



VIT[®]

Vellore Institute of Technology
(Deemed to be University under section 3 of UGC Act, 1956)

MENS HOSTEL ANNUAL NEWSLETTER 2024-25



QUAID-E-MILLAT MUHAMMED ISMAIL BLOCK

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CHANCELLORS NOTE



VIT[®]
UNIVERSITY
(Estd. u/s. 3 of UGC Act 1956)

Dr. G. VISWANATHAN

Founder & Chancellor

Former Member of Parliament

Former Minister, Govt. of Tamil Nadu

President, Education Promotion Society for India, New Delhi

MESSAGE

I am glad that the Men's Hostel has brought out the annual Newsletter for the current year 2025. The VIT Men's Hostel has been providing facilities to address the needs of students from different social and cultural backgrounds. Hostels are indispensable in the Indian environment, as they provide a safe, secure, healthy, and hygienic atmosphere for the students to study well. The VIT hostels are handled by dedicated, responsible and caring staff and are equipped with the best possible facilities to make life comfortable for the students. The Newsletter portrays the activities and achievements of the men's hostels, highlighting the contributions of the inmates towards social and economic causes and the participation in extracurricular activities. I extend my best wishes and appreciation to the students for such initiatives in spite of their rigorous academic schedule. I am sure that these experiences will have a lasting effect on the lives of the students. Hostel life is an experience for the students as it teaches the inmates to be responsible and to care for fellow residents. It nurtures a sense of sharing and camaraderie. At this juncture, I applaud the sincere efforts of the Director, the wardens, and the hostel staff for providing dedicated support and care to the students who come from different cultural backgrounds. I congratulate the members of the editorial board for all their meticulous efforts in publishing the Newsletter. It will serve as a valuable record of activities and a useful document for any future reference.

Dr. G. Viswanathan
Founder & Chancellor

November 19, 2025

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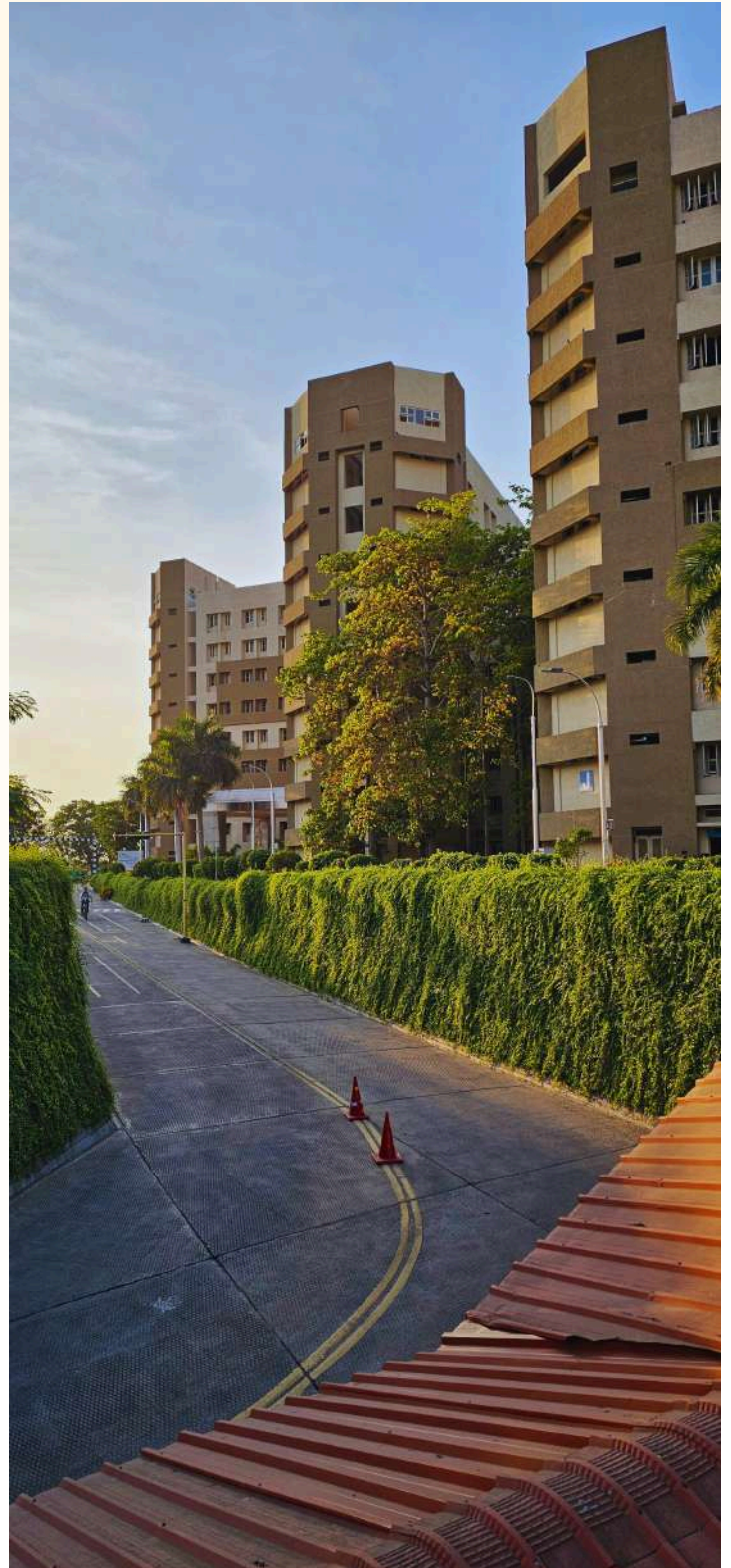
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PROLOGUE



VIT, recognized worldwide for academic excellence and innovation, continues to grow under the inspiring leadership of our Founder & Chancellor, **Dr. G. Viswanathan**, Vice Presidents, **Mr. Sankar Viswanathan**, **Dr. G. V. Selvam**, **Dr. Sekar Viswanathan**, Vice Chancellor **Dr. V. S. Kanchana Bhaaskaran**, Pro Vice Chancellor **Dr. Partha Sharathi Mallick**, Registrar **Dr. T. Jayabarathi**, Executive Director **Dr. Sandhya Pentareddy**, and Assistant Vice-President **Ms. Kadhambari S Viswanathan**.

We're proud to present the **2nd edition of the Men's Hostel Annual Newsletter for 2024–25**, curated with care by the Office of the Men's Hostel. This edition is all about celebrating the small and big moments that make hostel life truly unforgettable.

Living away from home can be a challenge, but it's also where the best stories begin. From forming lifelong friendships and pulling all-nighters during exams to late-night food hunts, and those random deep talks, this newsletter brings together all the memories that made this past year so special.

Through these pages, we hope to capture the real vibe of hostel life—the good days, the tough ones, and everything in between. Whether you're a fresher adjusting to a new chapter or a final-year student soaking in the last bits of hostel nostalgia, there's something here for everyone.

We've tried to bottle up the essence of what it feels like to live, learn, grow, and laugh together in this unique space we call home. Each section reflects our values of **creativity, ambition, and inspiration**, all woven into the experience of living in VIT's Men's Hostel.

As you flip through these memories from the 2024–25 academic year, we hope they make you smile, feel proud, and maybe even a little emotional. More importantly, may they remind you to keep moving forward with the same energy and spirit in the years ahead.

Here's to the stories we lived—and the ones still waiting to be written. Happy reading!

INTRODUCTION

At VIT, excellence goes beyond classrooms; nowhere is that more evident than in the Men's Hostel. Designed to be more than just a residential space, it's where thousands of students find their rhythm, forge friendships, and embrace a new chapter of independence. For many, it's not just accommodation—it's a community, a comfort zone, and a canvas for unforgettable memories.

Spread across **twenty-two distinct blocks**—A, B, BX, C, D, DX, E, F, G, H, J, K, L, LX, M, MX, N, P, Q, R, S, and T—the Men's Hostel currently houses over 22,000+ students, offering a diverse and vibrant living environment. The entire hostel ecosystem is smoothly managed under the guidance of the **Pro Vice-Chancellor, supported by the Director, Chief Warden, and Associate Chief Wardens**, along with dedicated wardens, hostel managers, administrators, and office staff who keep daily life running seamlessly.

Comfort and safety are top priorities. Each block is under the watch of block supervisors, dedicated block wardens available round-the-clock to assist students. With full-time security, and an attentive housekeeping team, the hostel creates a supportive space where students can focus on growth without worry.

Life in the hostel is dynamic and full of possibilities. From multiple mess halls (including vegetarian, non-vegetarian, and special mess options) to recreational and wellness facilities like air-conditioned gyms, indoor and outdoor stadiums, and a first-aid center, everything is designed with student needs in mind. Other amenities like a swimming pool, laundry services, pharmacy, Wi-Fi, general stores, food joints, photocopying services, and even a salon are available inside the hostel premises.

Hostel isn't just a place where students live—it's where they thrive. With a strong focus on opportunity, community, and holistic development, it helps shape tomorrow's leaders by giving them the tools—and the space—to dream big and live fully.



ORGANOGRAM



Dr. Mohanasundaram R
Director - MH



Dr. Sathiavelu A
Chief Warden - MH



Dr. Dinesh Kumar S
Associate Chief Warden



Dr. Hemadri Reddy Reganti
Associate Chief Warden



Dr. Viswanathan A
Warden - NRI



Dr. Calaivanane R
Warden - Food



Dr. Balamurugan J
Warden - Discipline



Dr. Karthikeyan J
Warden - Events



Dr. Senthilnathan P
Warden - Attendance

EVENTS

FRESHERS ARRIVAL

“HOSTELS: WHERE EVERY CORNER FEELS LIKE HOME, AND EVERY PERSON BECOMES FAMILY.”



On July 21st, VIT warmly welcomed the class of 2028, embracing the freshers as they embarked on this exciting new chapter in their lives. The arrival of these students infused the hostels with renewed energy and enthusiasm. As they settled into their new rooms, explored the campus, and savored the comforting taste of mess food, the sense of anticipation and excitement was evident. Understanding the challenges of this transition, VIT has ensured that the hostels are equipped with essential amenities for a safe and comfortable experience. The presence of CCTV cameras helps to provide peace of mind, while clean drinking water and safe tap water support their everyday needs. Additionally, the mess and laundry facilities are in place to make their adjustment a bit smoother. We genuinely wish the freshers a fulfilling and enriching journey at VIT.



FRESHERS ZUMBA

WORKSHOP

**“DANCE IS THE
HIDDEN LANGUAGE
OF THE SOUL.”
– MARTHA GRAHAM**

On October 10, 2024, the Men's Hostel Office, in collaboration with the Department of Physical Education, organized an energetic Zumba Workshop exclusively for Freshers, aiming to introduce a fun and interactive path to fitness. Held at the Anna Auditorium, the workshop witnessed enthusiastic participation from new hostel residents.

Led by certified Zumba instructors, the session combined aerobic movements with rhythmic Western and Bollywood music, creating an engaging atmosphere that balanced wellness and entertainment. The initiative was designed not only to promote cardiovascular health and stress relief but also to provide a platform for newcomers to bond, collaborate, and settle into their new environment with positivity.

Workshops like these are pivotal in building a vibrant and healthy campus culture, encouraging students to explore innovative ways of staying fit, and easing their transition into hostel life.



Importance of Zumba

1 **Boosts Cardiovascular Health**

Zumba's energetic dance moves raise the heart rate, improving stamina, endurance, and overall cardiovascular health.

2 **Supports Weight Loss and Toning**

The high-energy routines burn calories effectively while toning muscles, helping in weight management and body shaping.

3 **Enhances Mood and Reduces Stress**

The lively music and fun group environment release endorphins, lowering stress and boosting happiness and confidence.

FIT INDIA WALKING RALLY



“Let’s Walk together for a healthier nation!”

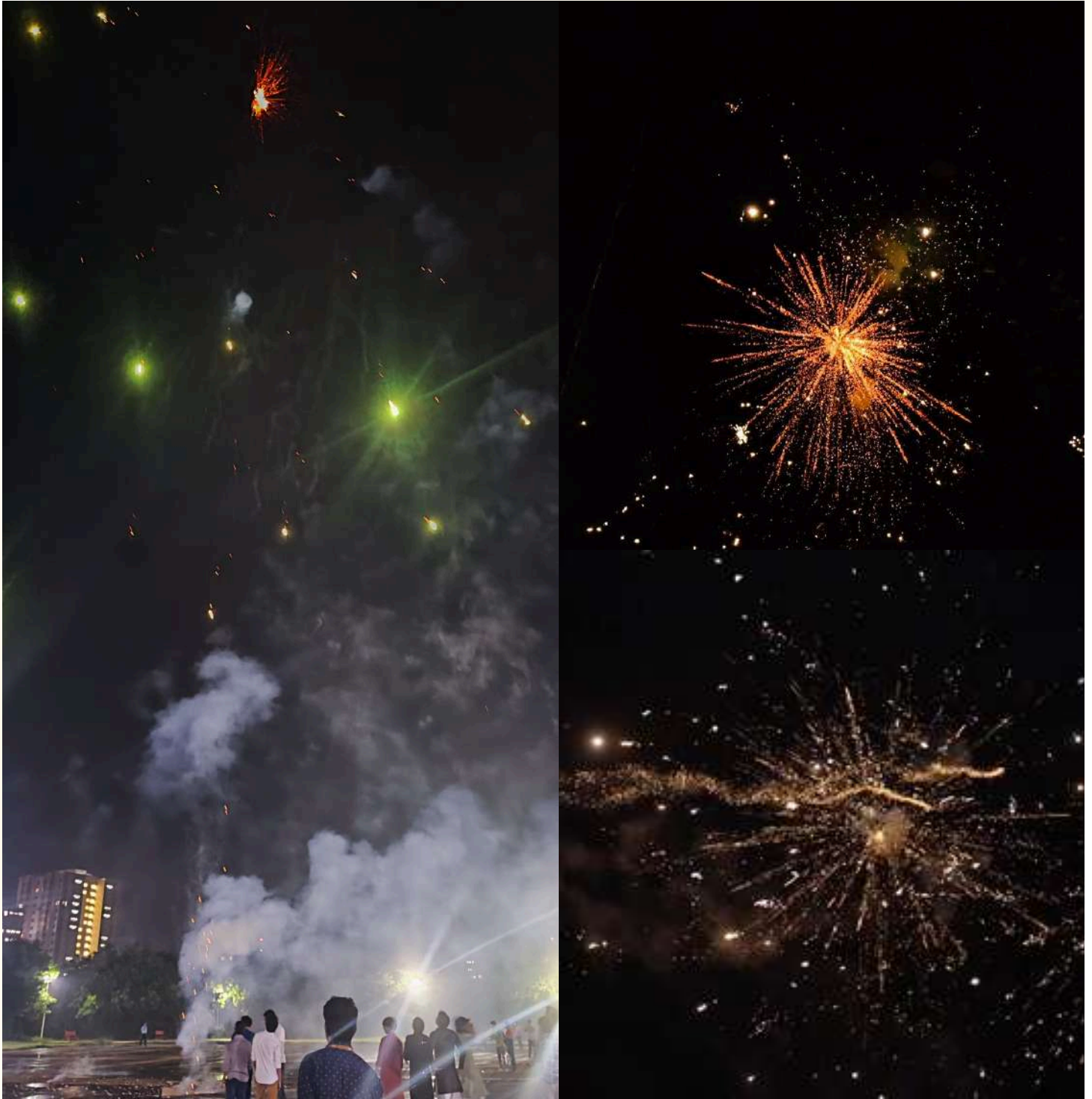
On November 29, 2024, the Office of Men’s Hostel, in partnership with the Department of Physical Education, organized a meaningful FIT India Walking Rally aimed at enhancing health and wellness among participants. Staff, wardens, and block supervisors of the Men’s Hostel gathered at the Thiruvalluvar Statue, where the rally commenced. The initiative focused on promoting fitness and well-being while raising awareness about the importance of physical activity in daily life. Such events are essential in fostering a community committed to health, encouraging active lifestyles, and supporting one another in achieving fitness goals.

Benefits of Walking

- 1 Boosts Cardiovascular Health**
Just 30 minutes of brisk walking a day strengthens the heart, reduces blood pressure, and improves circulation.
- 2 Enhances Mental Well-being**
Walking helps release endorphins, reducing stress, anxiety, and symptoms of depression.
- 3 Aids in Weight Management**
It’s a simple way to burn calories, improve metabolism, and maintain a healthy weight.
- 4 Improves Creativity and Focus**
A walk—especially in nature—stimulates brain activity, helping you think more clearly and creatively.
- 5 Strengthens Muscles and Joints**
Walking tones the legs and core while keeping joints flexible and reducing the risk of arthritis.



DIWALI CELEBRATIONS



**“CELEBRATE LIGHT, TOGETHERNESS, AND
THE TRIUMPH OF GOOD OVER EVIL.”**

DIWALI CELEBRATIONS



Diwali is a beloved festival celebrated during the Hindu months of Ashvin and Kartika, usually from mid-September to mid-November. It signifies the victory of Dharma over Adharma, light over darkness, and good over evil, reminding us to embrace positivity and hope in our lives.

On the 31st of October 2024, the students and staff of the hostels gathered at the Men's Hostel Outdoor Stadium to celebrate Diwali with warmth and enthusiasm. The evening was filled with the glow of diyas and the sparkle of fireworks, as everyone came together to share the joy of the festival of lights. Laughter echoed through the air as friends exchanged sweets and light-hearted conversations, while the atmosphere was filled with the spirit of togetherness and positivity. This year's Diwali celebration was a beautiful reminder of the light we bring to each other's lives, creating lasting memories illuminating hearts and strengthening bonds.



PONGAL CELEBRATIONS



“CELEBRATE TRADITION, CULTURE, AND THE HARVEST WITH JOY AND GRATITUDE.”



PONGAL CELEBRATIONS



Pongal, Tamil Nadu's cherished harvest festival, is celebrated in the Tamil month of Thai (mid-January) and symbolizes gratitude for nature's bounty, prosperity, and the beginning of a new season. Traditionally held to honour the Sun God and thank the land for its abundance, Pongal is deeply rooted in Tamil culture and rural traditions.

On the 12th of January 2025, the Men's Hostel campus came alive with festive cheer as residents gathered at the Outdoor Stadium to celebrate Pongal with joy and reverence. The celebration was organized by the Office of the Men's Hostel, bringing students and staff together in a heartfelt display of unity and cultural pride.

The evening began with the ceremonial boiling of the Pongal pot in front of the hostel office, led by senior dignitaries—Dr. G. V. Selvam, Dr. Sekar Viswanathan, Mr. Sankar Viswanathan, and Ms. Kadhambari S Viswanathan and Ms. Ramani—marking the traditional ritual of abundance. Sweet and spicy varieties of Pongal were served, delighting everyone's taste buds and filling the air with the aroma of freshly prepared food.

Residents, dressed in vibrant ethnic attire, share the joy of celebrating tradition far from home. The warmth of the gathering and the spirit of gratitude made this year's Pongal a deeply memorable experience—one that celebrated both culture and community under the open skies.

PONGAL CELEBRATIONS



STAFF TRAINING



The Staff Training Program focused on helping hostel staff improve their skills, work better as a team, and keep learning. It gave everyone a chance to share ideas, build confidence, and find useful ways to work more efficiently. By fostering teamwork and open communication, the program facilitated personal growth and enabled the team to work together more effectively.

The training, held on 6 April 2025, brought the support staff for interactive workshops and practical activities. This effort helped everyone develop their skills and demonstrated the hostel's commitment to having a well-prepared and supportive team.

STAFF OUTING



A hostel staff outing plays a pivotal role in nurturing team spirit and personal well-being among staff members. It creates a refreshing opportunity for individuals to connect beyond their day-to-day responsibilities, encouraging deeper interpersonal bonds and fostering a culture of mutual respect and camaraderie. These shared experiences enhance communication, build trust, and strengthen the collective identity of the team.

Such initiatives contribute significantly to improving teamwork and collaboration, which in turn reflect positively in the daily operations and hospitality offered to hostel residents. By prioritizing staff morale and cohesion, the Men's Hostel not only boosts employee satisfaction but also reinforces a healthy and positive work environment.

This vision was brought to life with great enthusiasm during the Staff Outing to Yelagiri Hills on January 10 and 11, 2025, where block supervisors, and supporting staff came together for a day of relaxation, bonding, and rejuvenation.



BLOCK SUPERVISORS CRICKET MATCH



Cricket, hands down, is the most celebrated sport in India. From Team India's unbeaten Champions Trophy and T20 World Cup runs to the vibrant matches played in the streets and hostels across the nation, cricket holds a place in the core memory of millions of Indians.

In the same spirit of enthusiasm and teamwork, the Office of the Men's Hostel organized an exciting cricket tournament between the wardens and block supervisors. Every boundary hit and wicket taken reflected not only sporting excellence but also the camaraderie and mutual respect shared among the hostel staff.

Beyond the cricket field, a hostel staff outing plays a pivotal role in nurturing team spirit and personal well-being among staff members. It creates a refreshing opportunity for individuals to connect beyond their day-to-day responsibilities, encouraging deeper interpersonal bonds and fostering a culture of mutual respect and collaboration. These shared experiences enhance communication, build trust, and strengthen the collective identity of the team.



BLOCK SUPERVISORS CRICKET MATCH



HOLI CELEBRATIONS



HOLI CELEBRATIONS



“THE COLORS OF THE SPIRIT CANNOT BE SUPPRESSED; THEY RISE ABOVE ALL BARRIERS, SPREADING JOY AND HARMONY.” – RABINDRANATH TAGORE.

Holi is celebrated at the end of winter on the last full moon of the Hindu lunar calendar. It marks the arrival of spring, with the date varying each year. This festival is a time to release past mistakes, reconcile with others, and embrace forgiveness.

On the 14th of March 2025, the students and staff of the hostels came together at the Men's Hostel Outdoor Stadium to celebrate Holi in a heartfelt and joyful manner. The day was filled with laughter, as they playfully splashed water balloons at one another and lovingly smeared vibrant colors on each other's faces. The lively explosion of colors and the shared moments of joy made this year's Holi a truly unforgettable experience, creating cherished memories that brought everyone closer together.





ICC CHAMPIONS TROPHY FINALS - SCREENING



On March 30, 2025, the Men's Hostel Committee organized a live screening of the Champions Trophy Final, turning the Outdoor Stadium into a buzzing arena of excitement, energy, and cricket fandom. With a high-definition projector and an immersive sound system in place, hostel residents came together to witness the thrilling finale in a vibrant, stadium-like atmosphere.

The event captured the essence of the sport—uniting everyone through cheers, friendly banter, and moments of shared emotion. More than just a match, the screening fostered social bonding, cultural exchange, and collective celebration—contributing to a richer, more connected hostel experience.

MENTAL HEALTH AWARENESS EVENT



The Staff Mental Health Program emphasizes the importance of emotional well-being and resilience among hostel staff. It provided a safe space to address stress, share experiences, and learn simple strategies to maintain balance in daily life. By encouraging openness and support, the program helped reduce stigma around mental health and strengthened trust among colleagues.

Conducted on March 20, the program brought together wardens, block supervisors, and supporting staff for interactive sessions and wellness activities. This initiative not only fostered reflection and rejuvenation but also reinforced the hostel's commitment to creating a healthy, positive, and supportive work environment.

MH - PHOTOGRAPHY CONTEST



The Office of the Men's Hostel organized a Photography Contest to mark the end of the semester, centered around the theme "Nature in Hostels" to highlight the natural beauty within the hostel environment. Held from March 25 to March 30, 2025, the event saw enthusiastic participation from numerous students. We are delighted to announce the winners of the contest below.

WINNERS



Winner - 1

Mohnishkumar S

24BIT0211

Winner - 2

Yash Joshi

23BIT0137



We extend our heartfelt congratulations to the winners and appreciate all participants for capturing the beauty of nature around us with such creativity and passion.

EPILOGUE

As we draw the curtain on another vibrant chapter of hostel life, we are reminded that it's not just the milestones that define our journey—but the laughter, the chaos, the camaraderie, and the quiet moments in between.

Hostel has been more than just a place to stay—it has been a space where personalities took shape, dreams found their direction, and friendships turned into family. Each corridor echoes with stories of resilience, joy, late-night talks, and unspoken understanding.

This edition of our newsletter is a humble attempt to preserve those fleeting moments that became memories, and those everyday routines that, in retrospect, made life extraordinary. As you flip through these pages, may you find traces of yourself in them—your triumphs, your stumbles, your growth.

To every resident who called this hostel their home, thank you for adding your unique color to this vibrant campus. Whether you're moving on to new adventures or returning for another year, may the spirit of the Men's Hostel stay with you: bold, driven, connected.

Here's to the nights that became mornings, the strangers who became brothers, and the place that became a part of us.

No matter where life takes us, a part of our hearts will always beat in rhythm with the memories we made here.

CREDITS

BLOCK-WARDENS



Prof. Viswanathan A
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Prof. Senthilnathan P
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G Block



Prof. Kishor Narayanan
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J Block



Prof. Krishnaraj N
K Block



Prof. Gunasekaran G
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L Block



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M & MX Block



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P Block



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Student Accomodation



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Student Accomodation



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Mr. Shankar Ganesh K R
Attender
(Selection Grade)



Mr. Samuel A
Attender
(Selection Grade)



Mr. Venkatesan R
Attender
(Senior Grade)

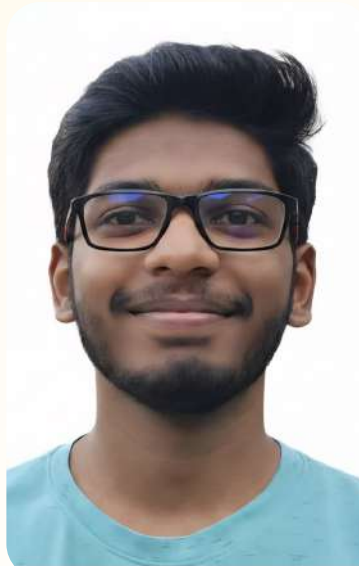
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MEN'S HOSTEL EVENTS COMMITTEE 2024 - 25



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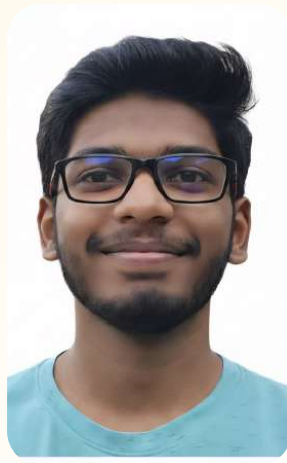
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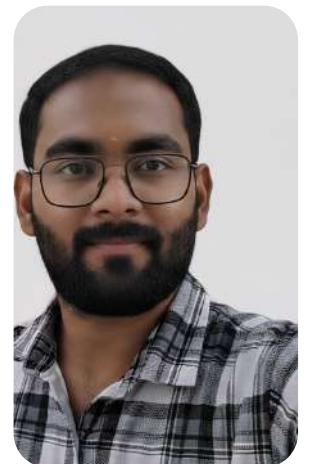
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