Rosen, M.A., DiazGrandos, D., Dietz, A.S., Benishek, L.E., Thompson, D., Pronovost, P.J., & Weaver, S.J., Teamwork in healthcare: Key discoveries enabling safer high quality care, 2018, The American Psychologist, 73 (4), 433-450.		
3.	Alves, N., Carrazoni, G.S., Soarses, C.B., Rosa, A., Soares, N.M., & Mello-Carpes, P.B., “Relating human physiology content to COVID-19: a strategy to keep students in touch with Physiology in times of social distance due to pandemic, 2021, Advances in Physiology education”, 45 (1), 129-133.		
Mode of Evaluation: CAT / Quiz / Digital Assignments / FAT.			
Recommended by Board of Studies		30.06.2021	
Approved by Academic Council		No. xx	Date DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK209L	Psychiatric Social Work	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To appraise the concepts of normal and abnormal behaviours as well as the factors contributing mental health issues					
2. To understand familiar psychiatric case assessments, symptoms and systems of classifications					
3. To Understand Psychiatric social work and its practice in various settings					
Expected Course Outcomes					
Students will be able to					
1. Gain insights into the basic conceptual knowledge about psychiatric disorders					
2. Comprehend the assessments in Psychiatry					
3. Acquire an in-depth knowledge of Psychiatric Illness and their Management					
4. Understand the Psychiatric Social Work Interventions and Rehabilitation					
5. Gain insights about team work and rehabilitation.					
6. Develop awareness of Laws and legislations in Psychiatric Social Work setting					
Module:1	Mental Health	5 hours			
Concepts of normality- Abnormality- Mental health and mental/psychiatric disorders - Etiology of psychiatric disorders: biological, psychosocial, cultural -Predisposing, precipitating, protective and perpetuating factors - Determinants of mental health.					
Module:2	Assessment in Psychiatry	5 hours			
Psychiatric Interviewing - Case history recording and mental status examination - Techniques of Psychiatric Interviewing - Symptomatology: Appearance and behaviour, Thinking, Speech, Perception, Mood and Affect, Cognition, Judgment and Insight – Psycho social assessment and Social Diagnosis.					
Module:3	Psychiatric Illness and their Management	10 hours			
Current classification in psychiatry: ICD 10 and DSM V - Prevalence, etiology, clinical manifestation, course and management of: Organic mental disorders (Delirium, Dementia, Alzheimer's) - Developmental Disorders: Learning disorders and Autism - Attention Deficit Hyperactive Disorder - Schizophrenia and other psychotic disorders -Mood disorder – Unipolar disorder & Bipolar disorder – Depressive disorders -Anxiety Disorders : Generalized Anxiety Disorder, Obsessive Compulsive Disorder, Simple specific phobia, Panic Disorder - Stress Related- Adjustment Disorder: Acute Stress Disorder - Post Traumatic Stress Disorder - Somatoform Disorders – Eating disorders - Sexual Dysfunctions - Substance related and addictive disorders -Personality disorders.					
Module:4	Psychiatric Social Work Intervention	5 hours			
Importance - Historical development of psychiatric social work - Functions and roles of psychiatric social worker - Problems and prospects of psychiatric social work in India - Scope of Psychiatric Social Work Interventions: Individual factors - Family - Marital factors - Societal/Community factors.					
Module:5	Team work and Rehabilitation in Psychiatric Setting	6 hours			
Concept of team work - Role of different professionals in team work - Modalities of team work - Factors essential for team work - Psychiatric Rehabilitation – Definition -Types - Principles - Role of day cares - Half way homes in the after care of psychiatric patients - Role of care givers - Community based rehabilitation.					
Module:6	Functions of various Psychiatric Centres	6 hours			
General Hospitals - Mental Health Centers - Child Guidance Clinic - Family Counselling Centers - De-Addiction centers - Geriatric Centers - School Mental Health Programme.					

Module:7	Community Psychiatry	6 hours
Prevention in Psychiatry - Primary, Secondary and Tertiary level - Stigmatization - National Mental Health Programme and District Mental Health Programme - Laws and legislations: Mental health care act (2017) - Disability act (2019) -National trust act (1999).		
Module:8	Contemporary Issues	2 hours
Guest Lecture		
	Total Lecture Hours	45 hours
Text Book(s)		
1.	Baker, J.G. & Baker, S.E., Public and Community Psychiatry, 2020, Oxford University Press, USA.	
2.	Tripathi, P., Review of Psychiatry, 2020, 5 th edition, JaypeeBrotherss Medical Publishers.	
Reference Books		
1.	Sonley, A.K.I & Choi-Kain, L.W., Good Psychiatric Management and Dialectical Behaviour Therapy: A Clinician's Guide to Integration and Stepped Care, 2021, 1 st edition, American Psychological Association Publishing.	
2.	Lourdu, G.A. Mathew, S.T. & Noronha, V.M., Social Casework: Practice Guide for Diagnosis and Intervention, 2020, 1 st edition, Notion Press.	
3.	Sellbom, M. &Suhr, J.A., The Cambridge Handbook of Clinical assessment and Diagnosis, 2019, Cambridge University Press.	
4.	Lavakumar, M. Rosenthal, L.J. &Rabinowilz, T., Fundamentals of Consultation Liaison Psychiatry: Principles and Practice, 2019, 1 st edition, Nova Science Publishers.	
5.	Ahd El-Hay, M.A., Essentials of Psychiatric Assessment, 2018, 1 st edition, Routledge.	
	Siddaramu, B.,Social Work Interventions in Psychiatric Setting,2012,LAP Lambert Academic Publishing.	
Article References		
1.	Hirdes, J.P., Van Everdingen, C., Ferris, J., Franc-Martin, M., Fries, B.E., Heikkil, J., Hirdes, A., Hoffman, R., James, M.L., Martin, L., Perlman, C.M., Rabinowitz, J., Stewart, S.L., & Van Audenhove, C., The interRAI suite of Mental Health Assessment Instruments: An Integrated system for the continuum of care, 2020, Frontiers inn Psychiatry, 10, 926.	
2.	Ma, R., Mann, F., Wang, J., Lloyd-Evans, B., Terhune, J., Al-Shihabi, A., & Johnson, S., The effectiveness of interventions for reducing subjective and objective social isolation among people with mental health problems; a systematic review, 2020, Social Psychiatry and Psychiatric Epidemiology, 55 (7), 839-876.	
3.	Lanzieri, N., McAlphin, E., Shilane, D., & Samelson, H., Virtual reality: An Immersive Tool for Social Work students to interact with Community environments, 2021, Clinical Social Work Journal, 1-13.	
4.	Priehe, S., A Social Paradigm in Psychiatry – themes and perspectives, 2016, Epidemiology and Psychiatric Sciences, 25 (6), 521-527.	
Mode of Evaluation: CAT / Quiz / Digital Assignments / FAT.		
Recommended by Board of Studies		30.06.2021
Approved by Academic Council		No. xx
		Date
		DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK210L	Public Health Policies and Practices	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To understand the concept of public health and public health systems in India 2. To develop the skills of social work interventions in the field of public health 3. To develop the core understanding of community health and social development					
Expected Course Outcomes					
Students will be able to 1. Learn the concept and aspects of public health 2. Acquire an in-depth knowledge of healthcare social work 3. Comprehend different perspectives on community health 4. Understand various dimensions of healthcare services and programmes 5. Gain Knowledge about public-private participation and collaboration in health care 6. Gain insights about benefits of health care					
Module:1	Public Health in India	5 hours			
Concept of Health, Well-being and Disease - Public Health: Health as an aspect of social development - Social determinants of health - Public health and Marginalized Groups: Issues of Availability -Accessibility - Affordability.					
Module:2	Healthcare Social Work	5 hours			
Historical evolution of social work practice in health settings -Approaches to prevention of diseases and promotion of health - Domains of social work practice in institutional health services.					
Module:3	People Participation for Public Health	7 hours			
Developing mechanisms for people’s participation - Health extension and community outreach services, community needs assessment - Designing - Implementing - Monitoring of community health programmes - facilitating inter- sectoral collaboration - Influencing community attitudes and health behaviours.					
Module: 4	Healthcare Services	8 hours			
Structure of healthcare services in India: Primary, secondary and tertiary level healthcare structure and their functions -Post Alma Ata declaration initiatives in India.- National Policy for Rare Diseases, 2021- National Health Policy, 2017- National Mental Health Policy, 2014- India Newborn Action Plan 2014 (INAP) - Kangaroo Mother Care & Optimal Feeding of Low Birth Weight Infants 2014 - National Vaccine Policy (April 2011) - National Policy for Persons with Disabilities (2006).					
Module: 5	Healthcare Policies	6 hours			
Health planning and policy: National health Policy, 2017 - National Health Mission with focus on RCH and NCD, ASHA Network - Health Statistics: HMIS, NFHS, SRS - Census and health planning over five year plans.					
Module: 6	Public-Private Partnership in Healthcare	6 hours			
Public-private participation and collaboration in health care: Role of Non-Government Organisation (NGO) and private sector in health care - Quality in health service delivery- National Accreditation Board for Hospitals & Healthcare Providers (NABH) and other accreditation.					
Module:7	Healthcare Benefits	6 hours			
Infection prevention and waste management - Importance of supply chain management - Understanding demography – The concepts of health insurance – Health insurance schemes.					
Module:8	Contemporary Issues	2 hours			
Guest Lecture					
		Total Lecture Hours		45 hours	
Text Book (s)					
1.	Bhat, V.N., Public Health in India, 2017, Sports Publication.				

2.	Bland, R. Renouf, N. &Tullgren, A., Social work practice in Mental Health: An Introduction, 2021, 2 nd edition, Routledge.		
Reference Books			
1.	Petrakis, M., Social Work Practice in Health: An Introduction to Contexts, Theories and Skills, 2021, 1 st edition, Routledge.		
2.	Balagopal, G. &Kapane, A.R.M., Mental Health Care Services in Community Settings: Discussions on NGO Approaches in India, 2020, 1 st edition, Springer.		
3.	Vecchi, V. &Hellowell, M., Public-Private Partnerships in Health: Improving Infrastructure and Technology, 2019, 1 st edition, Palgrave Macmillan.		
Article References			
1.	Sawleshwarkar, S., Zodpey, S., &Nogin, J., Public health is global; examine Indian stakeholders, Perspectives on Global Health Education, 2020, BMC Public Health, 20 (1), 1259.		
2.	Steketle, G., Ross, A.M., & Wachman, M.K., Health Outcomes and costs of social work services: A systematic review, 2017, American Journal of Public Health, 107 (S3), S256-S266.		
3.	Sacks, E., Morrow, M., Story, W.T., Shelley, K.D., Shanklin, D., Rahimtoola, M., Rosales. A., Ibe, O., &Sarriot, E., Beyond the building blocks: Integrity community roles into health systems frameworks and achieve health for all, 2019, BMJ Global Health, 3 (S3), e001384.		
4.	Kelley, J.T., Campbell, K.L., Gong, E., & Scuffham, P., The Internet of Things: Impact and Implications for Health Care Delivery, 2020, Journal of Medical Internet Research, 22 (11), e20135.		
Mode of Evaluation: CAT / Quiz / Digital Assignments / FAT.			
Recommended by Board of Studies		30.06.2021	
Approved by Academic Council		No. xx	Date DD-MM-YYYY

Course code	Course Title	L	T	P	C
PSWK211L	Therapeutic Interventions	3	0	0	3
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
1. To develop a basic understanding of therapies in counselling 2. To learn different approaches of therapies in counselling 3. To integrate counselling skills in Social work practice					
Expected Course Outcomes					
Students will be able to 1. Familiarize with the basic therapeutic counseling 2. Comprehend the method of counseling youth, marriage and family 3. Understand skills of counseling the suicidal, physically ill, dying and bereaved 4. Engage and acquire knowledge of various therapies 5. Gain insights about supportive therapies 6. Identify the mental health status of counselors and referral services					
Module:1	Introduction to Therapeutic Counselling	6 hours			
Communications: Expression - Listening - Responding - Reacting - Model of counseling process - Recognizing client's potential - Immediacy - Confrontation - Avoiding exploitation - Work with no agenda - Consultation - counseling and contracts - Developing human potential.					
Module:2	Youth, Marriage and Family Counselling	6 hours			
Contemporary trends among Youth: Radical groups - Drug culture - Hippie culture - Vocation - Meaning of life - Marriage counselling - Family counselling: Becoming partners - Child bearing- Child rearing - Child launching - Grand parenting (Case study discussion).					
Module:3	Counselling the Suicidal, Physically ill, Dying and Bereaved	7 hours			
Concepts of suicide - Causes, identifying risk, and protective factors for suicide – suicide intervention - Dynamics of illness - Counselling physically ill - concepts of death and dying - Dynamics of dying: Denial - Anger - Negotiating - Depression - Settling accounts - Last wishes and acceptance - Counselling the dying - Experience of grief - Dynamics of grief: Shock - Denial - Emotional reaction - Depression - Release - Remembering - Adjustment and acceptance - Counselling the bereaved.					
Module:4	Mental Health of Counsellors and Referral Services	6 hours			
Mental health of the helping person: Excessive demands - Administrative pressure - Professional incompetence - Competitions and Psychological tensions – Model of management skills - Referral Counselling: Physical problems - Educational problems - Vocational problems - Spiritual problems - Psychiatric problems - Drug dependence and Alcoholism.					
Module:5	Psychodynamic and Cognitive Therapy	6 hours			
Psychodynamic therapy: Free Association - Interpretation - dream analysis – Cognitive therapy: Albert Ellis' Rational emotive behavior therapy - Aaron T. Beck's Cognitive behavior therapy.					
Module:6	Behavior and Humanistic Therapy	7 hours			
Classical Conditioning: Extinction - Principle of association and substitution - Application of Classical conditioning - Operant reinforcement theory: Principle of reinforcement - Application of Operant conditioning - Relaxation training - Systematic desensitization - Aversion therapy - Token economy - Modeling - Assertion training - Carl R. Roger's Person-centered counseling and Transactional analysis.					
Module:7	Supportive Therapies	5 hours			
Art Therapy - Music Therapy - Play Therapy- Psychodrama therapy - Laughter Therapy - Yoga and Meditation.					
Module:8	Contemporary Issues	2 hours			
Guest Lecture					

		Total Lecture Hours		45 hours
Text Book(s)				
1.	Prasantham, B.J., Indian case studies in Therapeutics Counselling, 2021, 7 th edition, ELS, CMC Vellore.			
2.	Gladding, S.T. &Batra, P., Counselling: A Comprehensive Profession, 2018, 8 th edition, Pearson Publication.			
Reference Books				
1.	Rao, S.N. &Sahajpal, P., Counselling and Guidance, 2017, 3 rd edition, McGraw Hill Education.			
2.	Murray, D.T. &Gaetjens, J.L., Basic Therapeutic Counselling Skills: Interventions for working with Client’s thoughts, feelings and behaviours, 2017, 1 st edition, Cognella, Inc.			
3.	Freeth, R., Psychiatry and Mental Health: A Guide for Counsellors and Psychotherapists, 2020, PCCS Books.			
4.	Seligman, M.E.P., Learned Optimism: How to change your mind and your life, 2018, Nicholas Brealesy Publishing.			
5.	David Capuzzi and Mark Stauffer, D. (2016). Counselling and Psychotherapy: Theories and Interventions (6 th ed.). American Counselling Association.			
Article References				
1.	Mehra, D., Sarkar, A., Sreenath, P., Behera, J., &Mehra, S., Effectiveness of a community based intervention to delay early marriage, early pregnancy and improve school retention among adolescents in India, 2018, BMC public health, 18(1), 32.			
2.	Katz-Wise, S. L., Budge, S. L., Orovecz, J. J., Nguyen, B., Nava-Coulter, B., & Thomson, K., Imagining the future: Perspectives among youth and caregivers in the Trans youth family study, 2017, Journal of counseling psychology, 64(1), 26–40.			
3.	Newsom, C., Schut, H., Stroebe, M. S., Wilson, S., Birrell, J., Moerbeek, M., &Eisma, M. C., Effectiveness of bereavement counselling through a community-based organization: A naturalistic, controlled trial, 2017, Clinical psychology & psychotherapy, 24(6), O1512– O1523.			
4.	Cha, C. B., Franz, P. J., M Guzmán, E., Glenn, C. R., Kleiman, E. M., & Nock, M. K., Annual Research Review: Suicide among youth - epidemiology, (potential) etiology, and treatment, 2018, Journal of child psychology and psychiatry, and allied disciplines, 59(4), 460–482.			
5.	Deng, J., Lei, L., Zhang, H. L., &Luo, Y., The current status and the influencing factors of humanistic care ability among a group of medical professionals in Western China, 2019, Journal of the European Society for Engineering and Medicine, 27(2), 195–208			
Mode of Evaluation: CAT / Quiz / Digital Assignments / FAT.				
Recommended by Board of Studies		30.06.2021		
Approved by Academic Council		No. xx	Date	DD-MM-YYYY

Field Work, Research Project and Internship

Course code	Course Title	L	T	P	C
PSWK101F	Field Practicum - I	0	0	0	6
Pre-requisite		Syllabus version			
		v. 1.0			
Course Objectives:					
<ul style="list-style-type: none">• To understand the theoretical perspectives of social work during observation visits through an understanding of their vision, mission, goals, structure and functions moreover focus on learning the impact made by the organisation in the lives of people;• To execute casework, group work and community work interventions to enhance people's self-help capacity by applying knowledge, skills, values and principles of Social Work by simultaneously analysing the socio-economic situation of families and support their journey towards self-reliance• To build on-field experience to propose new models through collective sharing of field examples to integrate theory and practice with the pride of becoming a social worker.					
Expected Course Outcome:					
<ul style="list-style-type: none">• Remember and relate the Professional Social Work principles, values and knowledge learnt in class with the Agency and Community setting during Field Work.• Demonstrate professionalism through observation, documentation, analysis and presentation skills and active participation in classroom discussions.• Apply the knowledge, skills, values and principles of Professional Social Work in fieldwork practice by planning and implementing appropriate casework, group work and community work plans.• Analyse the group and community dynamics while implementing the action plan.• Build rapport with people in the community and clients of group work and casework, smoothly implement the intervention and organise community events.• Periodically evaluate the course of action with the clients and community members, create mechanisms to assess their process and systematically document the work.					
General Guidelines					180 hours
<ol style="list-style-type: none">1. Skill labs: Self-awareness, effective interpersonal communication for all students2. 'Street Theatre training' workshop conducted for awareness3. Training on the creation of posters, short videos and audio messages for campaigns4. There will be at least five observation/exposure visits to different pre-identified agencies by all students along with their faculty members.5. Those agencies working with people with special needs (Children, People with disabilities) and the projects of Corporates under CSR (village adoption/ improvement initiatives)6. For concurrent fieldwork, social work trainees reach out to the families, groups and individuals through the different institutions and carry out by the guidance of faculty and field supervisor.7. During the placements, students work with three individuals (casework), one group work and organise one community-based event.8. As per the need, students may engage in online campaigns/events as guided by their supervisors.9. Regular reporting and weekly conferences give direction to students. They prepare and					

submit consolidated reports by the end of the semester for end semester external examination.

10. Report writing, timely submissions, presentation, sharing critical reflections and Participation in discussions are part of continuous internal assessment.

Mode of Evaluation: Continuous Assessment of the Field Practicum– Reports and Conference with Faculty and Field Supervisor - Consolidated report. Internal assessment 60 marks and External assessment 40 marks.

Recommended by Board of Studies	30-06-022		
Approved by Academic Council	No. 64	Date	15-07-2022

Course code	Course Title	L	T	P	C
PSWK102F	Field Practicum - II				6
Pre-requisite					Syllabus version
					v. 1.0
Course Objectives:					
<ul style="list-style-type: none">To understand the outreach role of Non-Governmental Organizations /Local Governments in the lives of people to reach out through social work methods.To apply the knowledge and experiences to plan and execute interventions aligning with the field/agency requirements.To create and implement a detailed action plan for rural camps with assigned tasks through respective committees to take care of different roles and functions.					
Expected Course Outcome:					
<ul style="list-style-type: none">Discuss and evolve action plans to work with individuals, groups, families and communities through social work intervention and campaigns, to proactively support the NGO/Local government.Design key messages to influence policy or better implementation of the policy to ensure lasting impactList the tasks, roles and responsibilities and form committees to organize rural/tribal camps.Schedule rural/tribal camp days with clearly listed goals and objectivities, activities and budget.Review daily experiences through feedback and critical questions. Evaluate the overall experience formulate a follow-up plan for the actions carried out along with recommendations.Build and enhance skills in planning, managing and implementing and collaboration.					
General Guidelines					180 Hours
<ol style="list-style-type: none">Students will be placed in local Self-government institutions, welfare agencies, development organizations, the criminal justice systems, civil administration centres, hospital settings, NGOs and so onStudents will participate in the activities as recommended by their agency and share their reports and make presentations periodically with the agency towards course correction and future actionSocial work trainees make a detailed plan for their camp with the guidance of their faculty accompanying them to the camp.They make detailed plans including budget, formation of various committees and allocation of roles and responsibilities. after electing a camp leaderThrough week-long stay together, students learn to live as a group with limited resources.The rural/tribal camp sensitizes students to rural/tribal realities and enables them to understand the challenges of living in the rural/tribal areas.During their camp, students visit the community and interact with the people in the communityStudents learn to use participatory techniques such as resources mapping to understand the systems in the village / tribal hamletStudents also visit Governmental and Non- Governmental Organisations working in the location to better understand the interventions made by the organisation in the village/tribal hamletStudents learn to better appreciate living as a group with limited resources and build good interpersonal relationships through cooperation and collaboration					

Mode of Evaluation: Continuous Assessment of the Field Practicum–Reports, Camp Reports, Feedback and Evaluation. Conference with Faculty and Field Supervisor. Consolidated report. Internal assessment 60 marks and External assessment 40 marks.			
Recommended by Board of Studies	30-06-2022		
Approved by Academic Council	No. 64	Date	15-07-2022

Course code	Course Title	L	T	P	C
PSWK103F	Field Work – III				6
Pre-requisite	Nil	Syllabus version			
		v. 1.0			
Course Objectives					
<ul style="list-style-type: none">• To facilitate students’ contextual understanding in their fields of specialisation so that they can enhance their analysis, research and administration skills to apply effectively the methods and values of Social Work in their respective field settings• To build professionalism in Social Work practice through the values, principles, ethical standards and systematic documentation for working with individuals, family, community and related agencies and be able to link needs and resources through strategic networking and resource mobilization• To create and deliver innovative plans through the new knowledge, strategies and recent trends from the study tour through the exposure gained visiting a wide range of organizations across specializations in different parts of the country					
Course Outcomes					
On completion of this field work the students will be able to:					
<ul style="list-style-type: none">• Demonstrate good analysis of the field work settings; the right methods to apply when working with individuals, groups, families and communities applying the values, principles and ethics of Social Work• Distinguish quality of interventions through the strategic networking for resource mobilization, specialized intervention with systematic documentation and plan for follow-up and reporting• Evaluate the scenario and proactively put in place systems and referrals for sustainable action and impact with the belief in the self-help capacity of people and communities.• Draw connections through the visits to a range of institutions so as to learn the relevance of their intervention and impact so as to individually or collectively design future action in the field• Discuss and appraise the structure, focus, styles and patterns of functioning of different institutions• Prepare professional reports, presentations and models from the visits to share with the team and department and simultaneously draw lessons to impact future course of action					
General Guidelines					180 Hours
<ol style="list-style-type: none">1. A theme will be identified and relevant organizations and location will be chosen for study visit. The visit/tour can be completed within/outside the state.2. The study visits will be arranged and planned by the students with support from the faculty members.3. Minimum of five organizations need to be visited and the duration of the visit shall be 12 days. Students will be required to write detailed reports for each organization visited.4. Based on the area of specialization, students will work with pre-identified hospital settings or community-based organizations for a period of 12 days. A minimum of four organizations will be chosen for the field work.5. The settings where students are placed for concurrent field work will have competent field supervisor who could guide and give direction to their work6. Students will apply the methods, skills and values of social work and in addition, they apply their research and administration skills. They learn to write effectively to tap resources so as to link resources and needs7. Study tour and concurrent field work sharpens their knowledge, values and skills and enhances their professionalism8. Study tour/visits are compulsory and they will be considered as a part of the fieldwork.					

Absentees for a particular visit should complete the visit to the same agency on their own arrangement before the completion of the study visit period.			
Mode of Evaluation: Continuous Assessment the Field Practicum – Reports and Conference with Faculty and Field Supervisor. Consolidated report with two external examiners. Internal Assessment 60 marks and External Assessment 40 marks).			
Recommended by Board of Studies	26-05-2022		
Approved by Academic Council	No. 66	Date	16-06-2022

Course code	Course Title		L	T	P	C
PSWK298J	Summer Internship		0	0	2	2
Pre-requisite			Syllabus version			
			v. 1.0			
Course Objectives						
<ul style="list-style-type: none">• To understand the ideas and concept of addiction• To integrate theory and practice in practitioner-setting with exposure to the day-to-day operations• To select the possible topics from actual practitioner experience for future research through						
Course Outcomes						
n completion of this internship the students will be able to: <ul style="list-style-type: none">• Explain the models and interventions• Attain required skills set needed to practice in different settings• Demonstrate direct social work practice as a professional						
General Guidelines			One Month			
1. At the end of the first year, students are placed in an institution for a summer internship for one month. 2. Students receive an opportunity to put to use their learning while gaining from direct practice. 3. Students expand their research horizons through practitioner experience to add value to their upcoming research projects. 4. Preferable settings: NGOs, Hospitals, Occupational Therapy Center, District Social Welfare Office, Rural Development Office, Urban Development Office, CSR Projects, Government Institutions and International NGOs						
Mode of Evaluation: Periodical Assessment/Final Report and Viva Voce. Internal assessment 60 marks and external assessment 40 marks.						
Recommended by Board of Studies		26-05-2022				
Approved by Academic Council		No. 66	Date	16-06-2022		

Course code	Course Title	L	T	P	C
PSWK299J	Research Project and Internship				22
Pre-requisite		Syllabus version			
		v. 1.0			
Course Objectives					
<ul style="list-style-type: none">• To understand the application of social work research by recalling research methodology, tools, techniques in the actual undertaking of a research study with faculty guidance• To author research report, going through each stage of research: Identifying research problem, the review of literature, data collection, consolidation, interpretation, using statistics as appropriate, adding key findings and presenting enlisting suggestions and recommendations• To demonstrate professionalism in the agency of placement for intensive field training (Internship) to reinforce further learning through observation and practice of different methods of social work in dedicated internship mode					
Course Outcomes					
n completion of this course the students will be able to:					
<ul style="list-style-type: none">• Compare and contrast the different research designs and methods. Organize, analyse and interpret the data to provide meaningful findings and recommendations to draft a comprehensive report• Execute independent research in a systematic manner by applying the research expertise to come up with baseline, midline and end-line studies in any project• Design projects based on research-based evidence and conduct campaigns and advocate for policy change powered by strong research• Apply the knowledge on different organizations, the experience of using Social Work methods abiding by the principles, values and ethics of social work to fulfil the expectations outlined by the organization• Identify and apply personal strengths aligning with the organizational requirements to enhance professional enhancement during Internship• Develop and demonstrate thorough professionalism in the documentation and timely submission of reports and presentations –in sharing and receiving feedback by active participation in discussions					
General Guidelines					One Semester
<ol style="list-style-type: none">1. With the guidance of the research supervisor, students identify the research problem and fix the title of the Study. They then draft the Need and significance of the study along with the Objectives of the study2. The Research methodology including the field of study, sampling design, Research design, Tool for data collection are fixed. After the pre-test, the tools are finalized and data collection carried out in online / personal mode. Students then carry out the Data Analysis and apply statistical tools as needed3. The major findings of the Research emerge as the data is tabulated, presented and interpreted and then the summary & conclusion of the study are presented along with suggestions and recommendations4. The Internship is an intensive field training in select agencies to hone professional social work skills and values wherein trainees get opportunity to learn by doing and observing as unpaid staff of the agency.5. Students make real, meaningful contributions during Internship. Along with the opportunity to learn the day-to-day functioning of the setting by working there, students may contribute through specific tasks in research, communication, capacity-building, resource mobilization, Campaign and advocacy areas of the organization or institution.6. The students can opt either research work or internship.					

Mode of Evaluation: Research Internal Assessment 60 marks and External Viva Voce 40 marks - Internship: The daily report and consolidated report of the social work trainee reviewed by the field and faculty supervisors evaluated. Internal Assessment 60 marks and External Assessment 40 marks.

Recommended by Board of Studies	26-05-2022		
Approved by Academic Council	No. 66	Date	16-06-2022

Non-Graded Courses

Course code	Course title	L	T	P	C
PENG101N	Communicative English	2	0	0	2
		Syllabus version			
		v.1.0			
Course Objectives					
1. To develop communicative competence in students.					
2. To assist the learners in independent language comprehension and production.					
3. To make the learners aware of the different communicative functions of English.					
Course Outcome					
1. understand the concepts of communication and use effectively in personal and professional situations					
2. Choose and deploy correct form of the words in their oral and written language production					
3. Apply strategies to comprehend listening, speaking, reading and writing skills.					
4. Write effective sentences by using appropriate grammar					
Module:1	Communication	6 hours			
Process of communication – Levels of communication – Flow of communication - Non-Verbal communication – Barriers to Effective communication- Linguistic tools for Advanced communicators					
Module:2	Introduction to Intrapersonal and Interpersonal communication	3 hours			
Nature and process – interpersonal and intrapersonal communication – models –perception and communication					
Module:3	Grammar and Vocabulary	4 hours			
Parts of Speech - Tenses – Common errors in the use of Tenses – Framing Questions - Question Tags – Punctuation - Adjectives and Degrees of comparison.					
Word formations: Changing words from one form to another - Prefixes and suffixes – One-word substitutes – Words often confused - Idioms – Phrasal verbs					
Module:4	Listening Skill	4 hours			
Types of listening – Barriers to effective listening – Listening for general content and specific information – Poor listening habits – Traits of a good listener – Listening to famous speeches and Poems – Note taking					
Module:5	Speaking skill	4 hours			
Introduction to phonetics, need and use of it - Word stress and Sentence stress - Intonation- rate of speech, pitch, tone – Clarity of voice- Nuances of delivery; modes of delivery, guidelines for effective delivery					
Module:6	Reading skill	4 hours			
Mechanics of Reading – Reading speed – Types of Reading; Extensive and Intensive - Note making - Summarizing – Distinguishing fact, opinion and inference- Skimming and scanning - Reading Articles and Reports					
Module:7	Elements of Writing	3 hours			
Punctuation - Right words and phrases; avoiding cliches, jargons, foreign words and phrases, ambiguity, redundancy, circumlocution – Developing hints					
Module:8	Guest Lecture from Industry and R&D organizations	2 hours			
Contemporary Issues					

	Total Lecture hours:		30 hours
Text Book(s)			
1.	Kumar. S & Pushplata. (2018). <i>Communication Skills</i> . New Delhi: OUP.		
Reference Books			
1.	Shaikh, F. A. (2016). <i>Communicative English for Intermediate Level</i> . California, US: Create Space Independent Publishing Platform.		
2.	Lawson, C., Gill, R., Feekery, A., Witsel, M., Lewis, M. & Cenere, P. (2019). <i>Communication Skills for Business Professionals</i> . 2 nd Edition. UK: Cambridge University Press.		
3.	Delvin, J. (2017). <i>How to Speak and Write Correctly</i> . California, US: CreateSpace Independent Publishing Platform.		
4.	Agarwal, M. (2016). <i>English Communication</i> . New Delhi: SBPD Publications.		
5.	Swan, M. (2017). <i>Practical English Usage</i> 4 th Edition. London: OUP.		
6.	Wren, P.C. & Martin, H. (2018). <i>High School English Grammar & Composition</i> N.D.V. Prasada Rao (Ed.). New Delhi: S. Chand & Company Ltd		
7.	Nesfield, J.C. (2019). <i>English Grammar English Grammar Composition and Usage</i> . New Delhi: Macmillan.		
8.	Johnson-Sheehan, R. (2017). <i>Technical Communication Today</i> , 6 th edition. London: Pearson, 2017.		
9.	Bakshi, S.P. & Sharma, R. (2017). <i>Descriptive English</i> . New Delhi: Arihant Publication.		
10.	Raman, M. & Sharma, S. (2018). <i>Professional English</i> . New Delhi: OUP.		
11.	West, R., & Turner, L. H. (2018). <i>Interpersonal communication</i> . Sage Publications.		
Mode of Evaluation: CAT / Assignment / Quiz / FAT			
Recommended by Board of Studies		28-06-2021	
Approved by Academic Council		No. 62	Date 15-07-2021

Course code	Course title	L	T	P	C
PENG102N	Documentation and Report Writing	2	0	0	2
Pre-requisite	Communicative English	Syllabus version			
		v. 1			
Course Objectives					
<div><div></div><div><div>1.</div><div>To familiarize the students with the effect of language choices in personal, social and cultural contexts and how these choices influence meaning.</div></div><div><div>2.</div><div>To enable learners to use English language effectively in oral and written communication with correct usage of grammatical rules</div></div><div><div>3.</div><div>To acquaint the learners with the nuances of the language that are necessary for effective social work practice.</div></div></div>					
Course Outcome					
<div><div></div><div><div>1.</div><div>understand the technicalities of English language by expressing their thoughts in speech and writing with competence in grammar</div></div><div><div>2.</div><div>draft impressive official correspondence according to purpose, audience and context.</div></div><div><div>3.</div><div>write a logical and organized paragraph with appropriate diction, sentence structure and style by focusing on cohesion and coherence.</div></div><div><div>4.</div><div>interpret and present the data with appropriate format and structure depending on the context and a variety of professional settings</div></div></div>					
Module:1	Grammar	5 hours			
Subject-Verb agreement - Common Errors in English – Conditionals - Voice: Active and Passive, impersonal passive – Reported Speech					
Module:2	Written Communication	4 hours			
Envisioning the purpose and type of the message – envision the audience – context – channel and medium – adapt the message – organize the message – Formal letter, Memo and E-mail – Developing questionnaire					
Module:3	Writing Paragraphs	3 hours			
Types of Paragraphs; description, sequence, comparison and contrast, cause and effect, persuasion, argumentation - Writing paragraphs; Planning content, formatting, unity, use of Transitional words and expressions, coherence –Transcoding					
Module:4	Writing Reports	4 hours			
Characteristics of a Report – Categories of Reports – Structure of Reports – Types of Reports – Writing Reports – Characteristics of Reports – Structure of Reports – Format – Evaluation of Reports					
Module:5	Writing Proposals	4 hours			
Writing Proposals – Characteristics of Proposals – Structure of Proposals – Format – Evaluation of Proposals.					
Module:6	Writing Research Paper	4 hours			
Topic for research – Preliminary research – Developing Thesis statement – Planning, drafting and revising					
Module:7	Presentation Skills	4 hours			
Making short presentations – Formal presentation with PPT, analytical presentation of graphs and reports of multiple kinds -Interactions during and after the presentations					
Module:8	Guest Lecture from Industry and R&D organizations	2 hours			
Contemporary issues					

	Total Lecture hours:		30hours
Text Book(s)			
1.	Meenakshi, R. &Sangeeta, S. (2015). <i>Technical Communication: Principles and Practice</i> . New Delhi: OUP.		
2.	Krylov, E.V.,Pristrom, E.C., Drum,V.I. & Vashchinskaya, N.V. (2019). <i>English for Social Workers</i> . Russia:BSU.		
Reference Books			
1	Oxenden, C. &Latham-Koenig, C. (2017). <i>New English File: Advanced Students Book</i> . UK: OUP.		
2	Koprowska, J. (2020). <i>Communication and Interpersonal Skills in Social Work</i> ,5 th edition.California, US: SAGE Publications.		
3	Watkins, P. (2018). <i>Teaching and Developing Reading Skills: Cambridge Handbooks for Language Teachers</i> . UK: Cambridge University Press.		
4	Swan, M. (2017). <i>Practical English Usage</i> , 4 th Edition, UK: OUP.		
5	Booth, W. C., Colomb, G. G., Williams, J. M., Colomb, G. G., & Williams, J. M. (2016). <i>The Craft of Research</i> . Chicago, US: University of Chicago Press.		
6	Mort, S. (2017). <i>Professional Report Writing</i> . London: Routledge.		
7	Gorsevski,E.W. (2016). <i>Writing Successful Grant Proposals</i> . The Netherlands: SensePublishers.		
8	Upadhyay, M. (2019). <i>Teach Yourself English Language & Comprehension</i> . Noida, India: McGraw Hill.		
9	Mohan, K., Mohan, R.C. &Nirban, V. S. (2020). <i>Business Correspondence and Report Writing</i> . Noida India: McGraw Hill.		
10	Mitra, B. (2016). <i>Personality Development and Soft Skills</i> . New Delhi: OUP.		
11	Emden, J V. & Becker, L. (2016). <i>Presentation Skills for Students</i> . London: Palgrave Macmillan.		
Mode of Evaluation: CAT / Assignment / Quiz / FAT			
Recommended by Board of Studies		28-06-2021	
Approved by Academic Council		No. 62	Date 15-07-2021